

Pseudomonas

What is Pseudomonas?

Pseudomonas is a bacterium that is very common. It lives and grows in water, and cannot be spread through the air. Pseudomonas can be present in healthy people without making them sick. Individuals who are most at risk from getting infections and becoming very ill are those who already have a weak immune system.

How can an individual become infected with pseudomonas?

A pseudomonas infection can be acquired in various ways. It is most commonly transmitted when contaminated solutions, hands or equipment enter the body through wounds, or through the ears, nose, mouth, eyes or rectum.

What are the symptoms of pseudomonas?

When an infection is in the skin, symptoms can include localized pain, swelling and discomfort, and fever. The infection can also get into the blood, where individuals will experience more severe symptoms.

How can the risk of pseudomonas be reduced?

A thorough washing of both your nail technician's and your hands before getting your nails worked on is the best way to reduce your chances of getting an infection. Also, be sure your technician uses sanitized implements, and does not reuse single use items on your hands or feet. If your technician attempts to use a single use nail file, buffer, or other implement that appears to have been used, ask for a new one.