

Be a Wise Consumer... Know Your Health Risks

There are serious health risks involved with getting a manicure and/or pedicure if precautions are ignored:

- ◆ *Viral infections such as HIV, hepatitis B & C, and warts;*
- ◆ *Bacterial infections such as staphylococcus, streptococcus, and pseudomonas;*
- ◆ *Fungal infections such as athlete's foot, nail fungus, and yeast.*



Examples of difficult to treat fungal infection



Although our health inspectors routinely inspect hair and nail salons, we cannot guarantee safe practices at all times. We encourage you to become a wise consumer and insist on safe practices.

If your nail salon does not follow the safety requirements listed inside or you are concerned about unsafe practices, call the Stratford Health Department.

For more information you can also visit our website at: www.townofstratford.com/health



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Stratford Health Department



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Stratford Health
Department



Manicure and
Pedicure
Consumer Facts



What every consumer should know before receiving a manicure, pedicure, or waxing.

FACTS ABOUT MANICURISTS AND PEDICURISTS

The Stratford Health Department licenses all nail salons and inspects each facility for cleanliness to ensure that proper sanitizing practices are in place. However, manicurists and pedicurists **do not** require a license from the Connecticut Department of Public Health to work in a nail salon. This is why it is important for consumers to educate themselves on the health standards of nail salons and insist on safe practices.



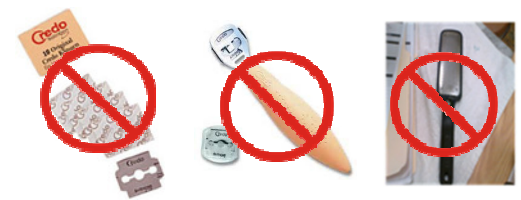
MOST COMMON VIOLATIONS AT A NAIL SALON

- ◆ The re-use of single use items such as nail files, emery boards, orange sticks, drill bits, and wax applicators.
- ◆ Improper sanitization and cleaning of pedicure tubs and suction screens.
- ◆ Improper sanitization and cleaning of equipment and implements.

Statewide and Countywide Inspection Report		Division	
Division: Clean Air and Environment		Division: Health	
Date: 01/15/2014		Inspector: [Name]	
(A) Customer Protection			
1. Safety/Security/Establishment License	3	21. Equipment Controls	3
2. Airline Sanitation	1	22. Cleaning Chemicals	3
3. Approval Signage	3	23. Covered Handwipes	3
4. Sanitizer Adequacy, Accessibility	3	24. Covered Paraphernalia	3
5. Pedicure Station Properly Cleaned/Sanitized	3	25. Adequate Storage	3
6. Equipment and Implements Clean/Sanitized	4	(E) L1	
7. Reuse of Single Use Implements Prohibited	3	26. Adequate Ice Storage	3
8. Chemical/Non-Chemical Labels	3	(F)	
9. Reuse of Towels Prohibited	2	27. Adequate Access	3
10. Credo Blade/Clipping Brushes Prohibited	3	28. Mechanical Exposed	3
11. Antiseptics - Powder or Liquid From One	1	29. Floor/Wall Joints	3
12. Fingertips/Paper Liner Utilized	1	30. Pump Soap/Dispense	3
(B) Employee/Customer Hygiene			
13. Employee/Customer with Infected Wound	3	31. Covered Vents/Fans	3
14. Handwashing Facilities Provided	3	32. Self-Cleaning Toilets	3
15. Pump Soap/Drying Device Provided	1	(G) I	
16. Technician's/Customer's Hands Washed / Clean	3	33. Floors Clean/Disinfect	3
17. Hand Hygiene Practices/Dispensing Restricted	3	34. The Accumulator	3
18. Clean Outer Clothes/Aprons Clean	1	35. Floor/Wall Joints	3
19. Clean Outer Clothes/Aprons Clean	1	36. Ceiling Clean, C	3
(C) Plumbing/Sewage Disposal			
37. Cross Connections - Back Siphonage	3	37. Walls Clean, G	3
38. Hot & Cold Water Under Pressure	3	38. Food and Beverage	3
39. Sewage Disposal Approved	2		

PEDICURE WARNING

A pedicurist **may not** cut toe nail beds, corns and calluses, or perform any other medical treatment involving the foot or ankle. **Razors or credo blades are not allowed.** A pedicurist should refuse to provide a customer with services if they have an infection, nail fungus, boil or ulceration on their feet or legs. This is to prevent infecting other customers.



PROTECT YOUR HEALTH Insist on These Safe Practices:

Washing Hands

Washing hands is one of the most important ways to prevent the spread of viruses and bacteria. Before any nail work begins, the nail technician and the client **must** wash their hands with antimicrobial soap and then dry hands on a single use paper towel. **To protect your health, insist that hand washing be done by both you and your nail technician.**



Equipment

- ◆ All equipment used by your nail technician should be hospital grade. **There should be no homemade or home-style equipment used.**
- ◆ Pedicure tubs must be cleaned and sanitized before *each* customer **for a minimum of 10 minutes.** This includes removal and cleaning of suction screen.

- ◆ Metal or plastic implements may be reused. However, these implements must be cleaned and then disinfected with Barbicide, **for a at least 10 minutes,** after each customer.
- ◆ All wooden implements such as orange sticks, emery boards, and files are single use items and must be discarded after use on one customer. **A technician cannot reuse a single use item on more than one customer.** If the technician attempts to use an implement on you that appears to have been used on another, ask for a new implement. Nail workstations should be free of filing dust and nail clippings. Workstation must also be cleaned and disinfected with Barbicide after each customer.



More Ways to Protect Yourself:

- ◆ Do not shave your legs before a pedicure.
- ◆ Hold off on your appointment if you have any open cuts or wounds on your hands, legs or feet.

REDUCE YOUR CHANCE OF INFECTION: Observe the Salon and the Technician Before You Become a Client.

Ask yourself:

- ◆ **Is the salon licensed?** Licenses should be posted. If you don't see one, ask.
- ◆ **Is the facility neat and clean?** Each station should be completely cleaned between clients with Barbicide.
- ◆ **Does the technician wash his or her hands and require you to wash your hands?**
- ◆ **Should I invest in my own manicure and/or pedicure set?** Manicure and pedicure sets can be purchased at local public beauty supply store for a small fee.

