

Yeast Infections

What is a yeast infection?

Yeast infections of the skin, also called cutaneous candidiasis, are caused by yeast-like fungi called candida. A yeast infection occurs when yeast on the skin actively grows, causing an itchy rash on the skin.

A yeast infection can actually affect almost all skin surfaces of the body, however it is more common in warm, moist, skin fold areas including the groin and armpit areas, and can also cause infections of the nails.

What are symptoms of a yeast infection?

Signs of a yeast infection in the nail bed can include pain and swelling, pus, white or yellow nail discoloration, and nail separation from the nail bed.

How are yeast infections treated?

Treatment of a yeast infection depends on the specific kind of infection to be treated. Yeast infections are, however, very treatable with medicated ointments. It is in your best interest to consult a physician before beginning any treatment.