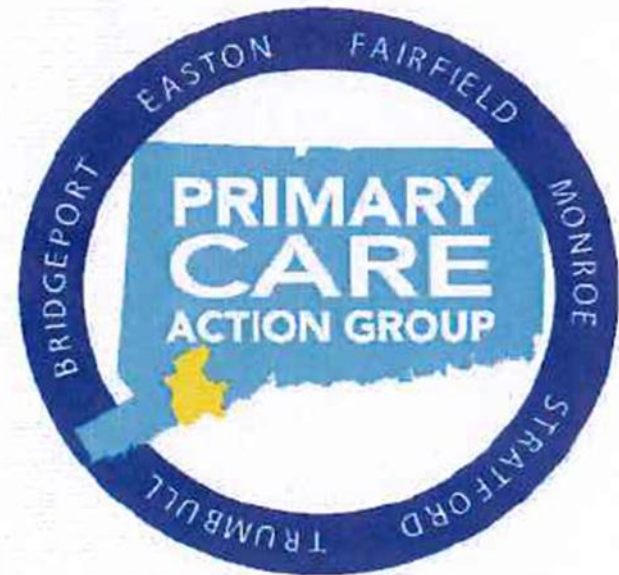


DataHaven Community Wellbeing Survey

Bridgeport PCAG Area

2015 Results



Survey Methodology:

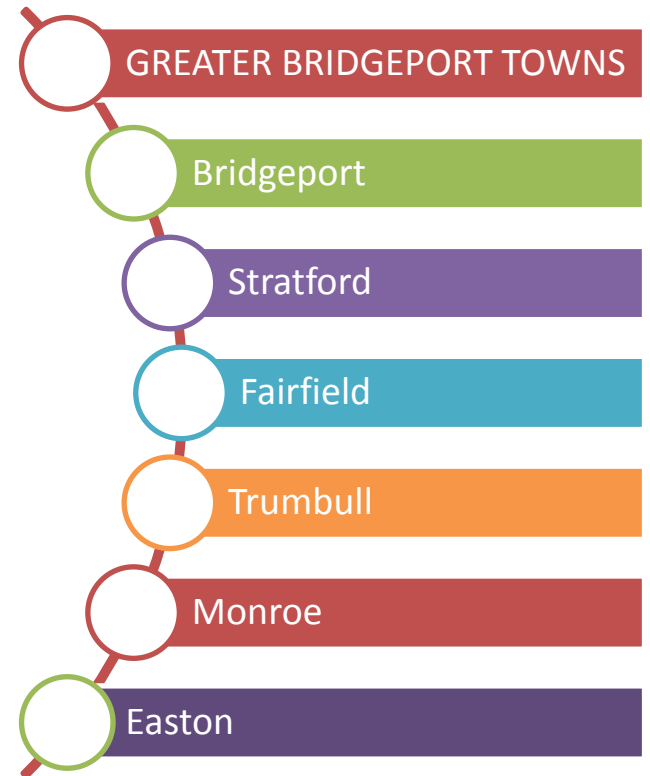
- The survey consisted of in-depth interviews with nearly 17,000 Connecticut and New York residents in 2015, making it one of the largest well-being surveys in the United States.
- Surveyed topics included physical and mental health, economic opportunity, housing, transportation, and civic engagement.
- Surveys were conducted and weighted to be representative of adults in each area
- Randomly-selected landline and cell phone numbers (any area code) were called to ensure a representative sample
- Surveys were conducted in English and Spanish



Survey Demographics:

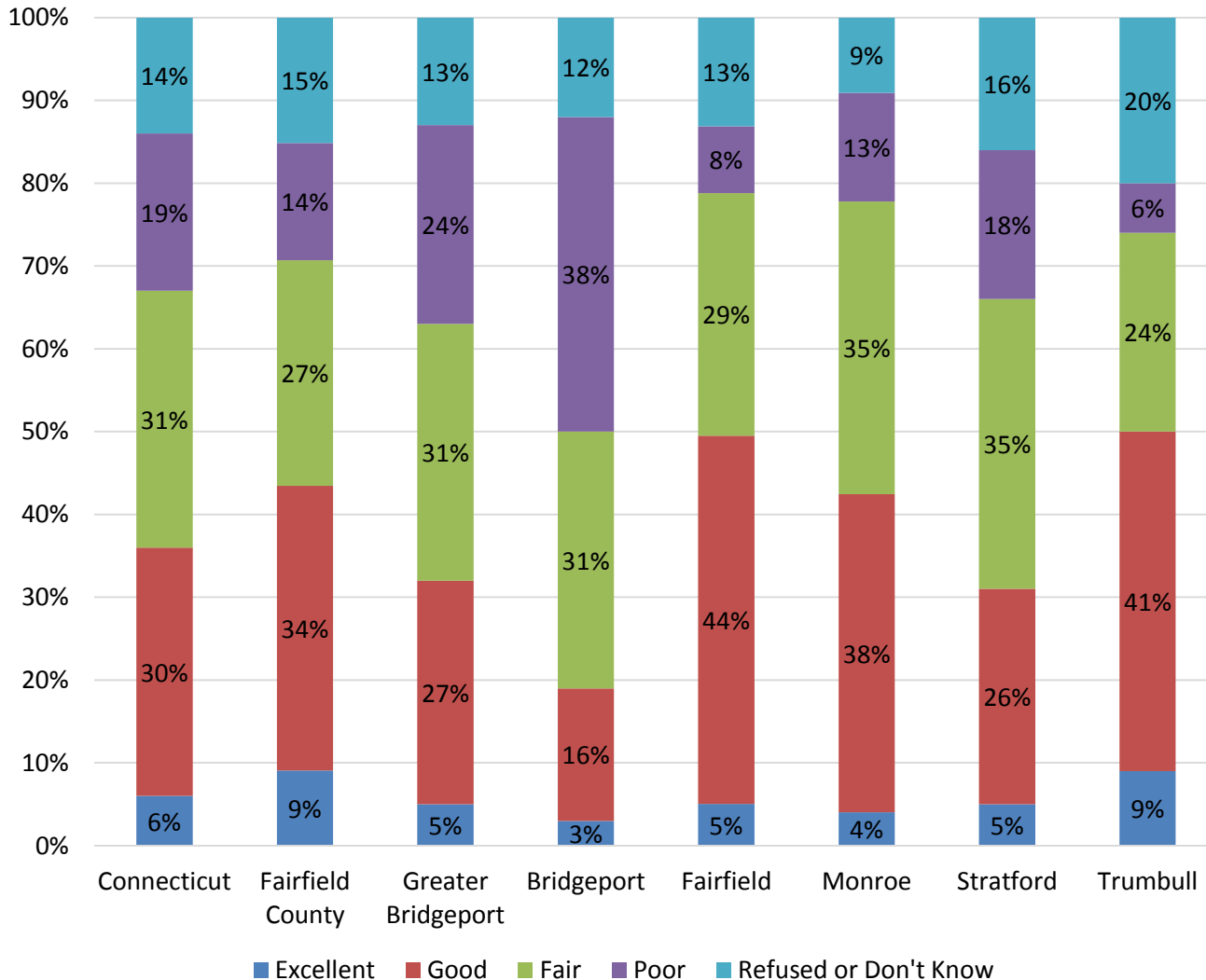
- Interviews conducted in Bridgeport PCAG area (“Greater Bridgeport”)
- 1,850 interviews in Greater Bridgeport towns:
 - 1,010 Bridgeport
 - 300 Stratford
 - 250 Fairfield
 - 150 Trumbull
 - 100 Monroe
 - 40 Easton
- 825 men, 1,025 women
- 268 age 18-34, 308 age 35-49, 556 age 50-64, 599 age 65+
- 1,160 White non-Hispanic, 415 Black, 286 Hispanic or Latino

Note: Easton interviews are not enough to be statistically significant as a stand alone category and are not reported as an individual town



Employment/Finance

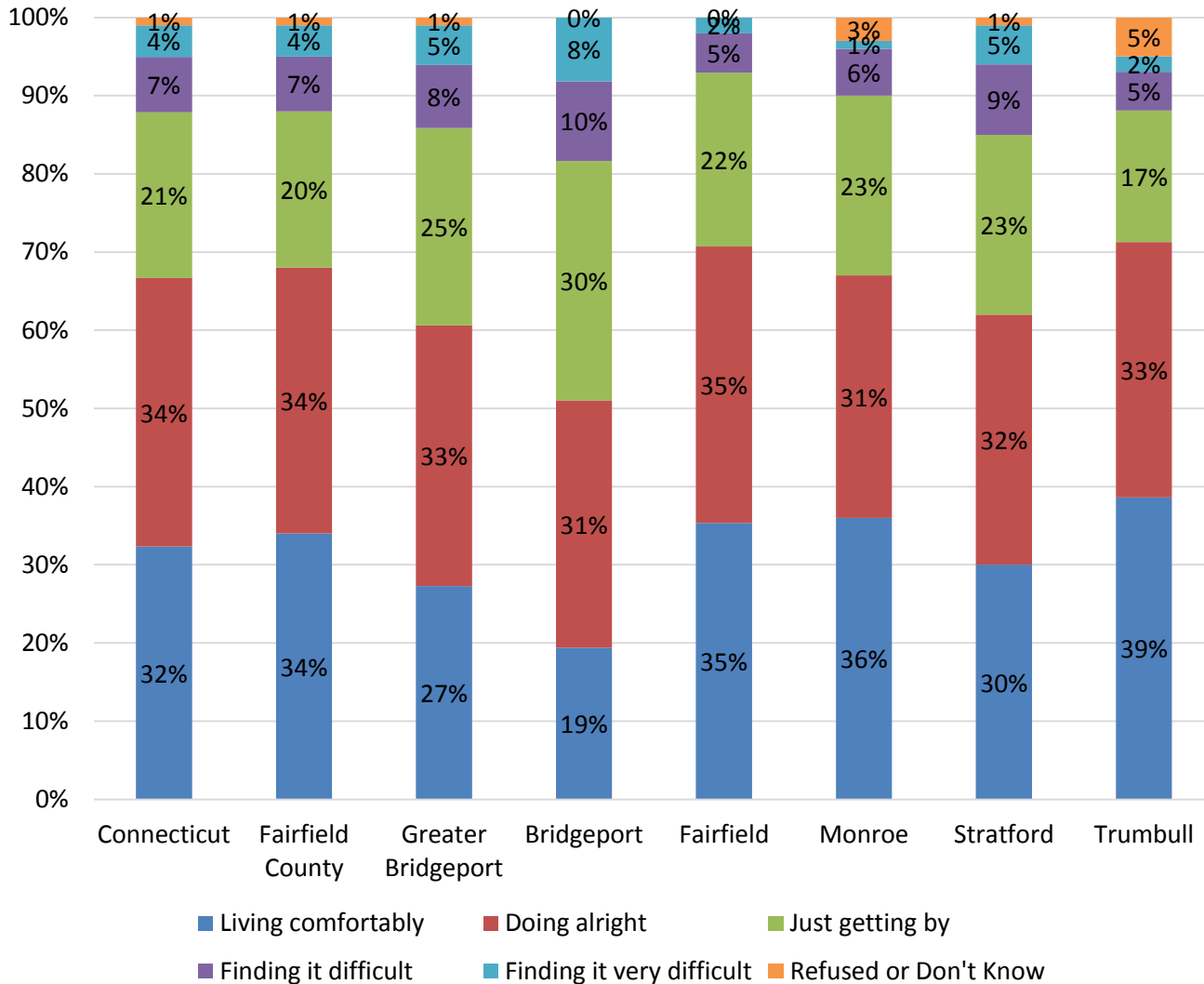
Q3D. The ability of residents to obtain suitable employment



- In general all surveyed felt the job market was tight with less than 10% responses of excellent
- Greater Bridgeport (32%) had a lower response rate of excellent or good than CT (36%) or Fairfield County (43%)
- Bridgeport (19%) were the least optimistic while half of Fairfield and Trumbull were optimistic

Employment/Finance

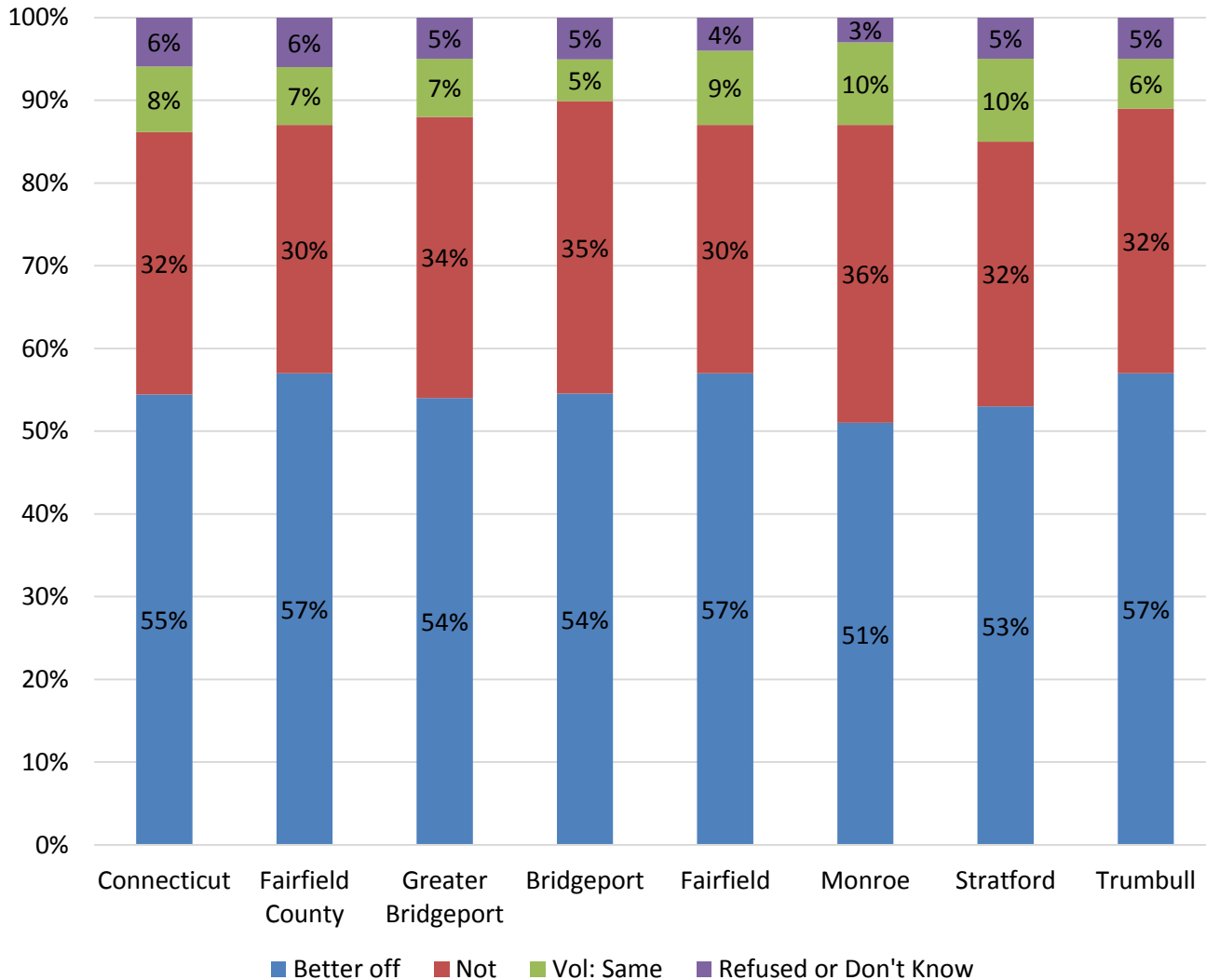
Q45. How well would you say you are managing financially these days? Would you say you are...



- Bridgeport is having more difficulties financially than other towns with almost half (48%) reporting they are just getting by financially or having financial hardship
- Fairfield (70%) and Trumbull (72%) report living comfortably or doing alright

Employment/Finance

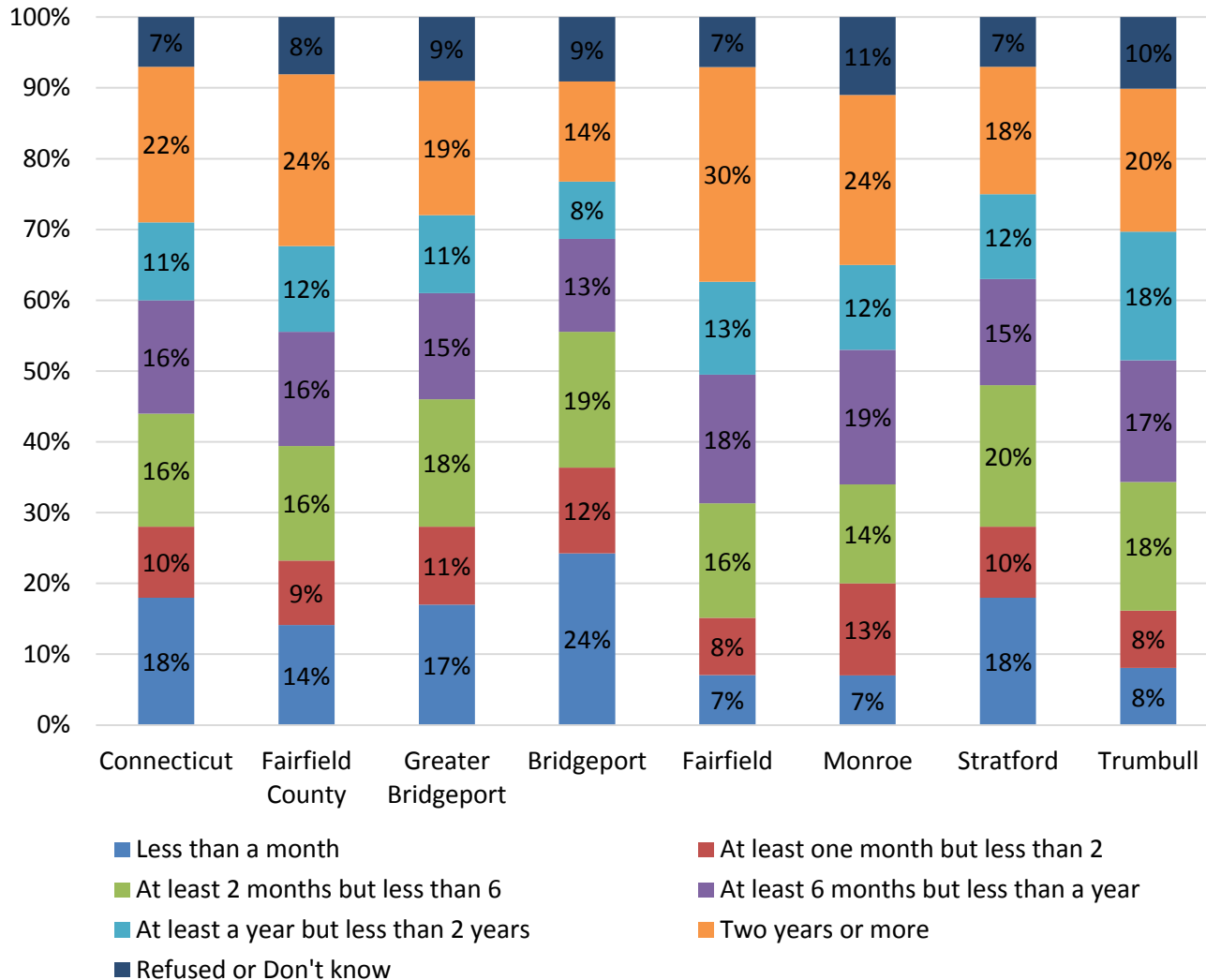
Q46. Think of your parents when they were your age. Would you say you are better off financially than they were or not?



- More than half of all respondents feel they are better off than their parents
- Approximately a third feel they are not better off with Fairfield (36%) having the highest response rate

Employment/Finance

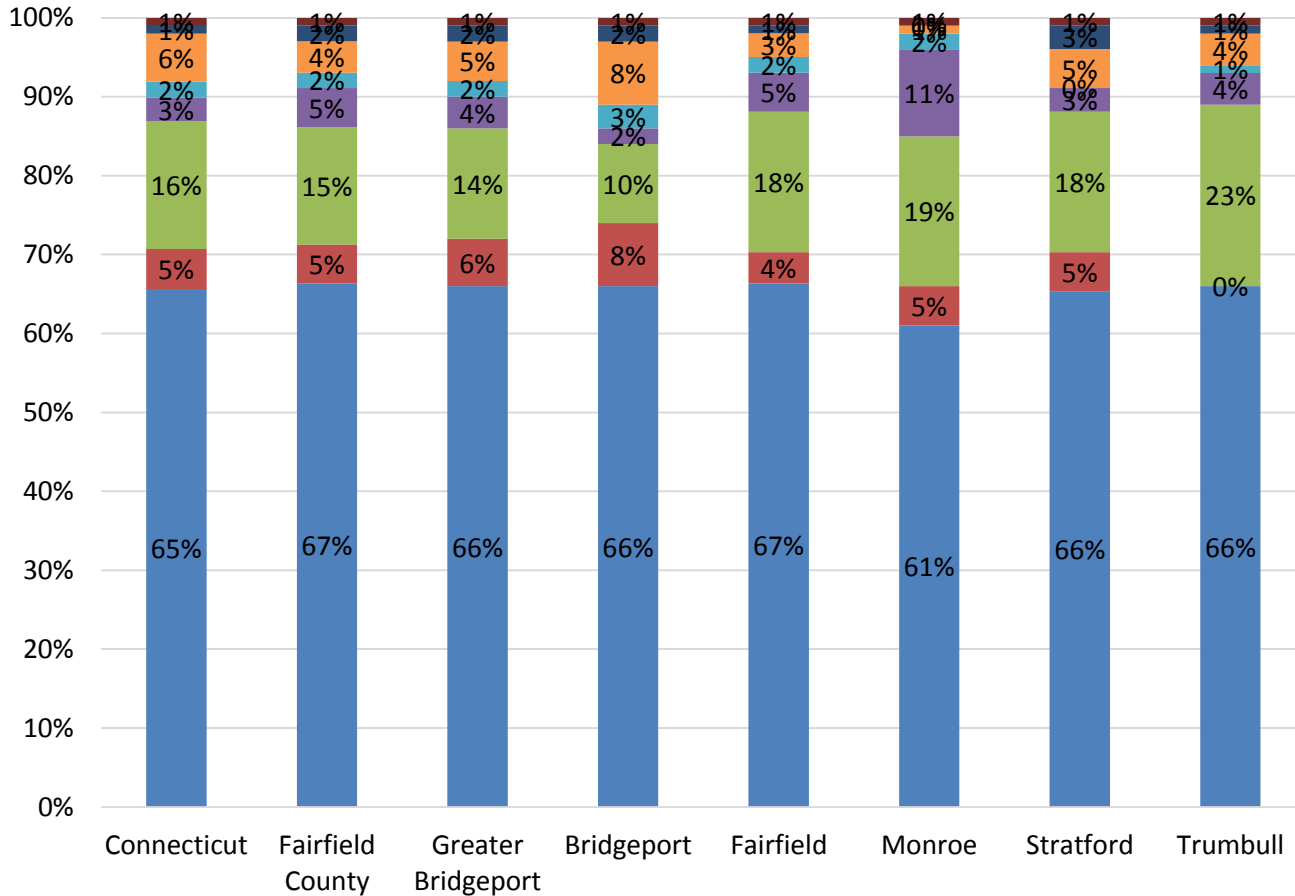
Q47. If you lost all your current sources of household income, including your paycheck, public assistance, or other forms of income, about how long do you think you could continue to live as you live today?



- Bridgeport had the shortest timeframe with 24% only able to maintain their lifestyle for a month and an additional 31% less than 6 months
- In comparison, Fairfield (43%), Monroe (36%) and Trumbull (38%) could maintain their lifestyles for a year or more

Employment/Finance

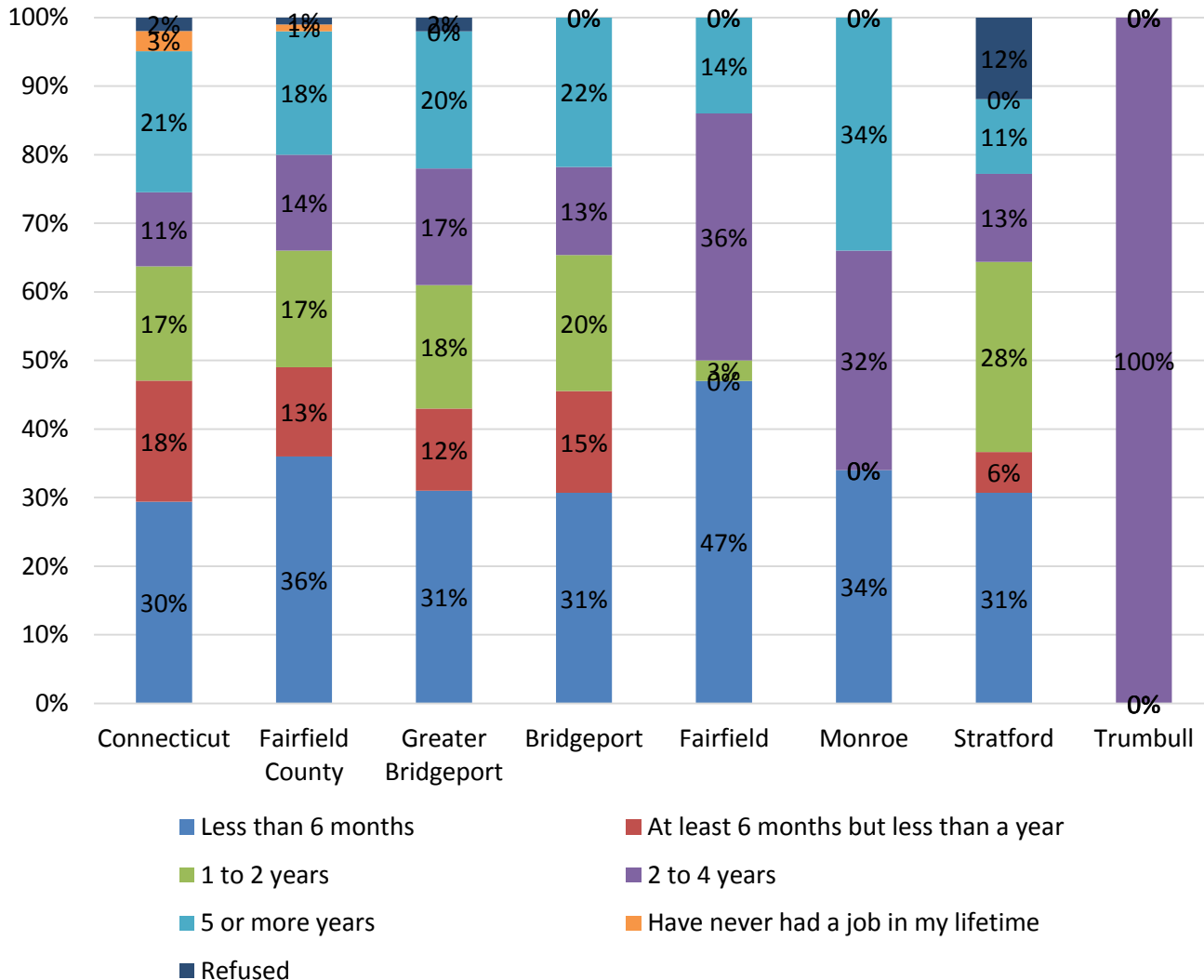
Q48. Have you had a paid job in the last 30 days?



- Greater Bridgeport (66%) was slightly less than Fairfield County (67%) and slightly more than CT (65%)
- Bridgeport (8%) had the highest percentage of respondents not working but wanting a paid job

Employment/Finance

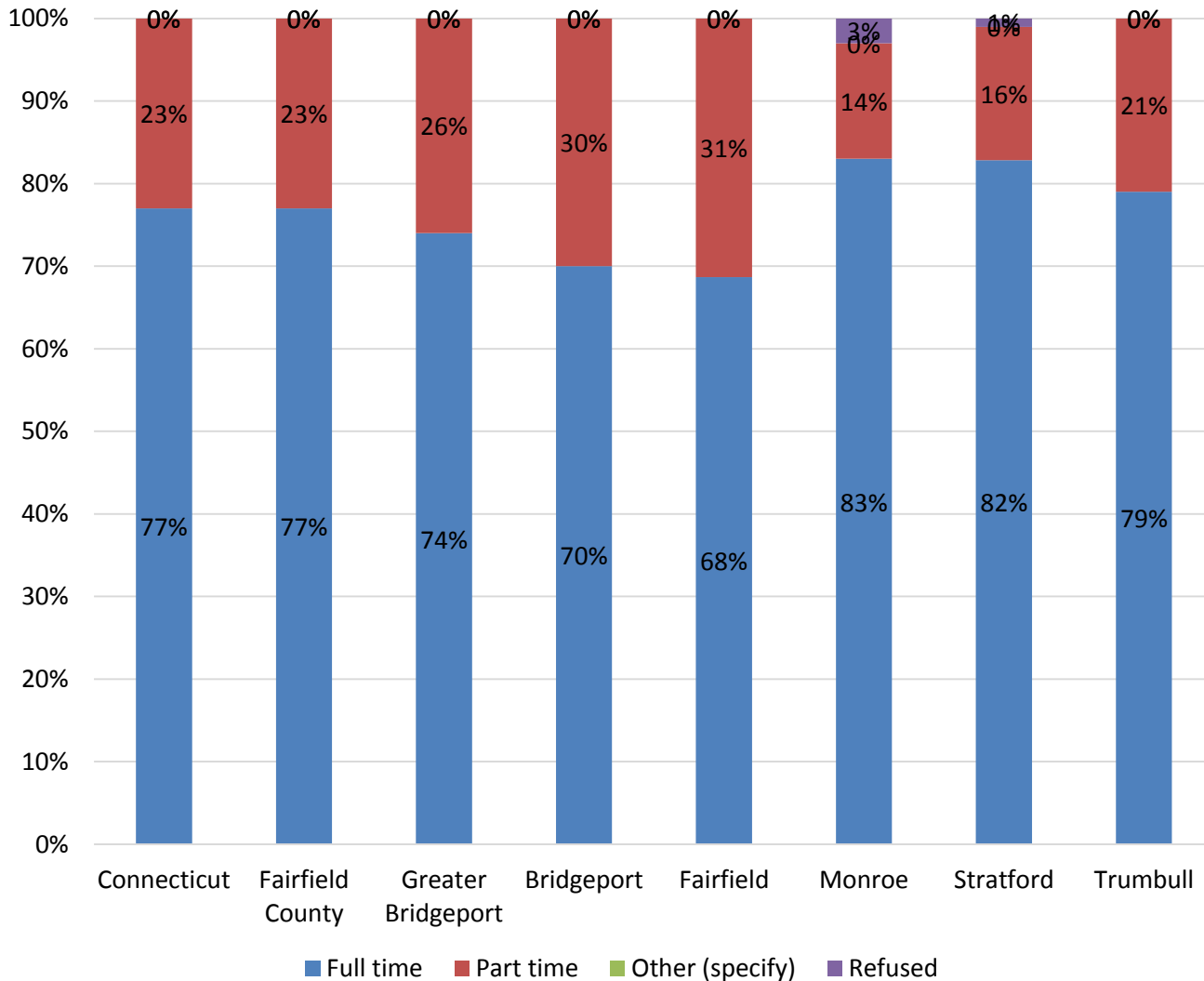
Q49. (If did not have paid job in last 30 day but would like to work) For how long have you not had a paid job?



- 46% of Bridgeport have been without a job for less than a year
- 55% of Bridgeport have been without a job for more than a year
- Other towns had low response rates for no job but want to work

Employment/Finance

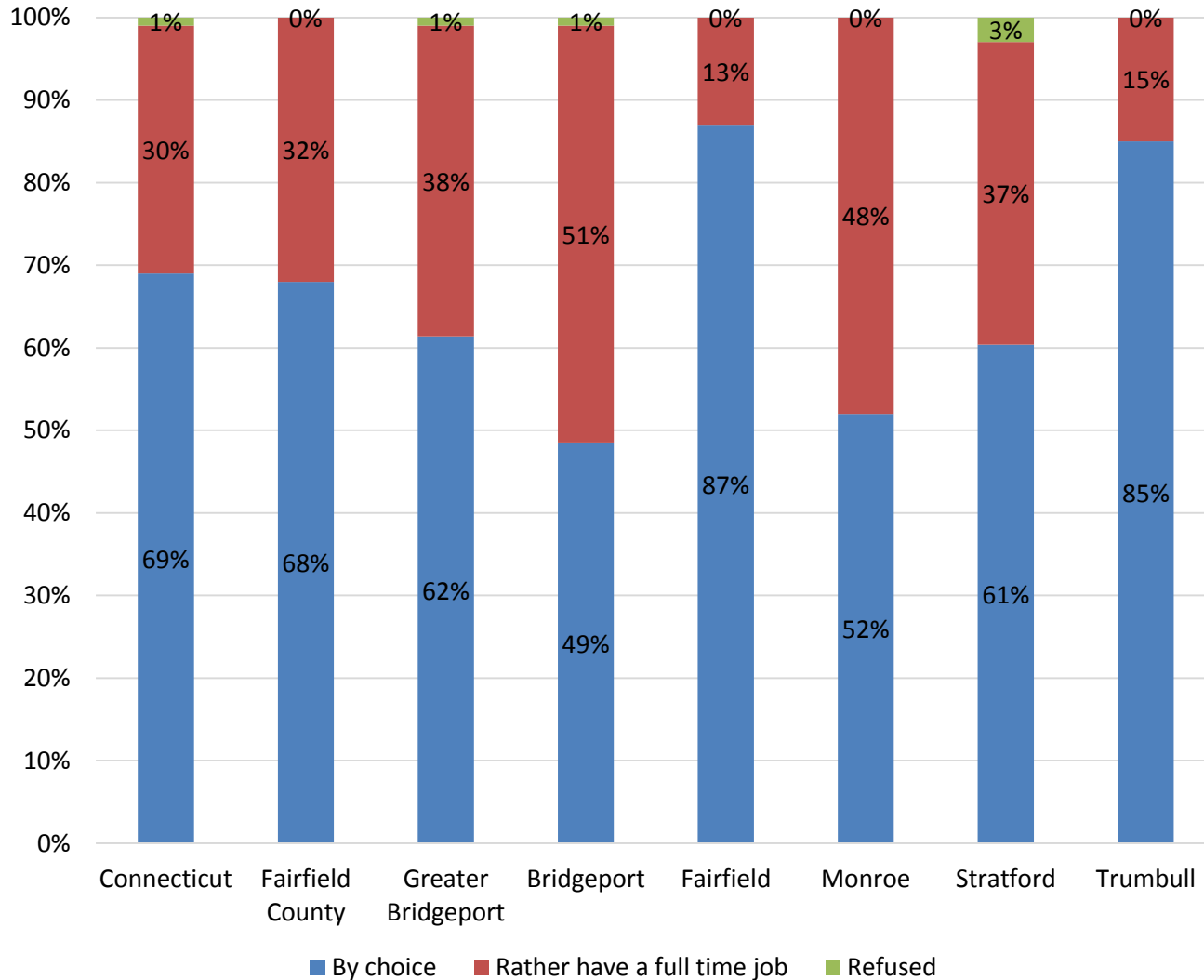
Q50. (If had paid job in last 30 days) During this time, has your job been full time or part time?



- Monroe (83%), Stratford (82%) and Trumbull (79%) had the highest rate of full time employment
- Bridgeport (30%) and Fairfield (31%) had the highest rate of part time employment

Employment/Finance

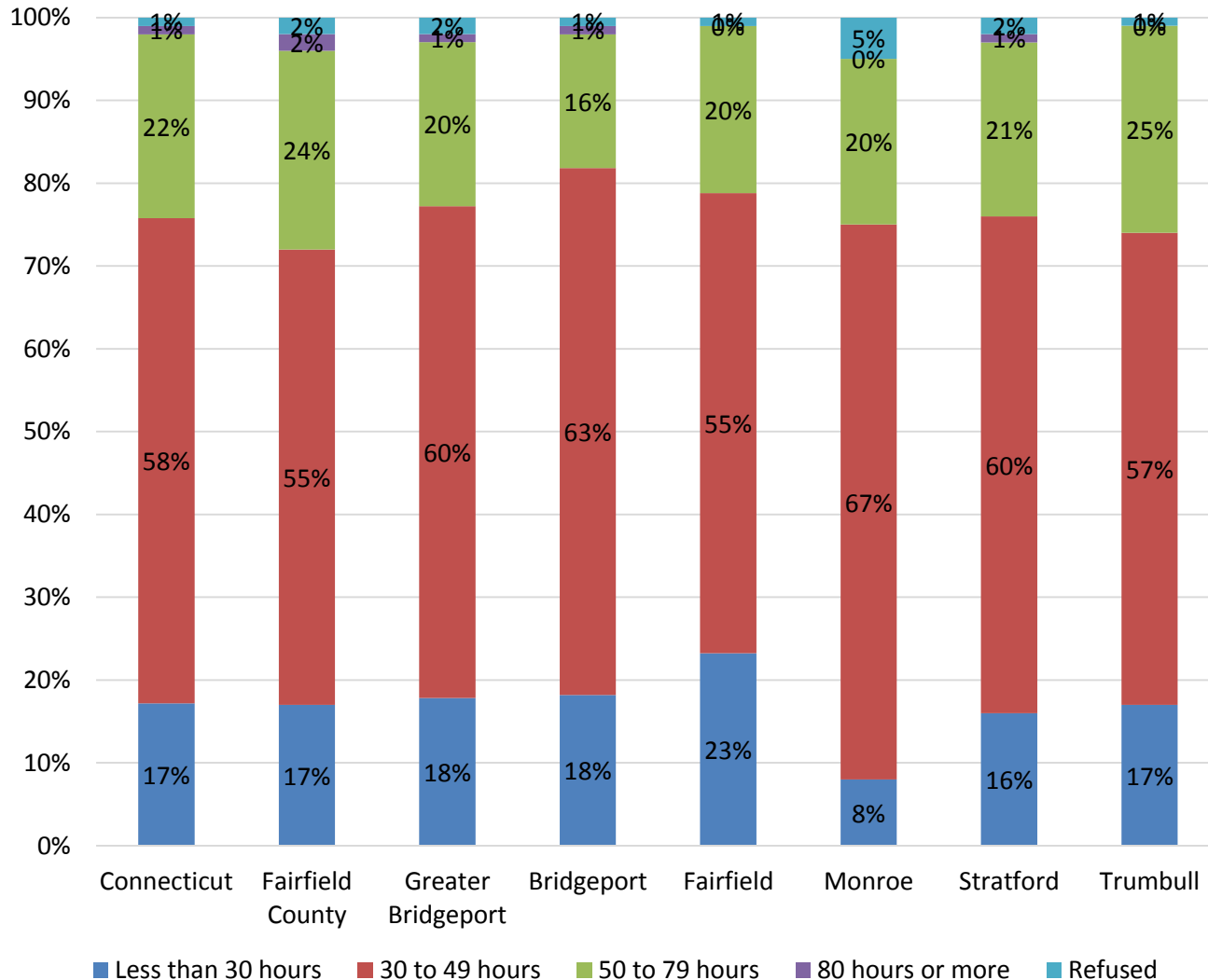
Q51. (If had part-time job in last 30 days) Are you working part-time by choice, or would you rather have a full-time job?



- While Bridgeport and Fairfield had similar rates of part time employment, approximately half (51%) of Bridgeport would rather have a full time job compared to only 13% of Fairfield

Employment/Finance

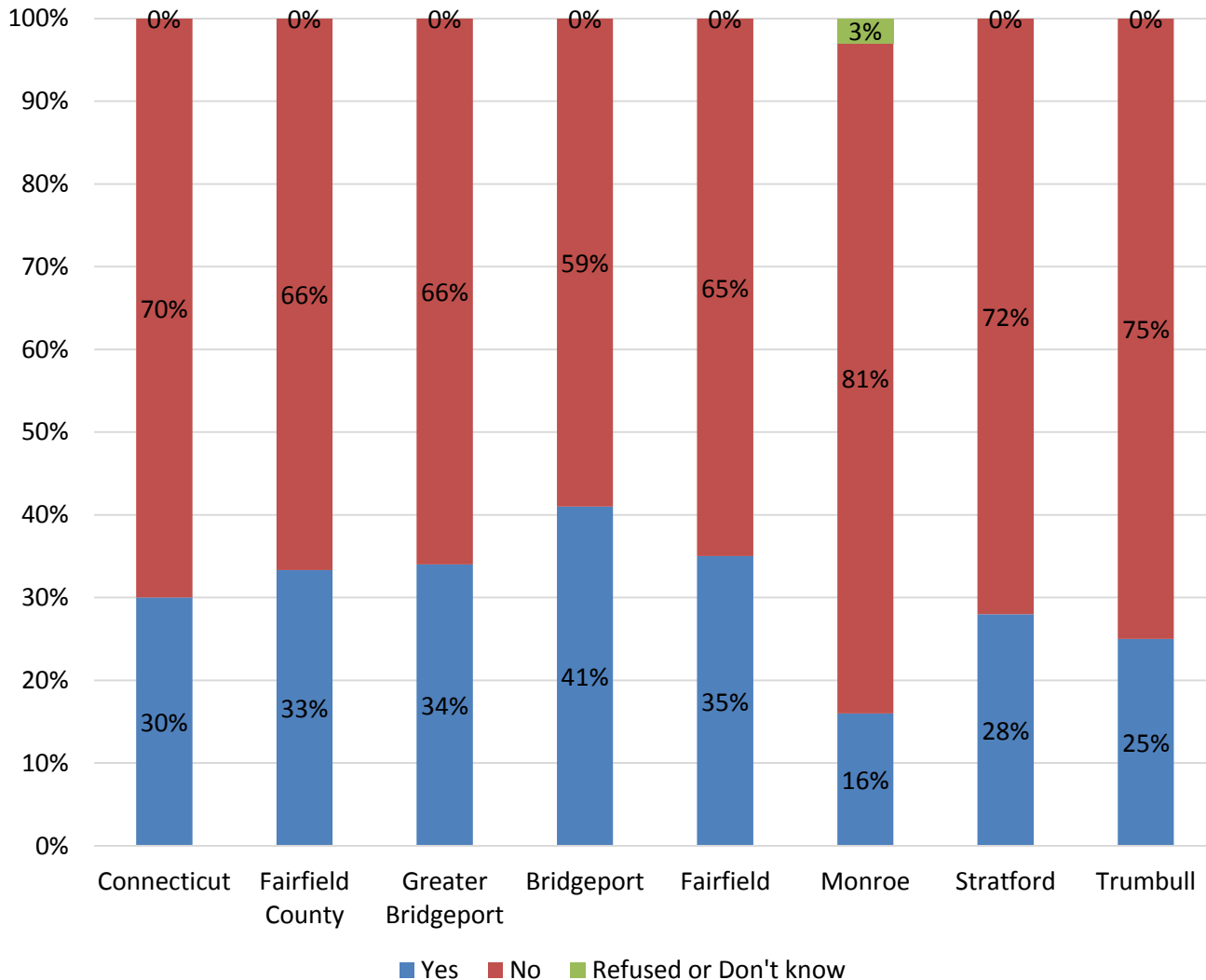
Q52. (If had paid job in last 30 days) In total, how many hours per week do you work at paying jobs?



- Fairfield (23%) had the highest percentage of respondents working less than 3 hours
- 79% of Bridgeport worked between 30 and 79 hours

Employment/Finance

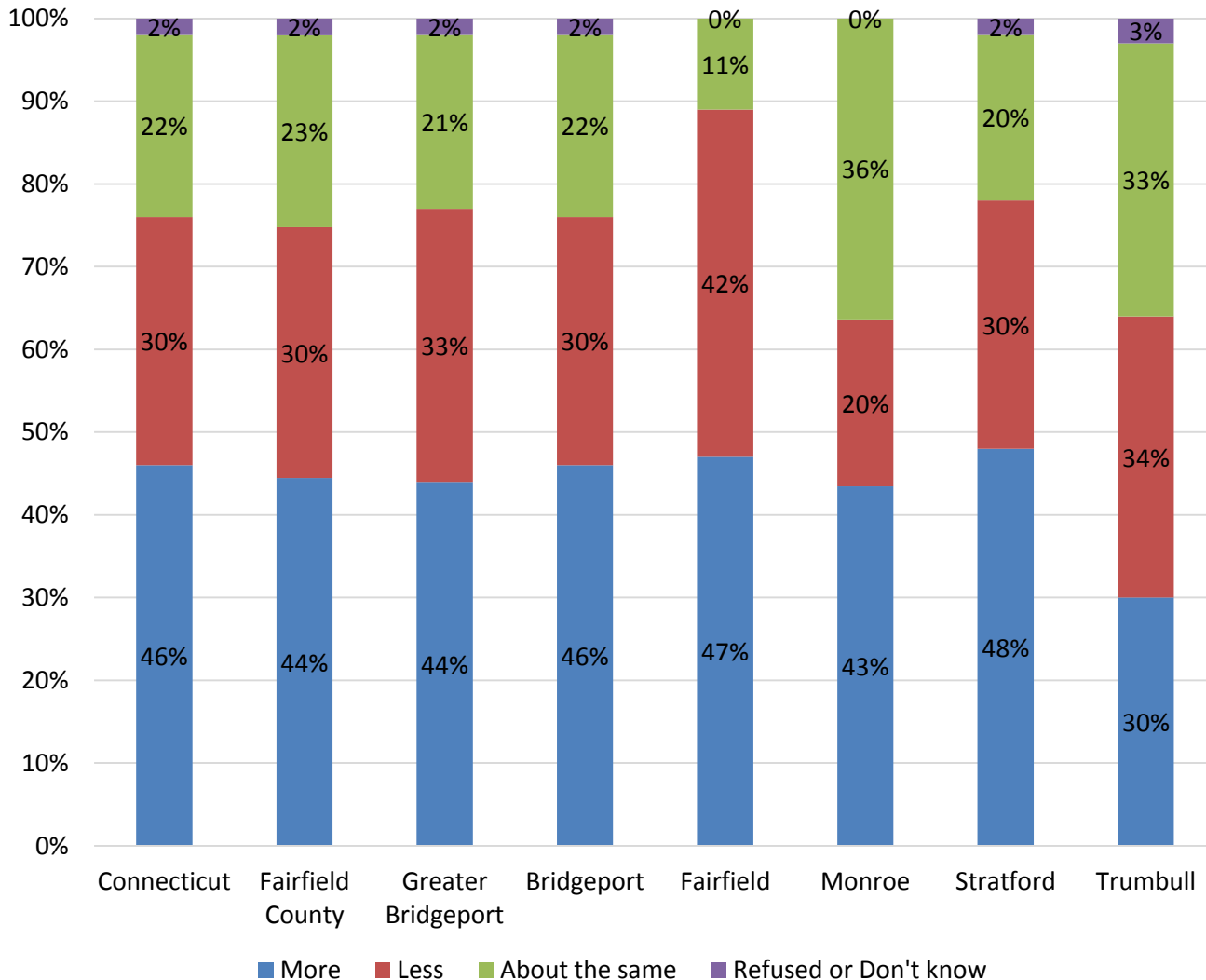
Q53. (If had paid job in last 30 days) Over the past 5 years, was there ever a time when you were out of work and looking for a job?



- 41% of Bridgeport had been unemployed within the past 5 years, higher than the other categories
- Only 16% of Monroe had been unemployed during the same time period

Employment/Finance

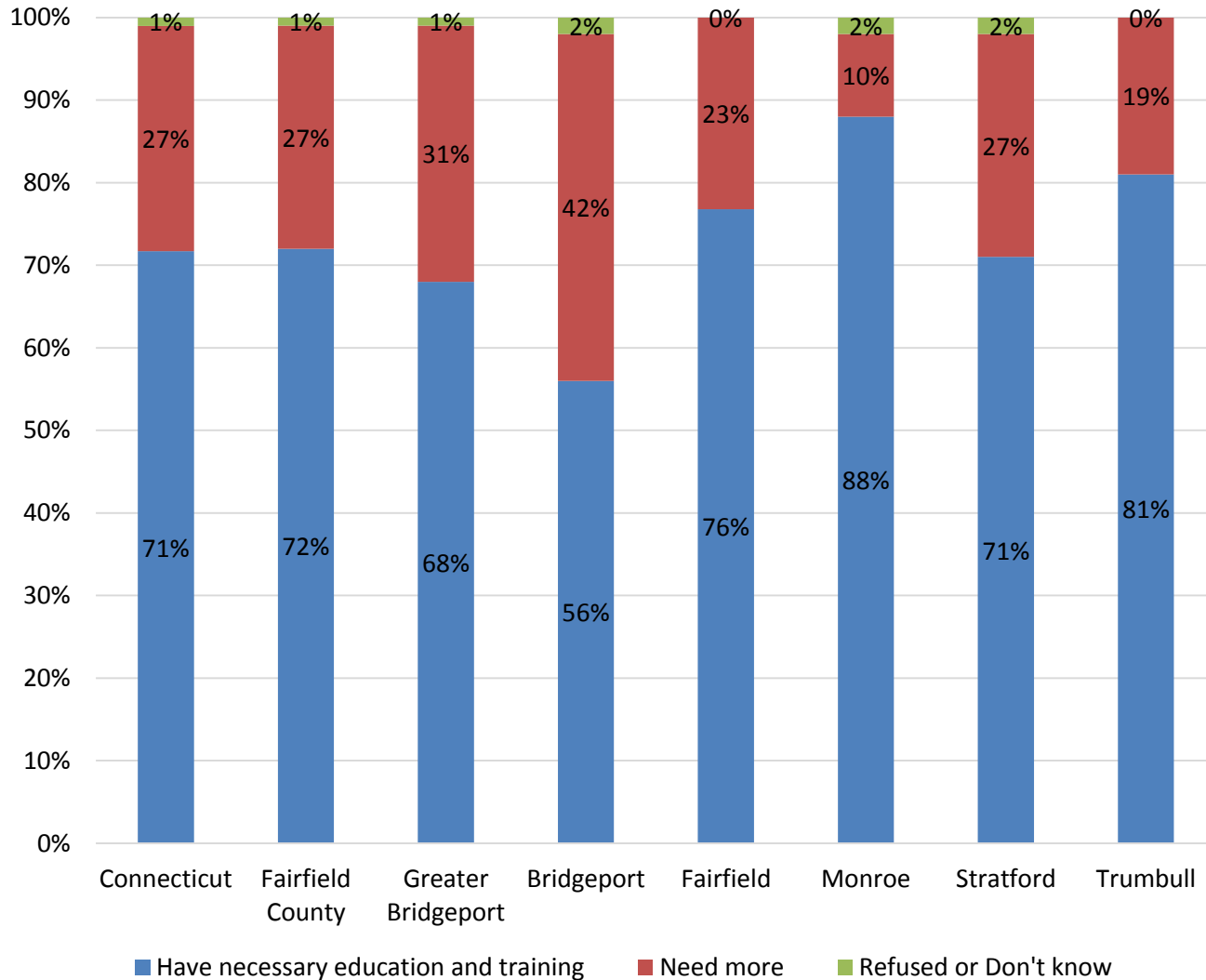
Q54. (If had paid job in last 30 days and was out of work and looking over the last 5 years) Does your current job pay more, less, or about the same as your last job?



- Except for Trumbull (30%), respondents current jobs mostly (43-48%) pay more than their prior job

Employment/Finance

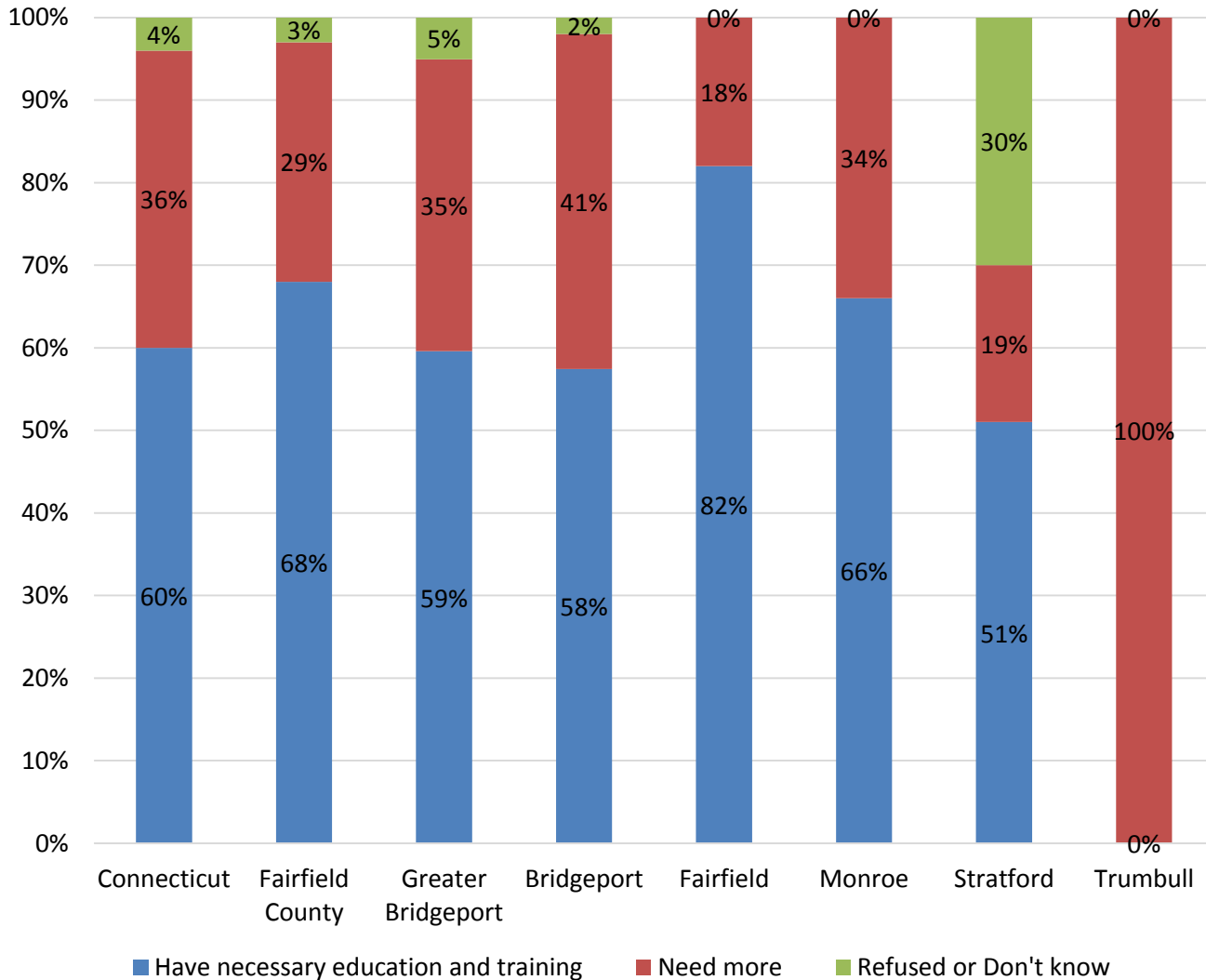
Q55. (If had paid job in last 30 days) Do you feel you have both the education and training necessary to get ahead in your job or career, or do you need either more education or training?



- Of those who are currently employed, except for Bridgeport, two thirds or more of other respondents felt they had the education and training they need
- Slightly over half (56%) of Bridgeport felt they had enough education and training

Employment/Finance

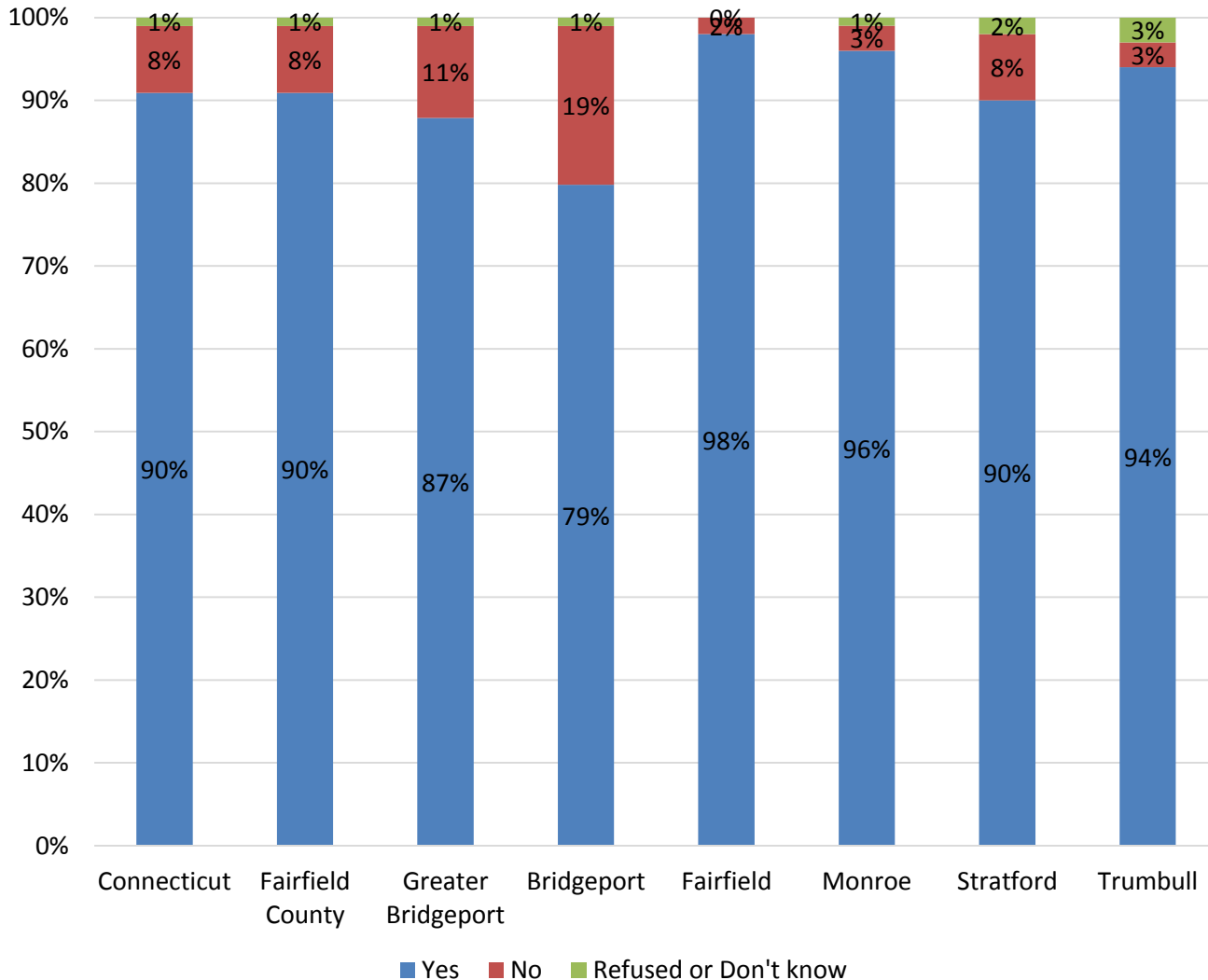
Q56. (If did not have paid job in last 30 days but would like to work) Do you feel you have both the education and training necessary to get the kind of job you want, or do you need either more education or training?



- Of those who are currently unemployed, 58% of Bridgeport felt they had the education and training they need
- Other towns had low response rates for no job but want to work

Employment/Finance

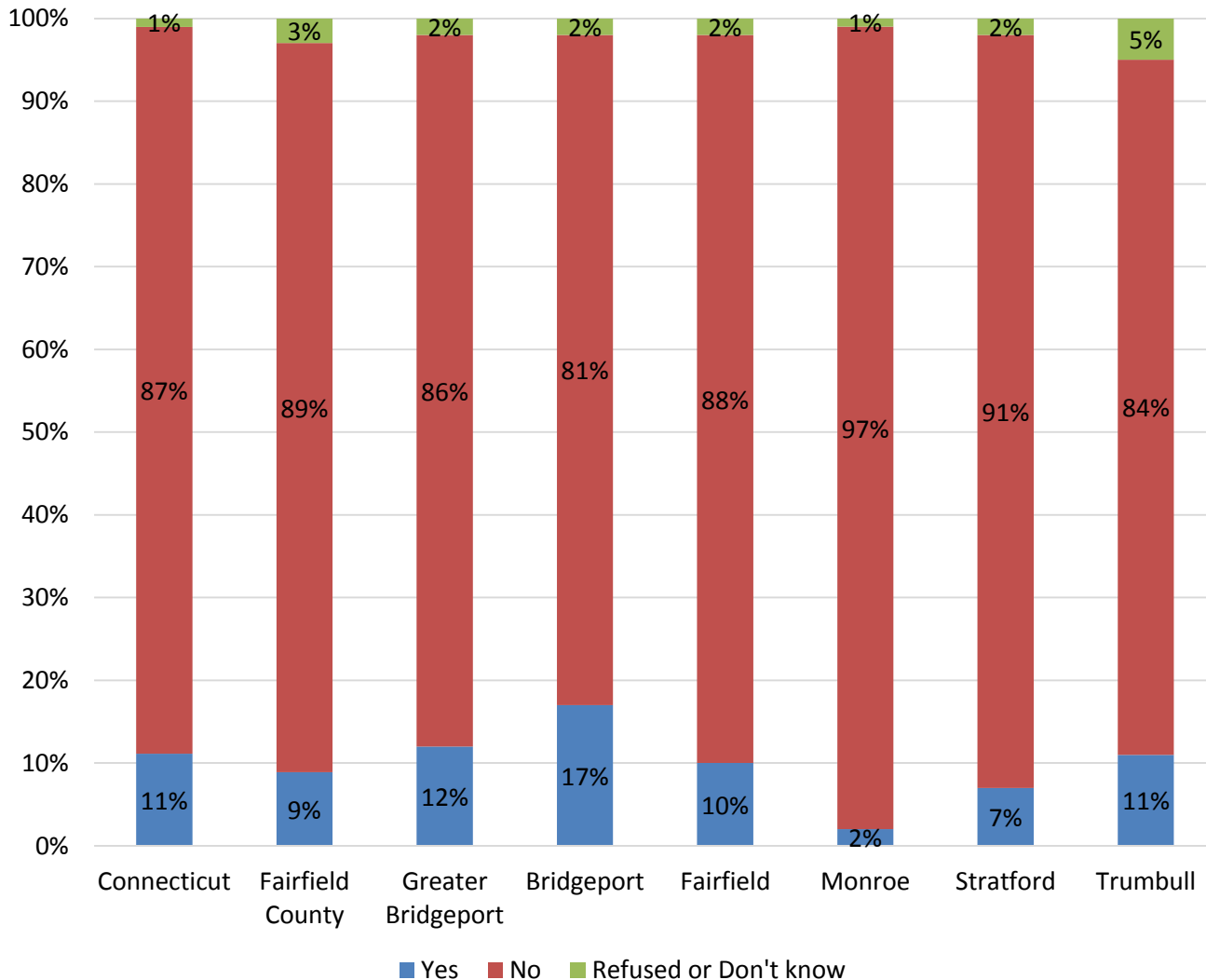
Q68. In the last 12 months, have you held a checking or savings account?



- All areas except Bridgeport (79%) and Greater Bridgeport (87%) had 90% or more having a checking or savings account
- 19% of Bridgeport has neither a checking nor savings account

Employment/Finance

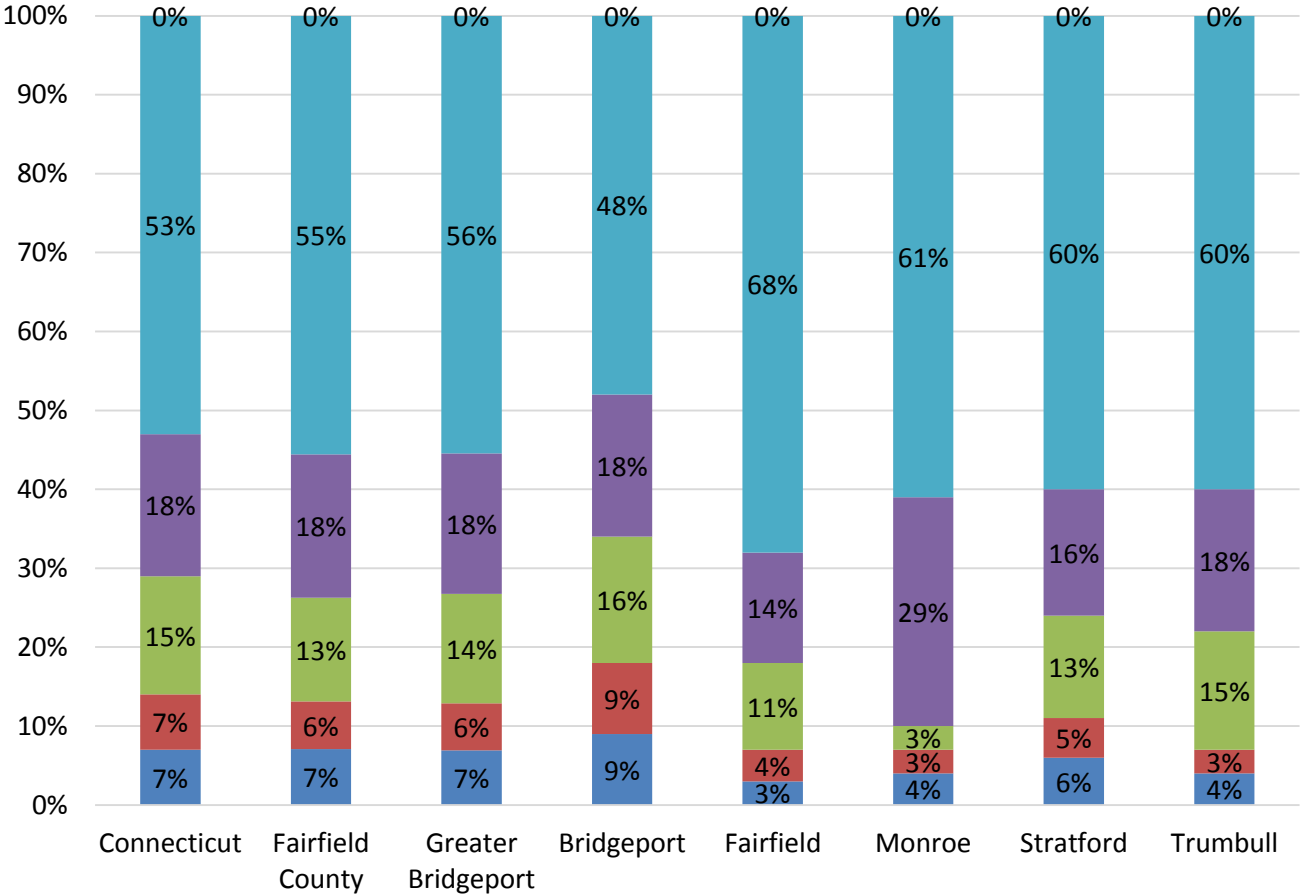
Q69. In the last 12 months, have you obtained any of the following financial products from somewhere that wasn't a bank, such as a money order, check cashing, refund anticipation loans, rent-to-own services, pawn shop loans, or auto title loans?



- Bridgeport (17%) had the highest use of non bank financial products
- Monroe (2%) had the lowest use

Housing

Q9. How long have you lived at your current address?

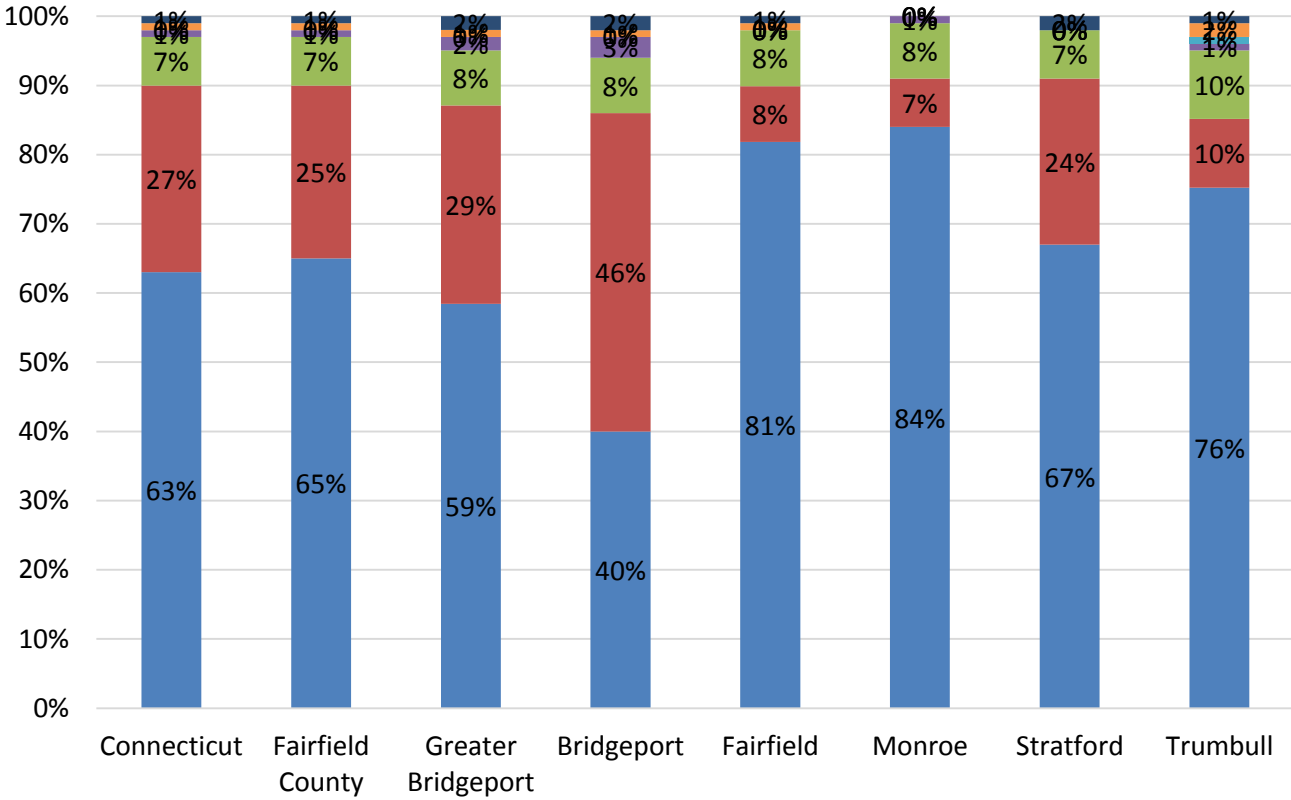


- Approximately half or more (48% to 68%) of all categories have lived in their homes 10 years or longer

- Less than one year
- At least one year but less than two years
- At least two years but less than five years
- At least five years but less than ten years
- Ten years or more
- Refused or Don't know

Housing

Q10. Do you own your own home, rent, or something else?

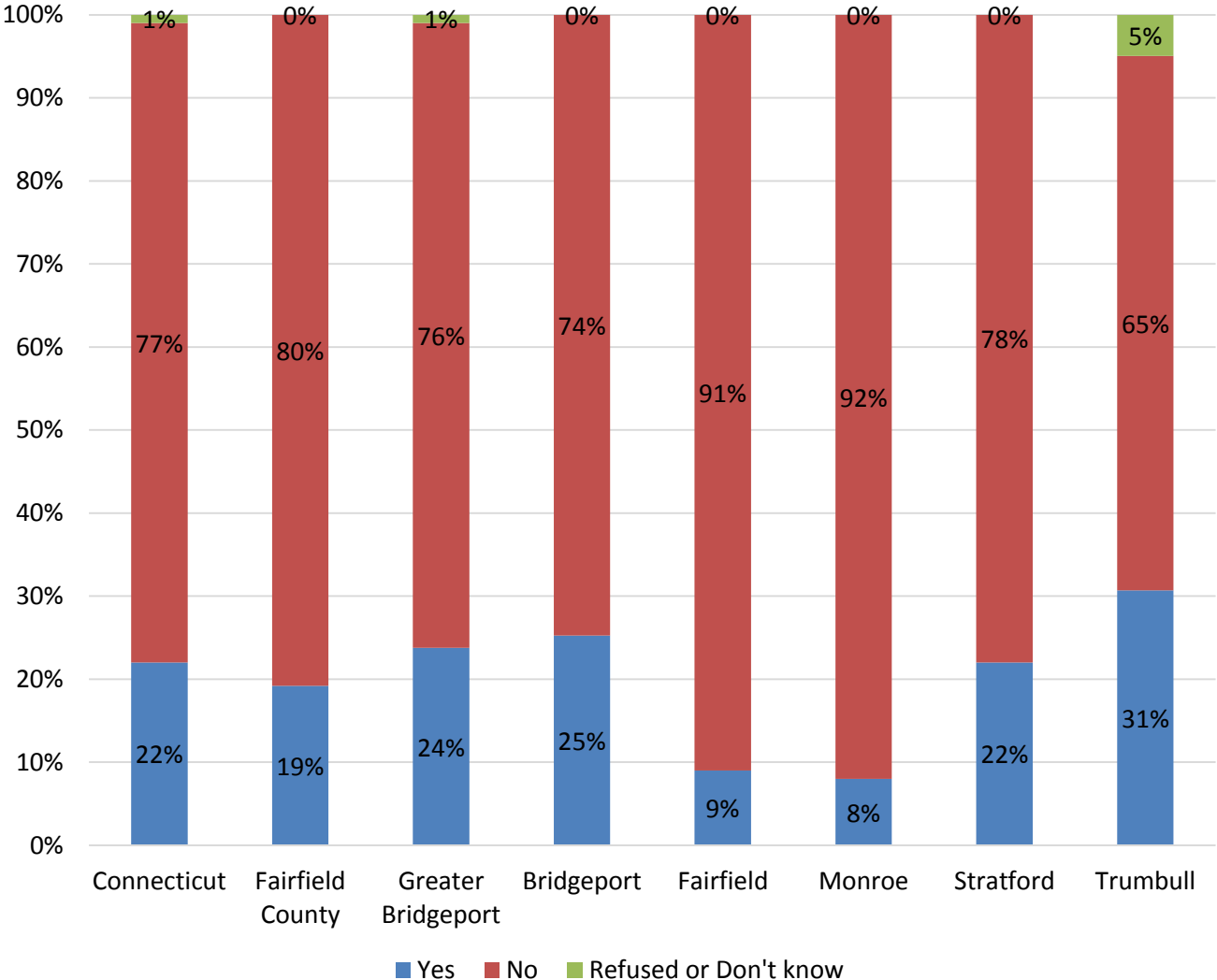


- Greater Bridgeport (59%) is close to CT (63%) and Fairfield County (65%) in the percentage of respondents owning homes
- Bridgeport (40%) owned the least and rented (46%) the most
- Fairfield (81%) and Monroe (84%) have the most home owners

- Refused
- Vol: I live in a Retirement Community/Senior Care
- I live with family or friends who own
- I own my home
- Other
- I live with family or friends who rent
- I rent my home

Housing

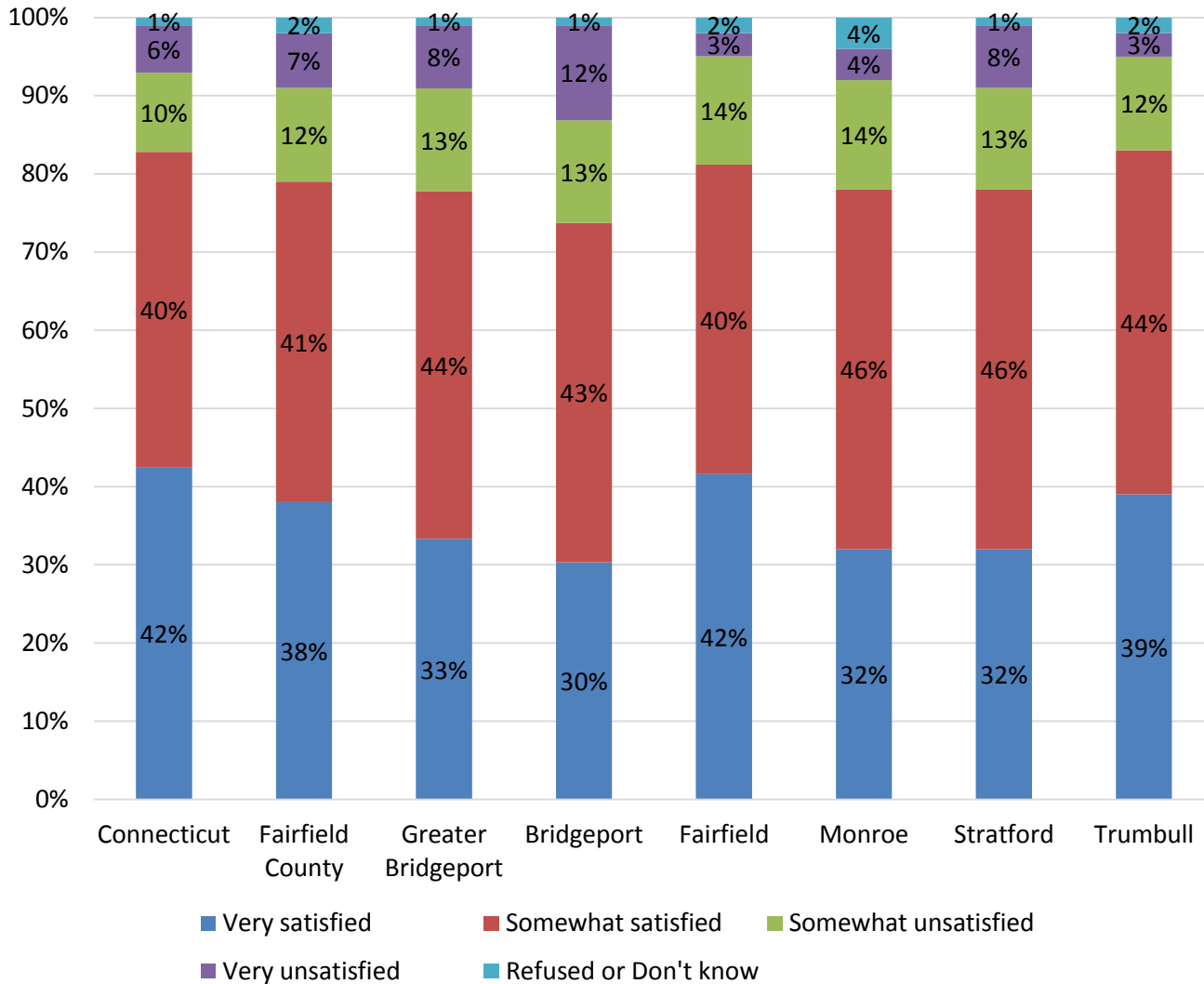
Q11. (If rent) Do you live in a subsidized apartment or are you receiving rental assistance through either a state or federal program?



- Of those who rent, Greater Bridgeport (24%) is close to CT (22%) and Fairfield County (19%)
- Trumbull (31%) has the highest percentage of renters who receive assistance but only 10% of Trumbull rents

Housing

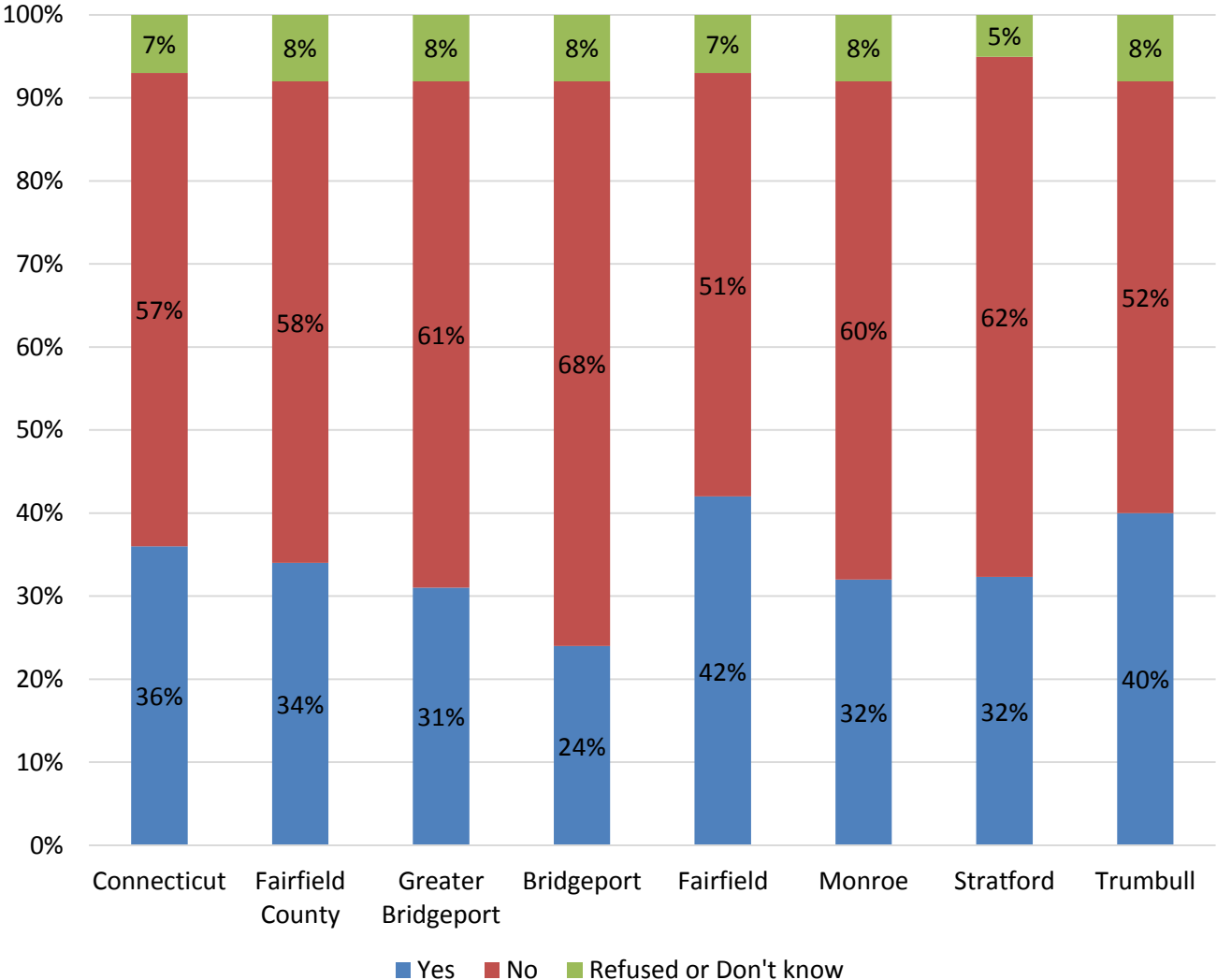
Q12. When you think about your present residence, would you say you are very satisfied, somewhat satisfied, somewhat unsatisfied, or very unsatisfied with its affordability?



- The majority of respondents are very or somewhat satisfied with their present residence
- Bridgeport (73%) is the least satisfied while Trumbull (83%) is the most satisfied

Housing

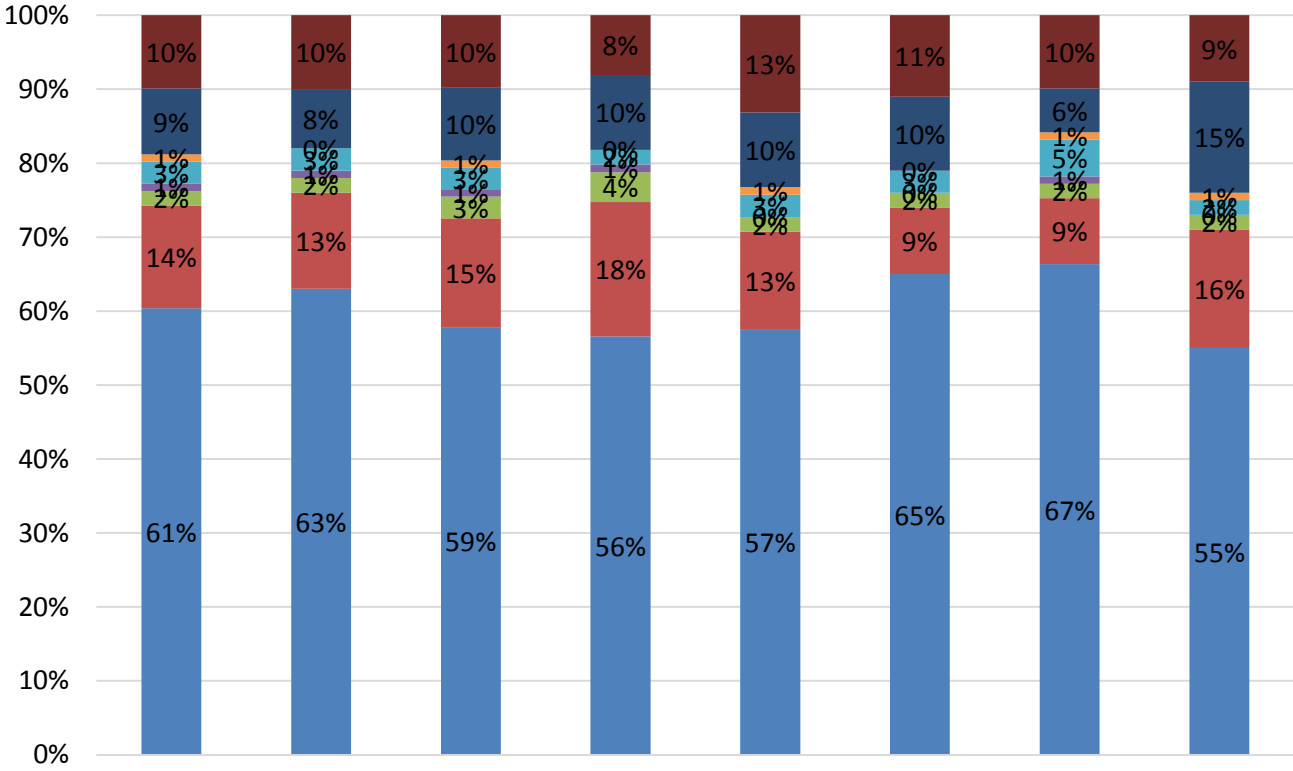
Q13. Thinking ahead 10 years from now, do you think that you will be living in the exact same house or apartment that you live in now or not?



- More than half of respondents do not expect to be living in the same residence in 10 years
- Greater Bridgeport (61%) is close to CT (57%) and Fairfield County (58%)
- Bridgeport (68%) has the highest percentage while Fairfield (51%) has the lowest

Housing

Q14. (If don't think they will be living in same house/apartment in 10 years) 10 years from now, do you think that you will own a home, rent an apartment, or be living in some other setting?

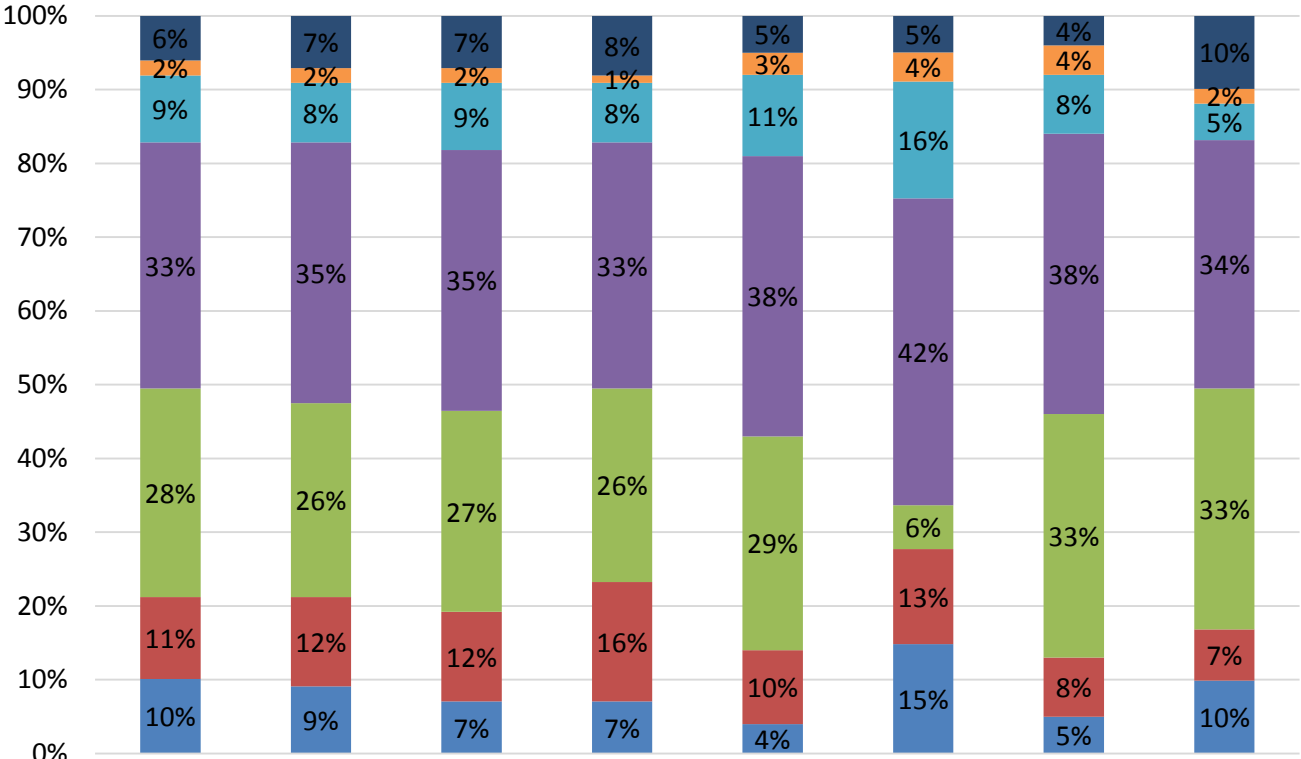


- For those who will change residence within 10 years, the majority plan to own their residence
- Bridgeport (56%) is the lowest while Stratford (67%) is the highest



Housing

Q15. (If don't think they will be living in same house/apartment in 10 years and plan to own a home) When do you think you will be in the market to purchase a home?

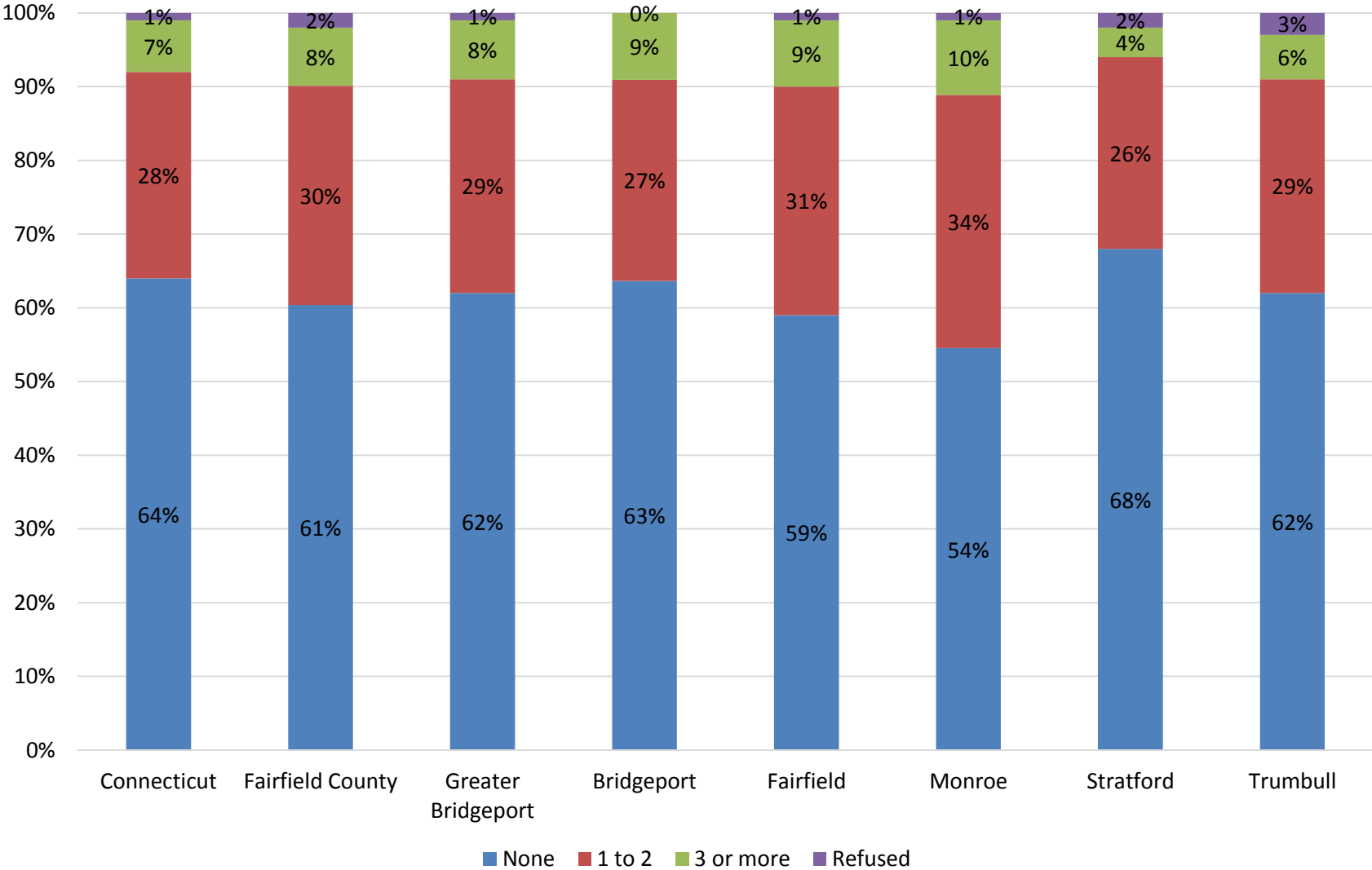


- Greater Bridgeport (62%), CT (61%) and Fairfield County (61%) plan to purchase a home within 2-10 years
- The towns have a similar pattern except Monroe where 42% plan to own a home within 5-10 years

- Less than one year from now
- At least one year but less than two years
- At least two years but less than five years
- At least five years but less than ten years
- Ten years or more
- Never in my lifetime
- Refused or Don't know

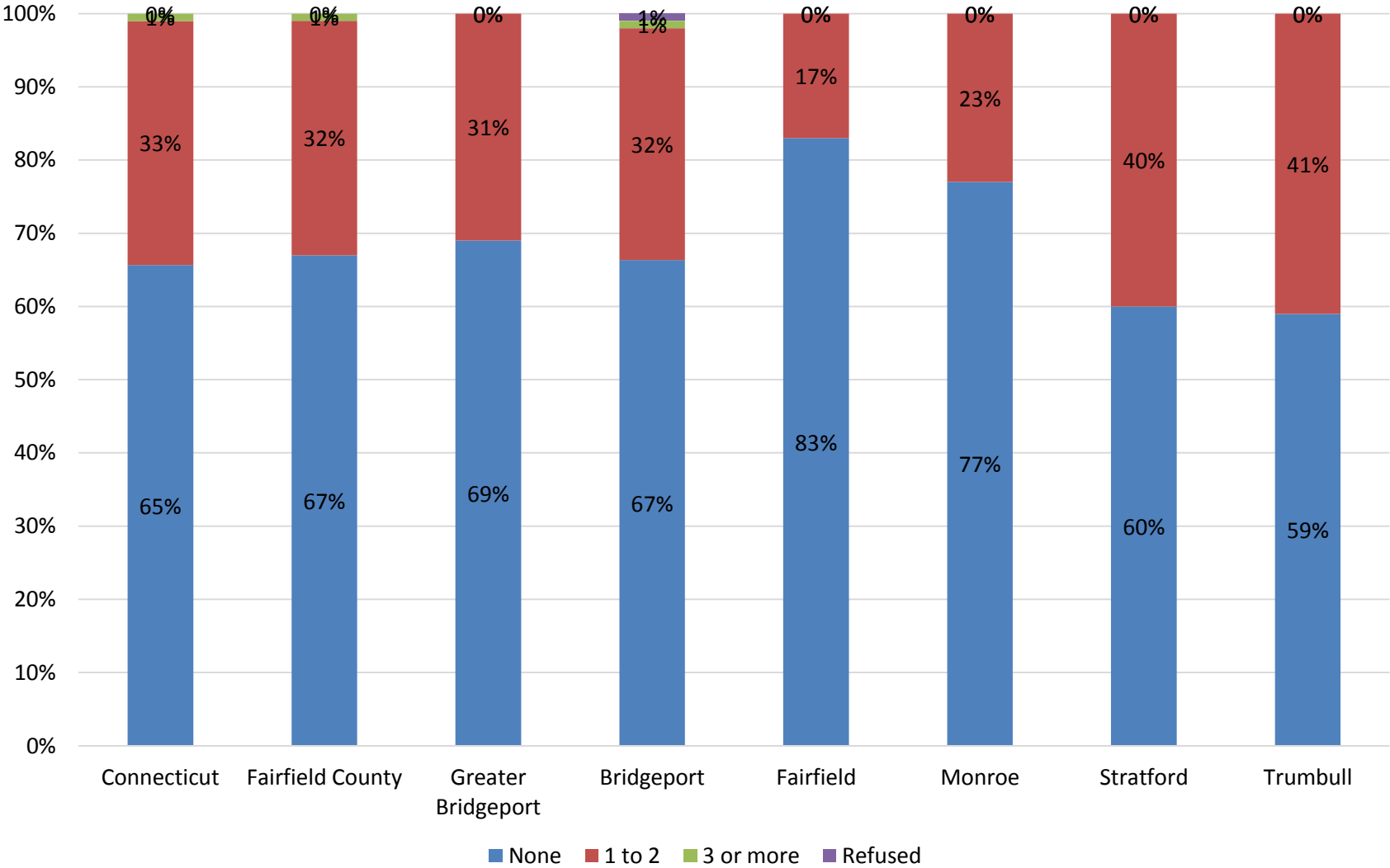
Housing

Q60: How many children under the age of 18 are living in household?



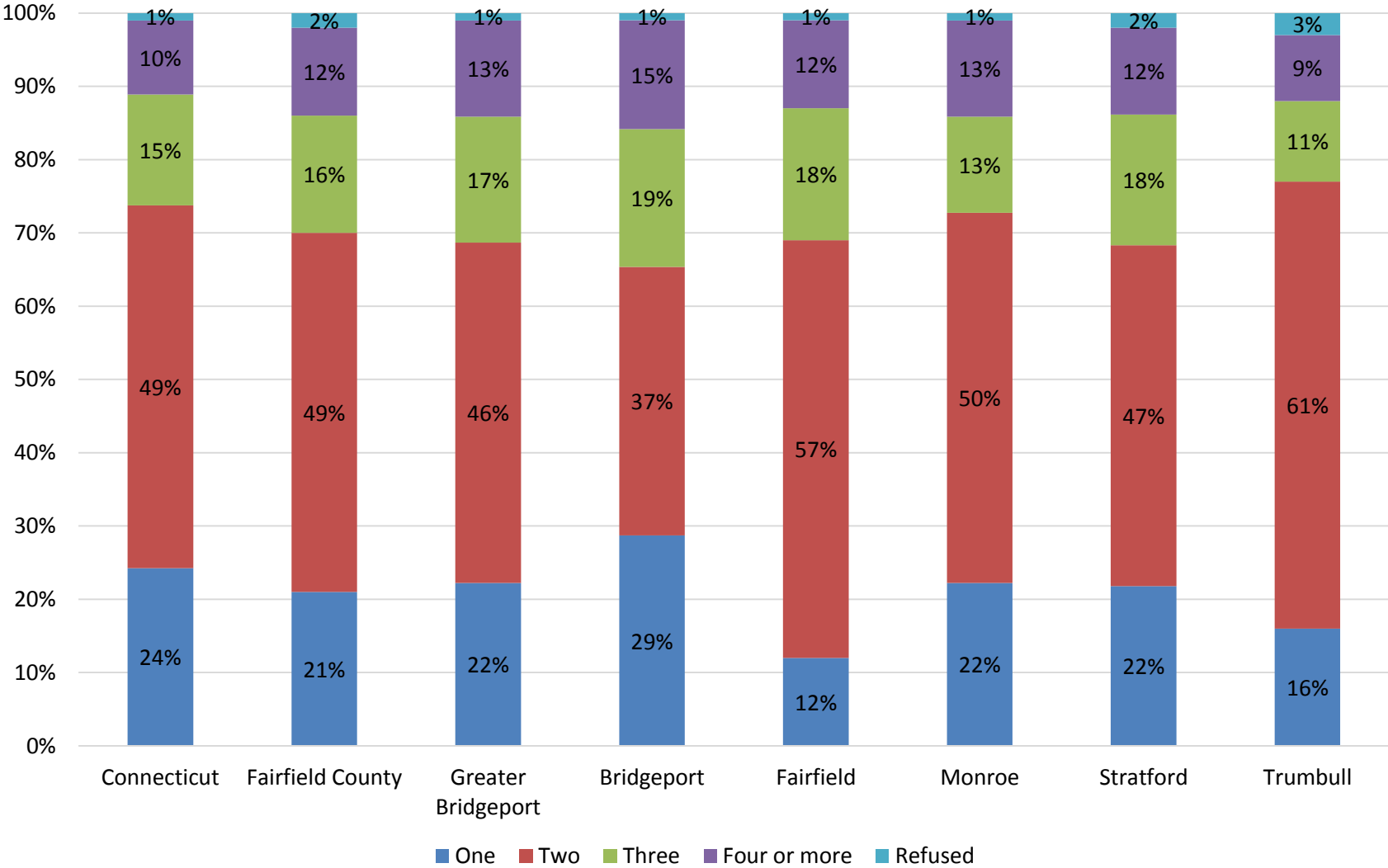
Housing

Q61: (If have children under age of 18 in household) How many children living in the household have not yet started Kindergarten?



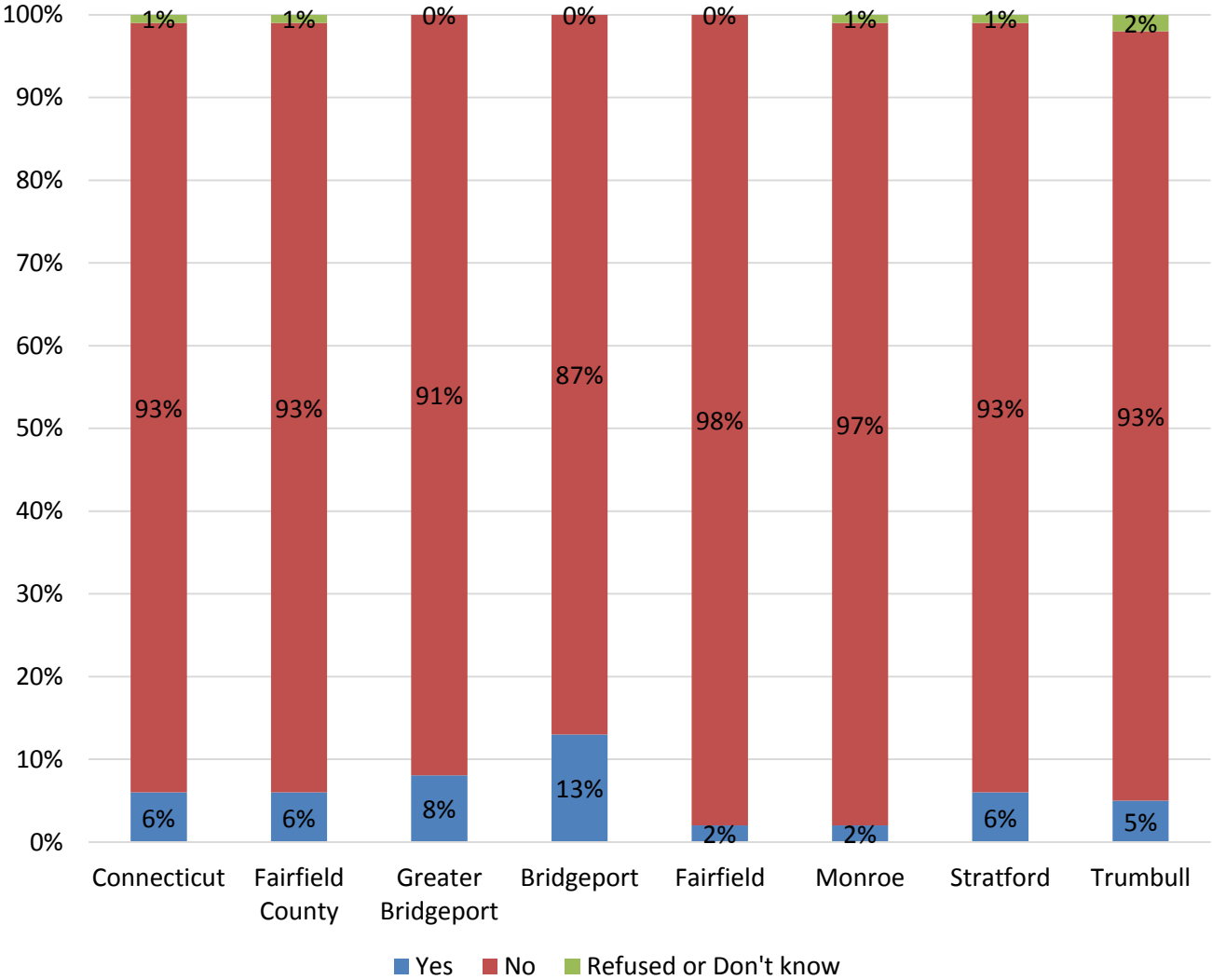
Housing

Q62: What is the number of adults, 18 and older (including yourself) living in the household?



Housing

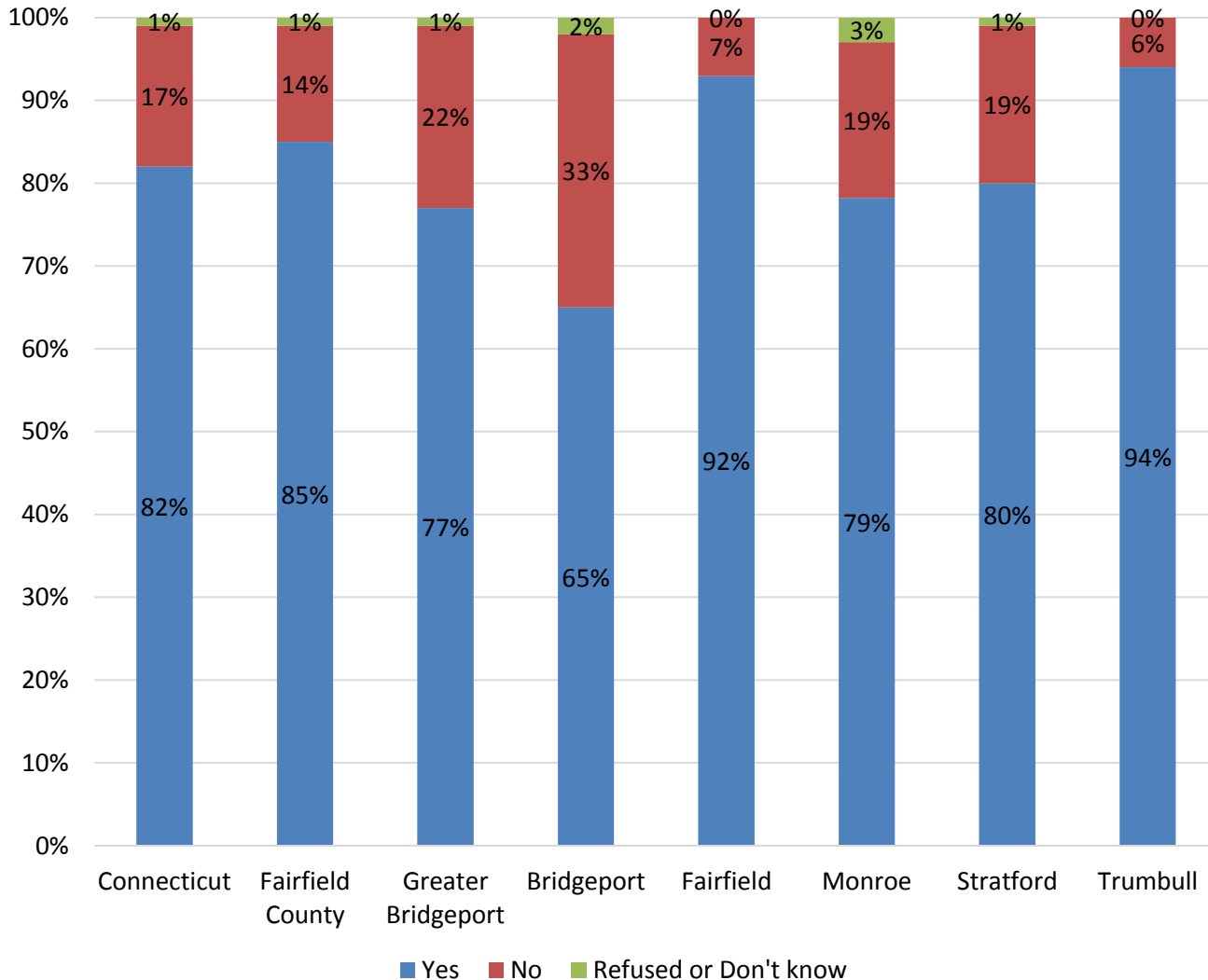
Q66. In the last 12 months, have you not had enough money to provide adequate shelter or housing for you or your family?



- Bridgeport (13%) had a much higher rate for not being able to afford adequate shelter or housing
- Fairfield and Monroe both had only 2% not able to provide adequate shelter or housing

Policy and Government/Community Involvement

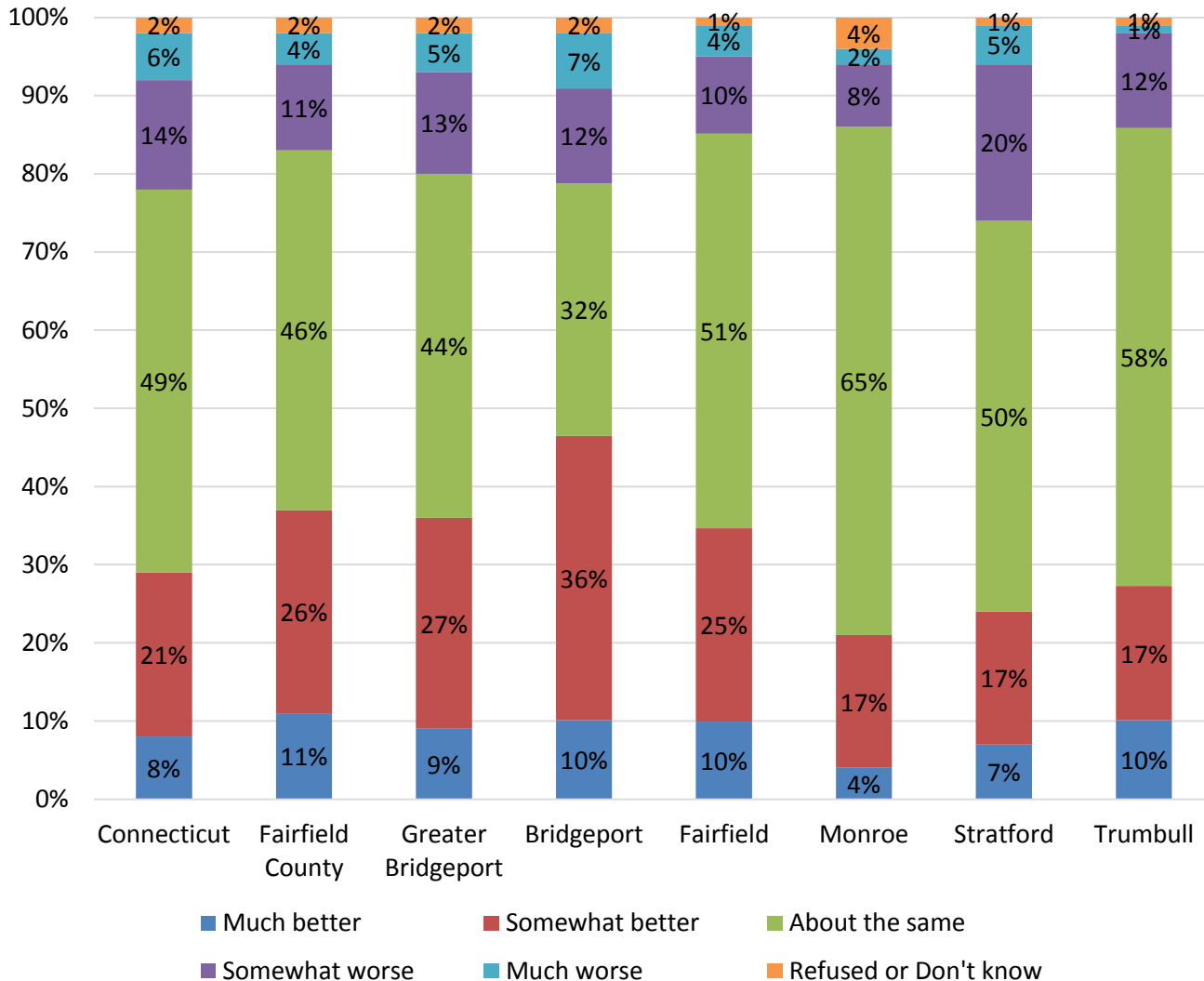
Q1: Are you satisfied with the city or area where you live?



- 77% of Greater Bridgeport are satisfied with where they live compared to 82% for CT
- Fairfield (94%) and Trumbull (92%) are highly satisfied with where they live
- Only 65% of Bridgeport are satisfied with where they live

Policy and Government/Community Involvement

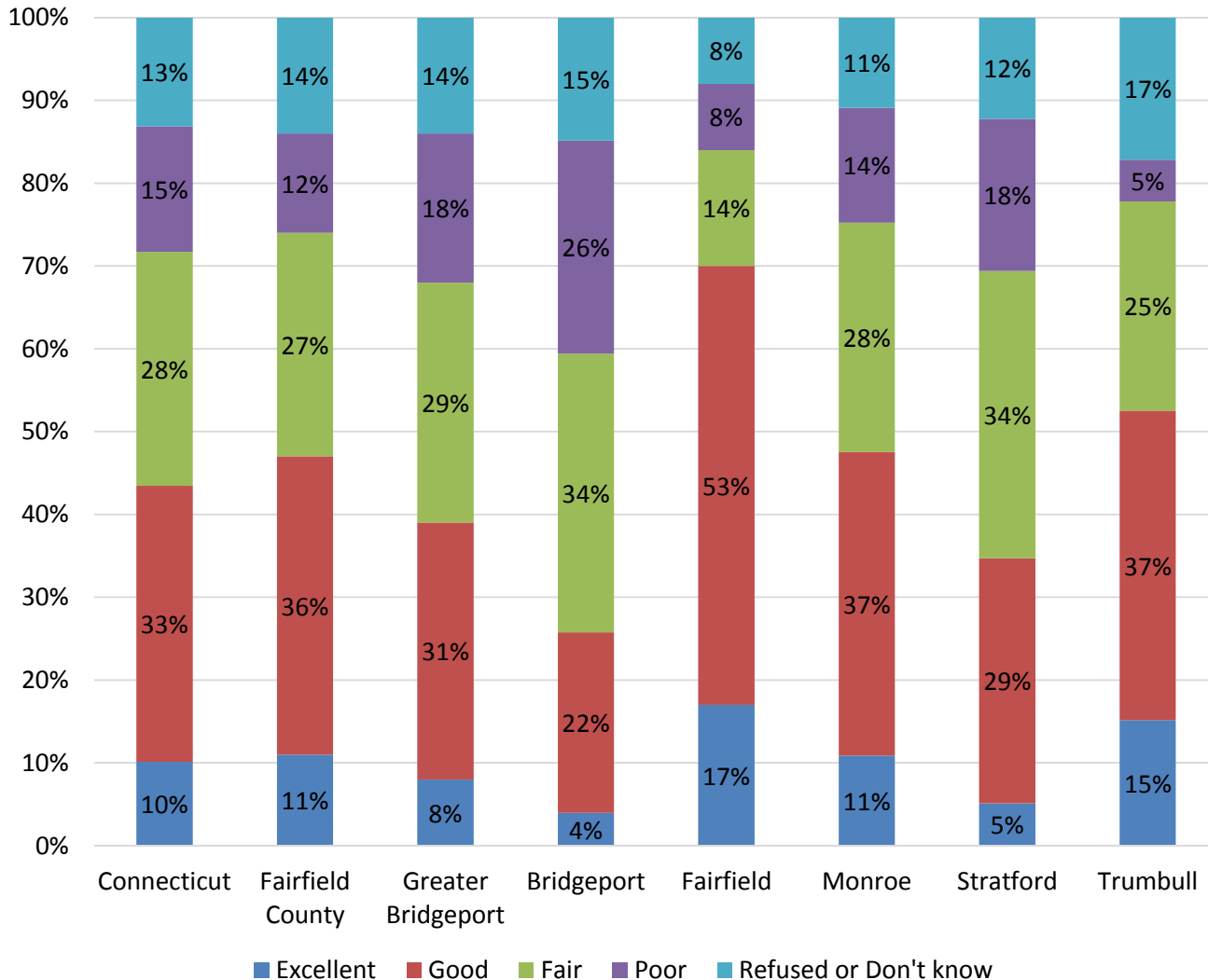
Q2: As a place to live, is the city or area where you live getting much better, getting somewhat better, remaining about the same, getting somewhat worse or getting much worse?



- More Greater Bridgeport feel that where they live has improved (36%) compared to CT (29%)
- Bridgeport had the highest reported improvements (46%) compared to other towns and only 32% reported about the same
- Other areas had about half of reporting no change

Policy and Government/Community Involvement

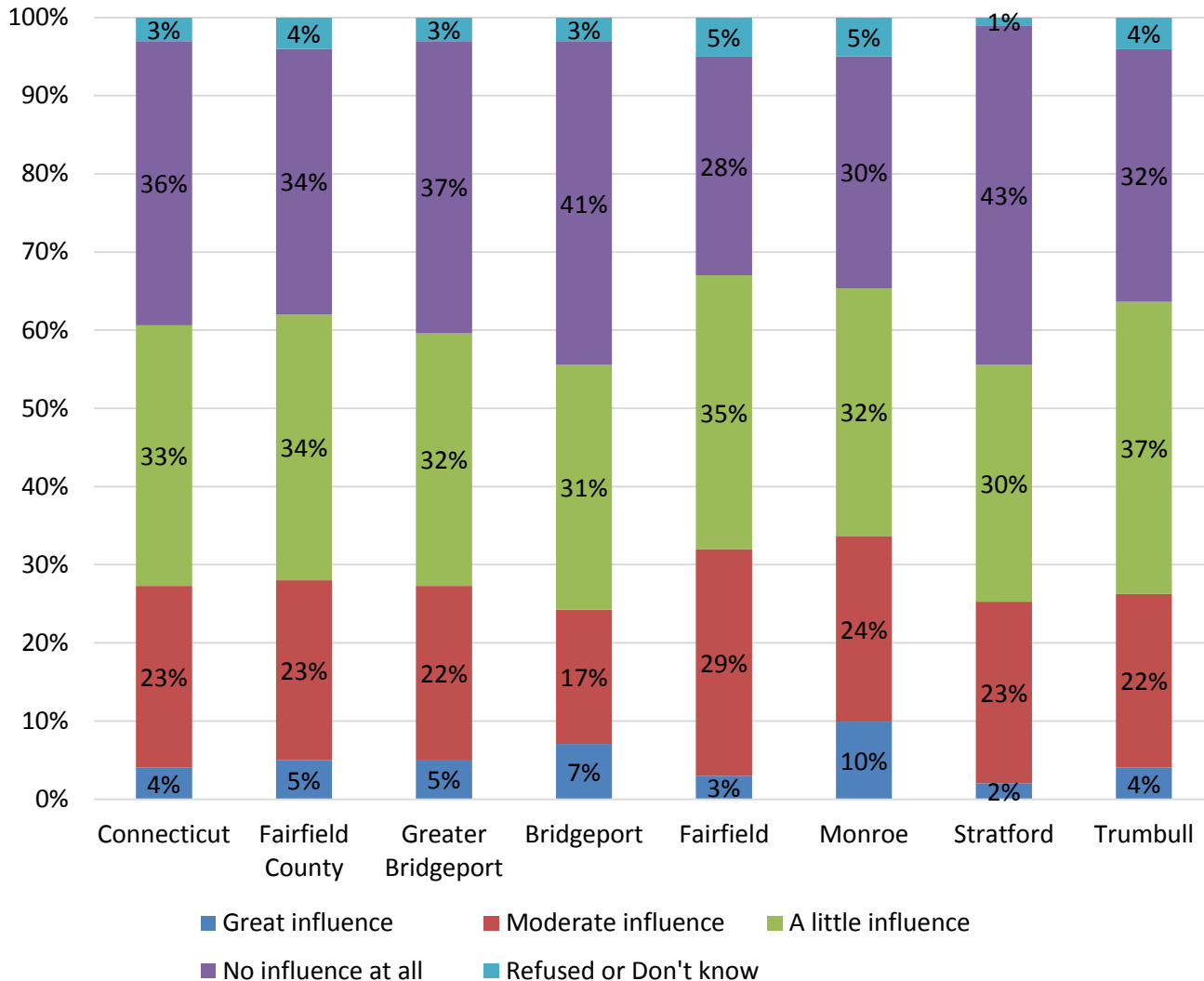
Q3A. How responsive local government is to the needs of its residents



- Overall, Greater Bridgeport (39%) felt local government was excellent or good
- In comparison, CT (43%) and Fairfield County (47%) rated government as excellent or good
- Fairfield (70%) rated government the highest while Bridgeport (26%) rated government the lowest

Policy and Government/Community Involvement

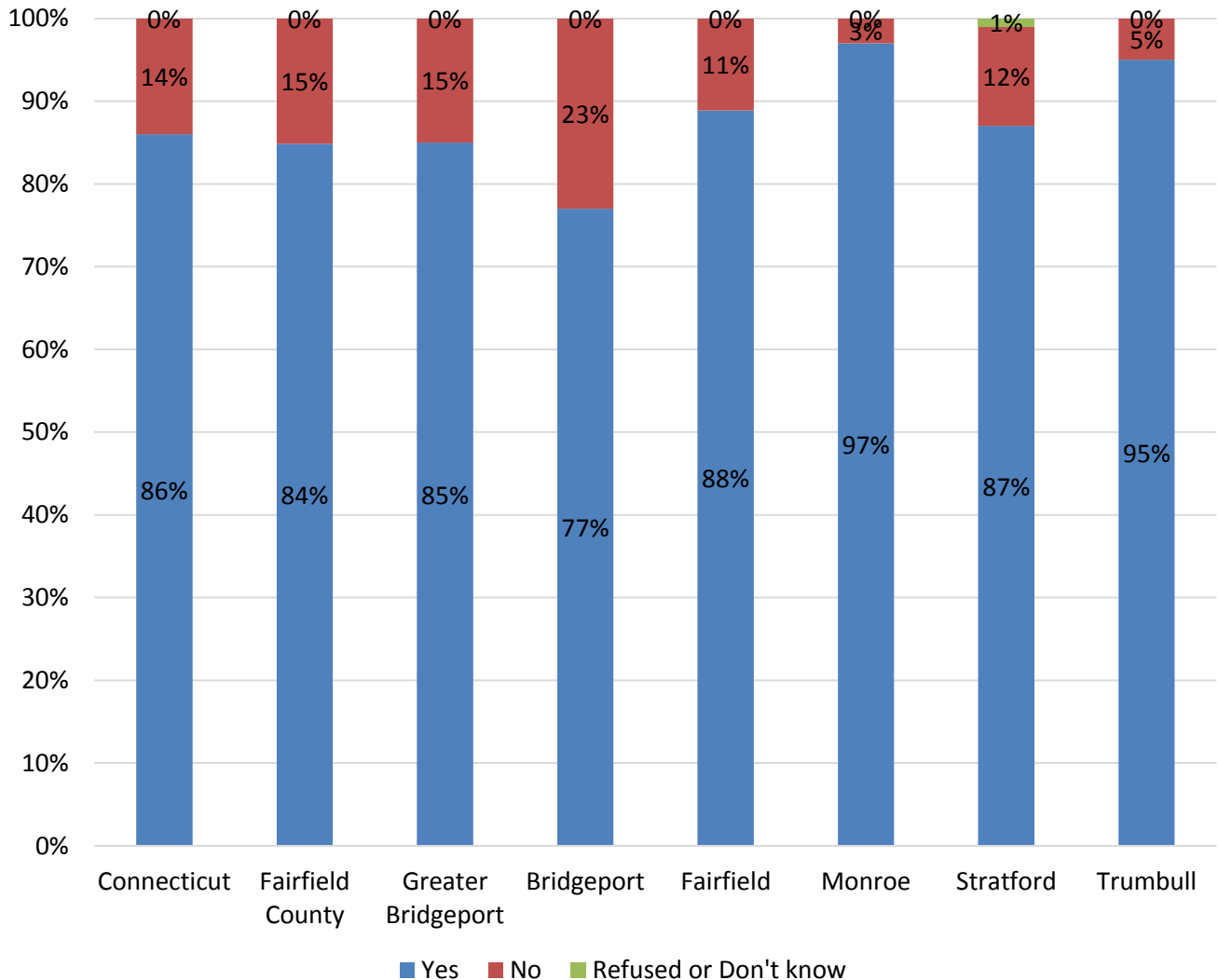
Q5. How would you describe your ability to influence local-government decision making? Would you say that you have great influence, moderate influence, a little influence, or no influence at all?



- Less than a third of respondents felt they had a great or moderate degree of influence on local government
- Greater Bridgeport (27%), CT(27%) and Fairfield County (28%) had similar responses
- Fairfield (31%) and Monroe (34%) had the highest responses

Policy and Government/Community Involvement

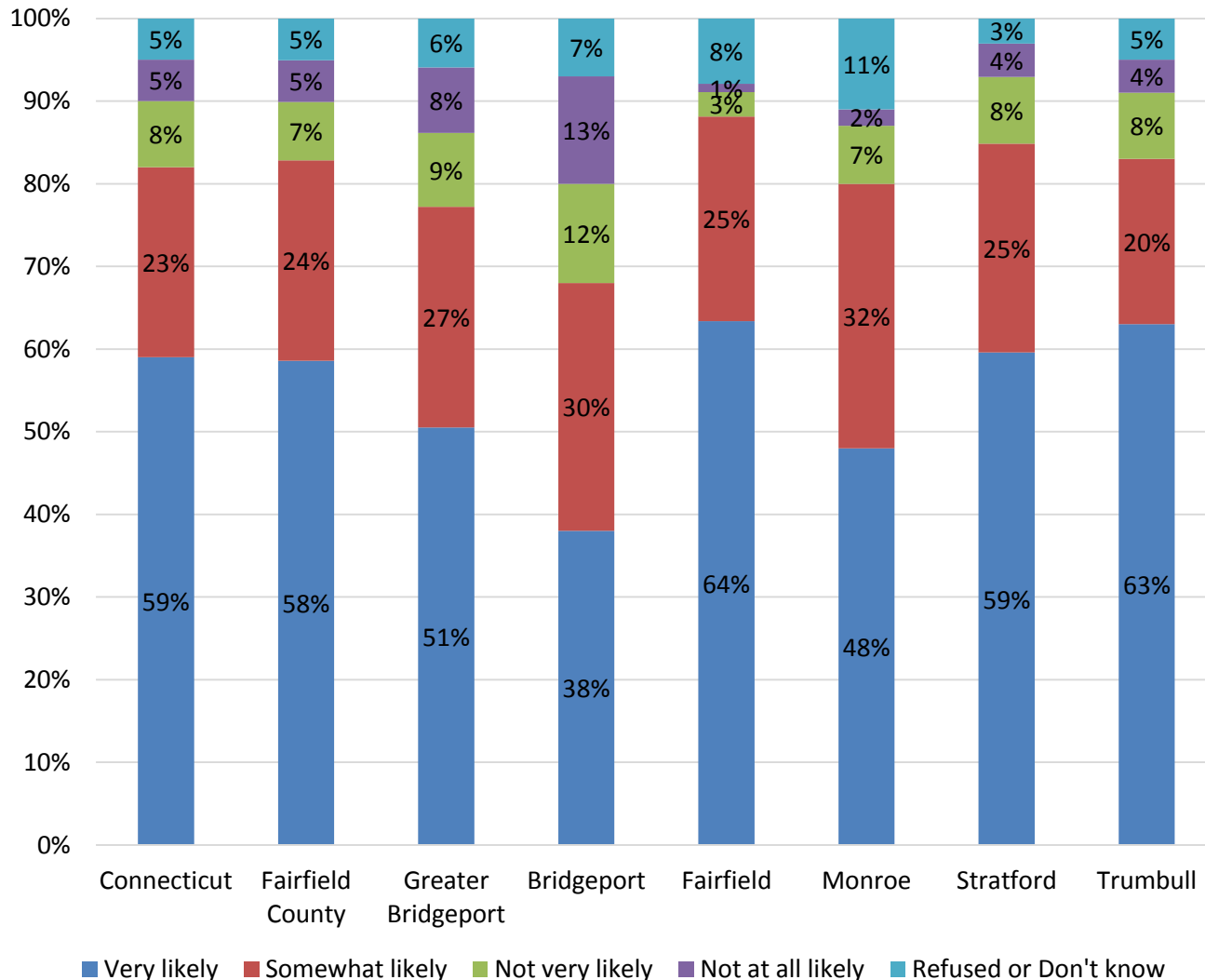
Q6. Are you registered to vote?



- The majority of respondents are registered
- Bridgeport (77%) had the lowest percentage of registered voters
- Almost all of Monroe (97%) is registered to vote

Policy and Government/Community Involvement

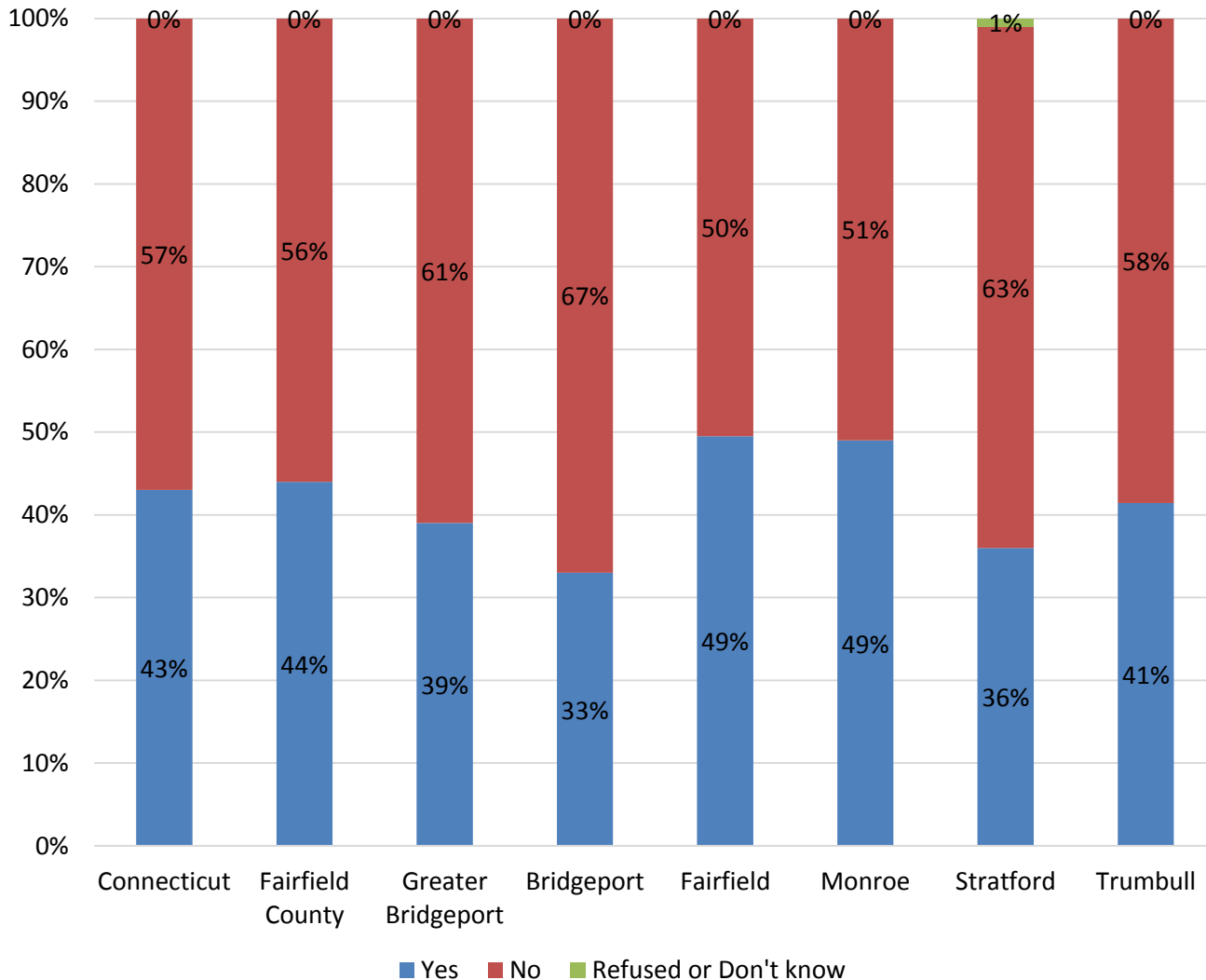
Q17. If the fire station closest to your home was going to be closed down by your city or town, how likely is it that neighborhood residents would organize to try to do something to keep the fire station open?



- All except Bridgeport met or exceeded 80% of responses as very or somewhat likely
- 68% of Bridgeport felt it was very or somewhat likely residents would organize to keep a fire station open

Policy and Government/Community Involvement

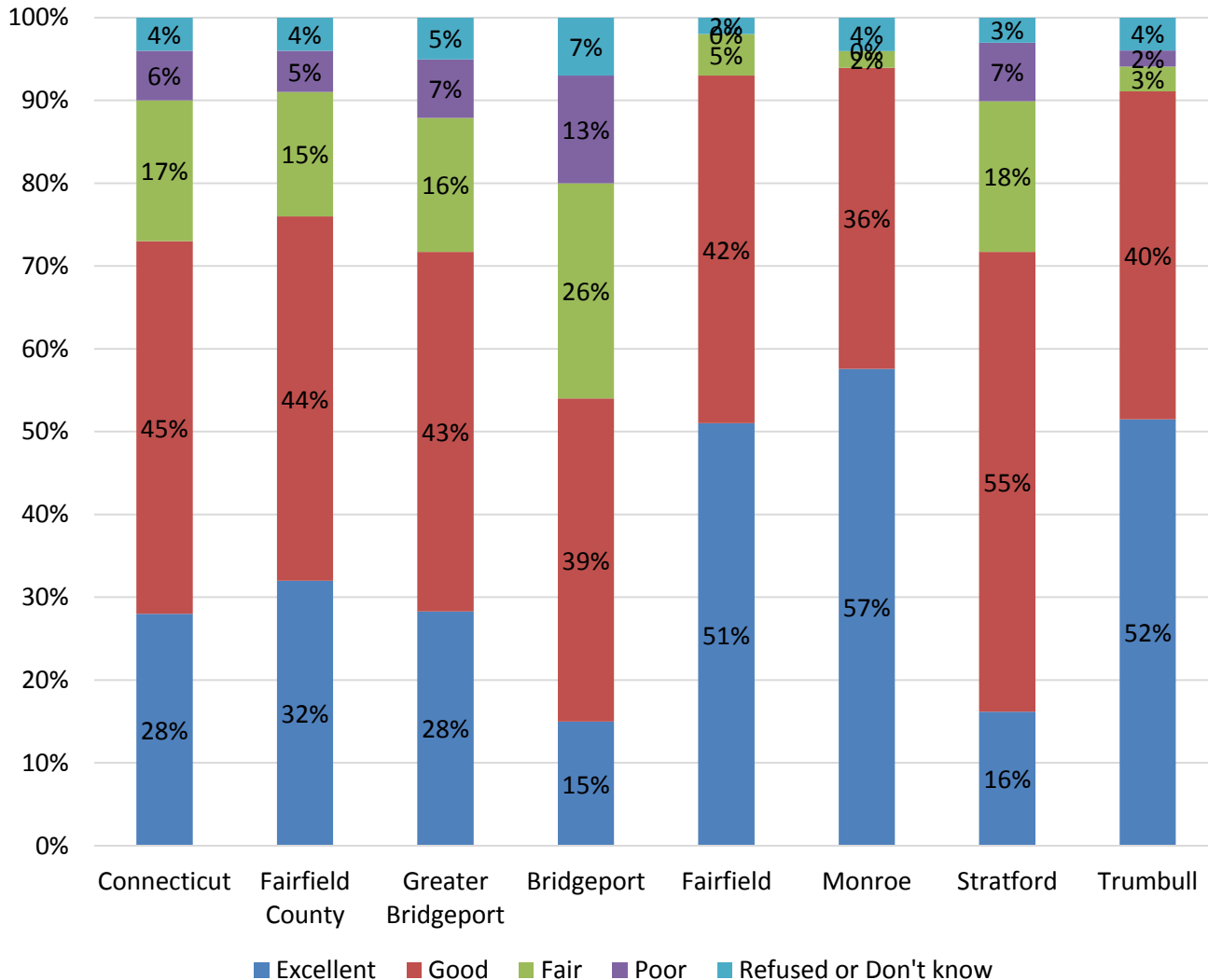
Q4. Over the past 12 months, have you volunteered for or through an organization or helped out as a volunteer to address the needs in your community?



- Greater Bridgeport (39%) volunteers less than CT (43%) and Fairfield County (44%)
- Bridgeport (33%) had the lowest volunteer rate
- Approximately half of Fairfield (49%) and Monroe (49%) volunteer

Recreational Activities

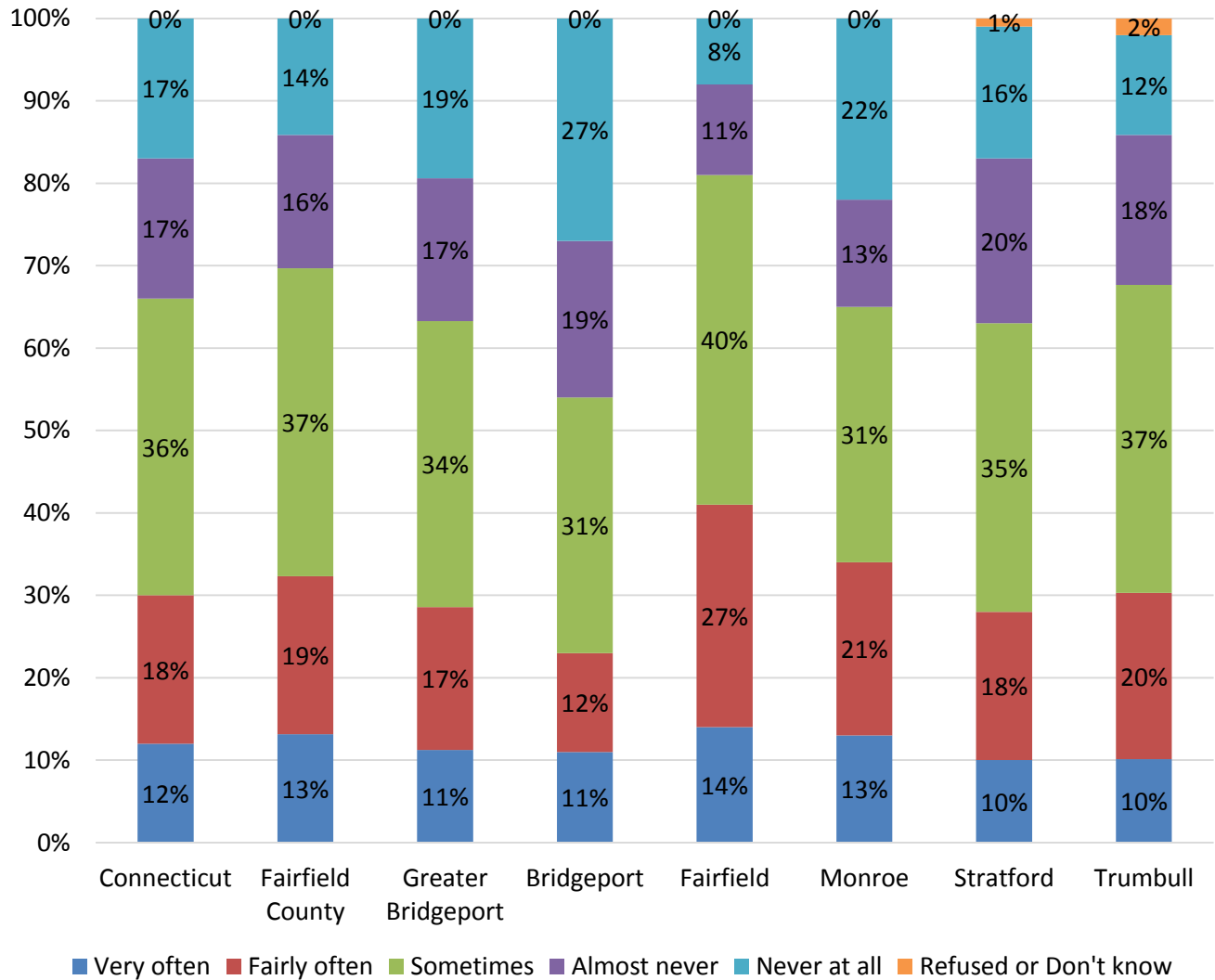
Q3F. The condition of public parks and other public recreational facilities



- Greater Bridgeport (71%) were in line with CT (73%) and Fairfield County (76%)
- Only half of Bridgeport (54%) were satisfied
- Fairfield (93%), Monroe (93%) and Trumbull (92%) were highly satisfied

Recreational Activities

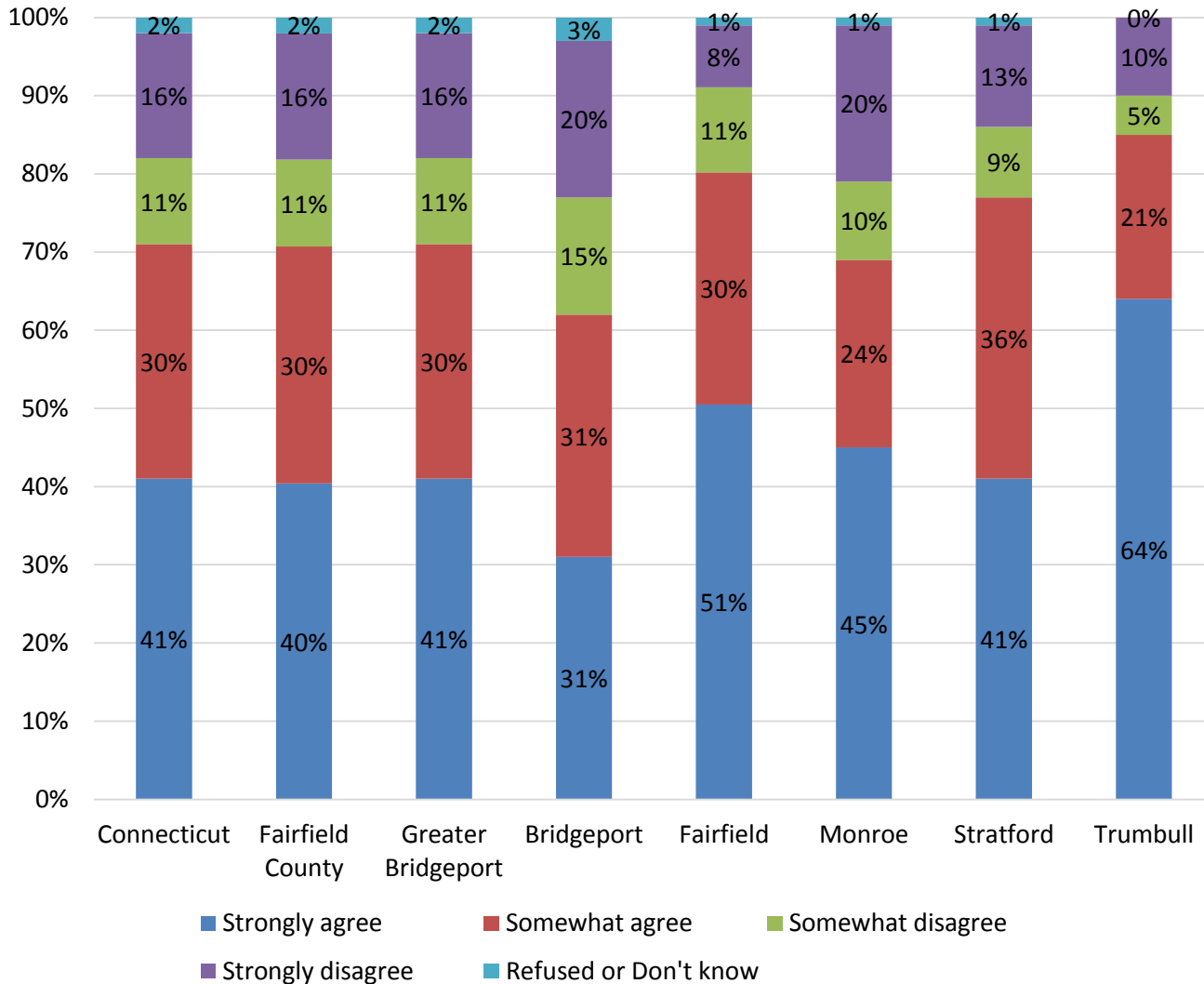
Q7. During the past 12 months, how often have you utilized arts and cultural resources within the area, such as concerts, museums or cultural events?



- Greater Bridgeport (28%) was similar to CT (30%) for very often and fairly often use
- Only 23% of Bridgeport used resources
- 41% of Fairfield used resources and when the category of sometimes was added then Fairfield was 81% and significantly above other towns

Recreational Activities

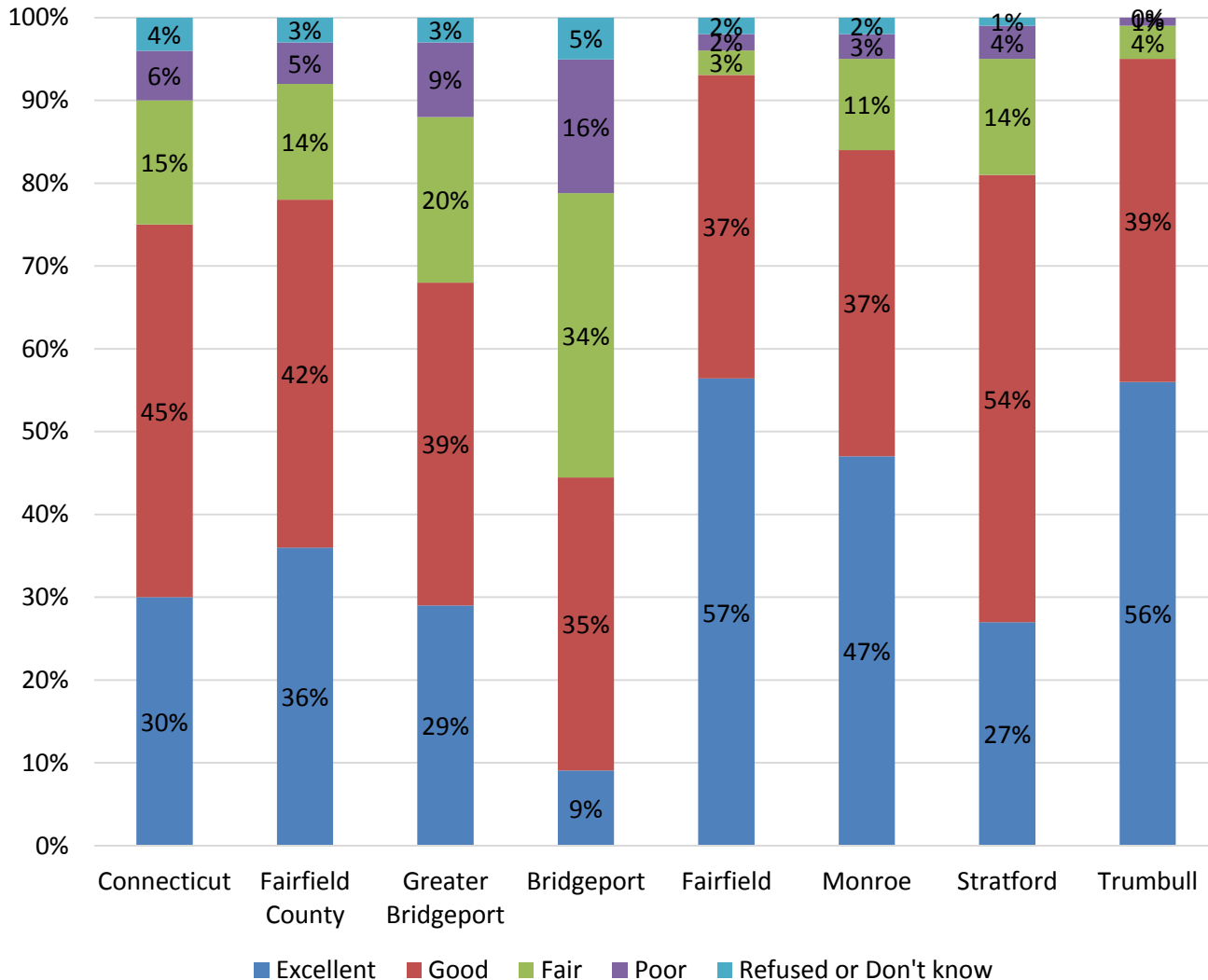
Q16D. My neighborhood has several free or low cost recreation facilities such as parks, playgrounds, public swimming pools, etc.



- Greater Bridgeport (71%), CT (71%), Fairfield County (70%) and Monroe (69%) had similar responses
- Bridgeport (62%) was lower while all the other towns were higher than the CT and Fairfield County responses

Safety

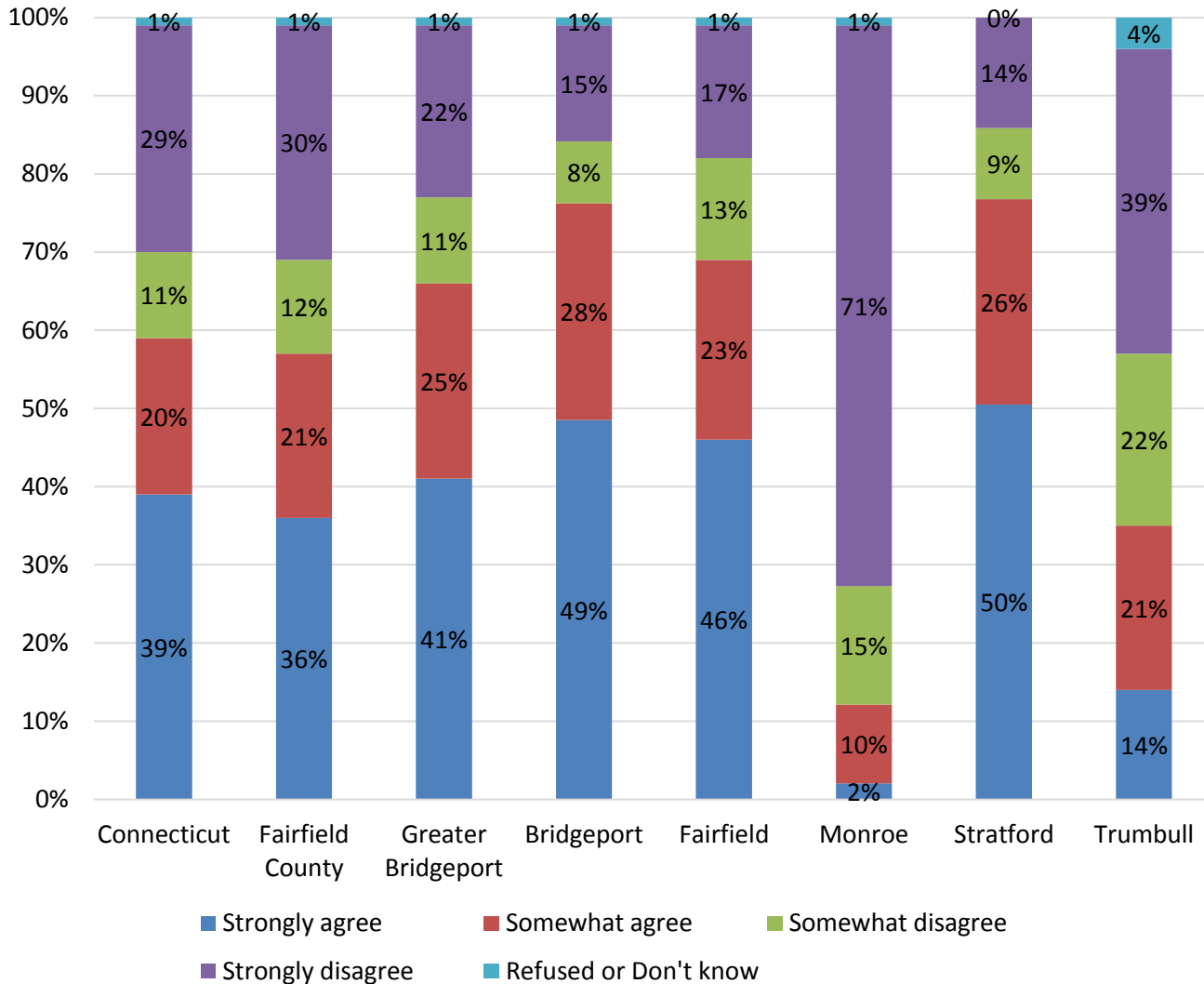
Q3C. The job done by the police to keep residents safe



- Overall, Greater Bridgeport (68%) were less satisfied with the police than CT (75%) or Fairfield County (79%) but that was due to Bridgeport
- Only 44% of Bridgeport rated the police as excellent or good
- In comparison, the other town responses ranged from 81% to 95%

Safety

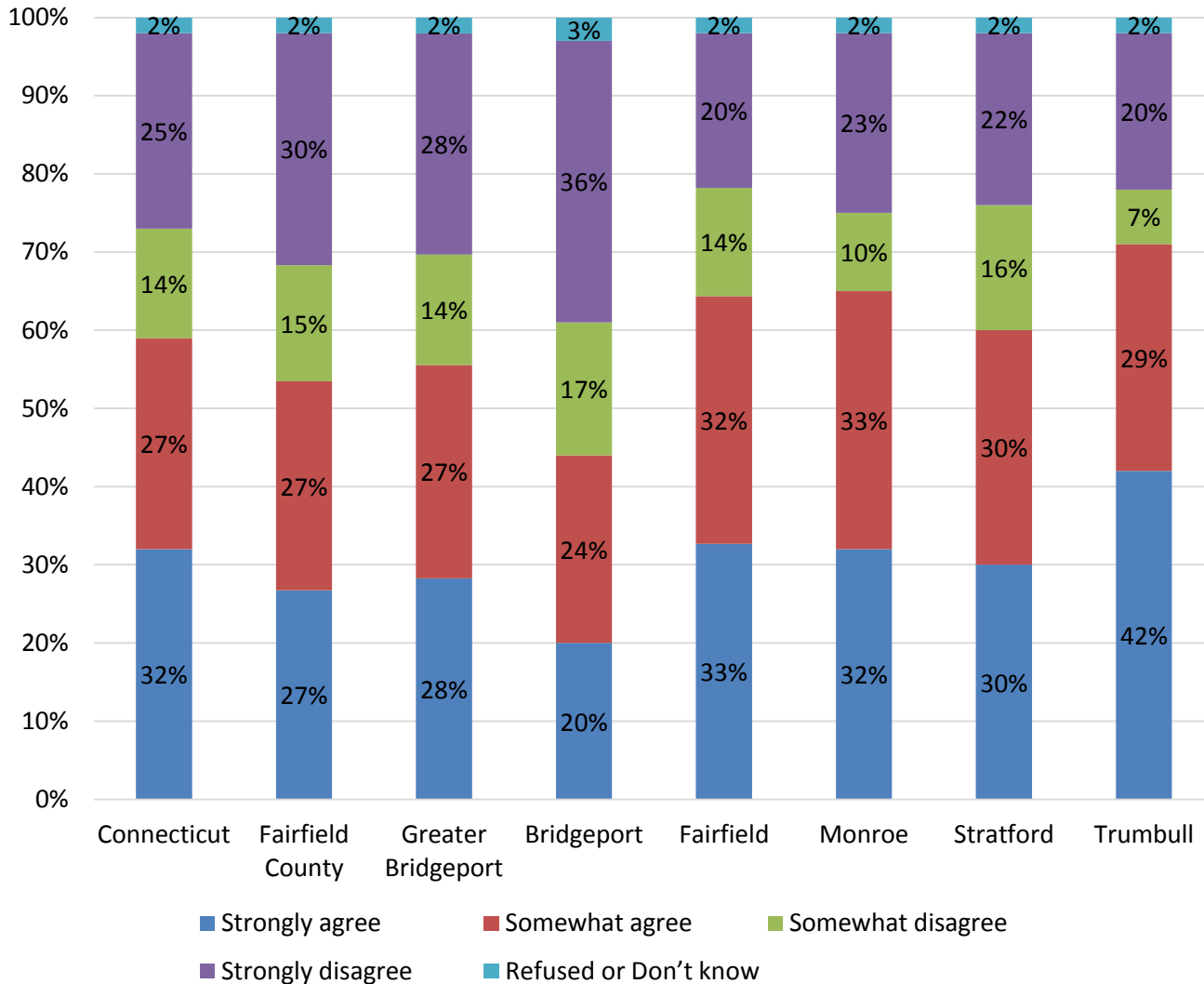
Q16B. There are safe sidewalks and crosswalks on most of the streets in my neighborhood



- Greater Bridgeport (66%) strongly or somewhat agreed which was higher than CT (59%) or Fairfield County (57%)
- Bridgeport ((77%) and Stratford (76%) had higher scores than other towns
- Monroe (12%) did not feel there were safe sidewalks and crosswalks

Safety

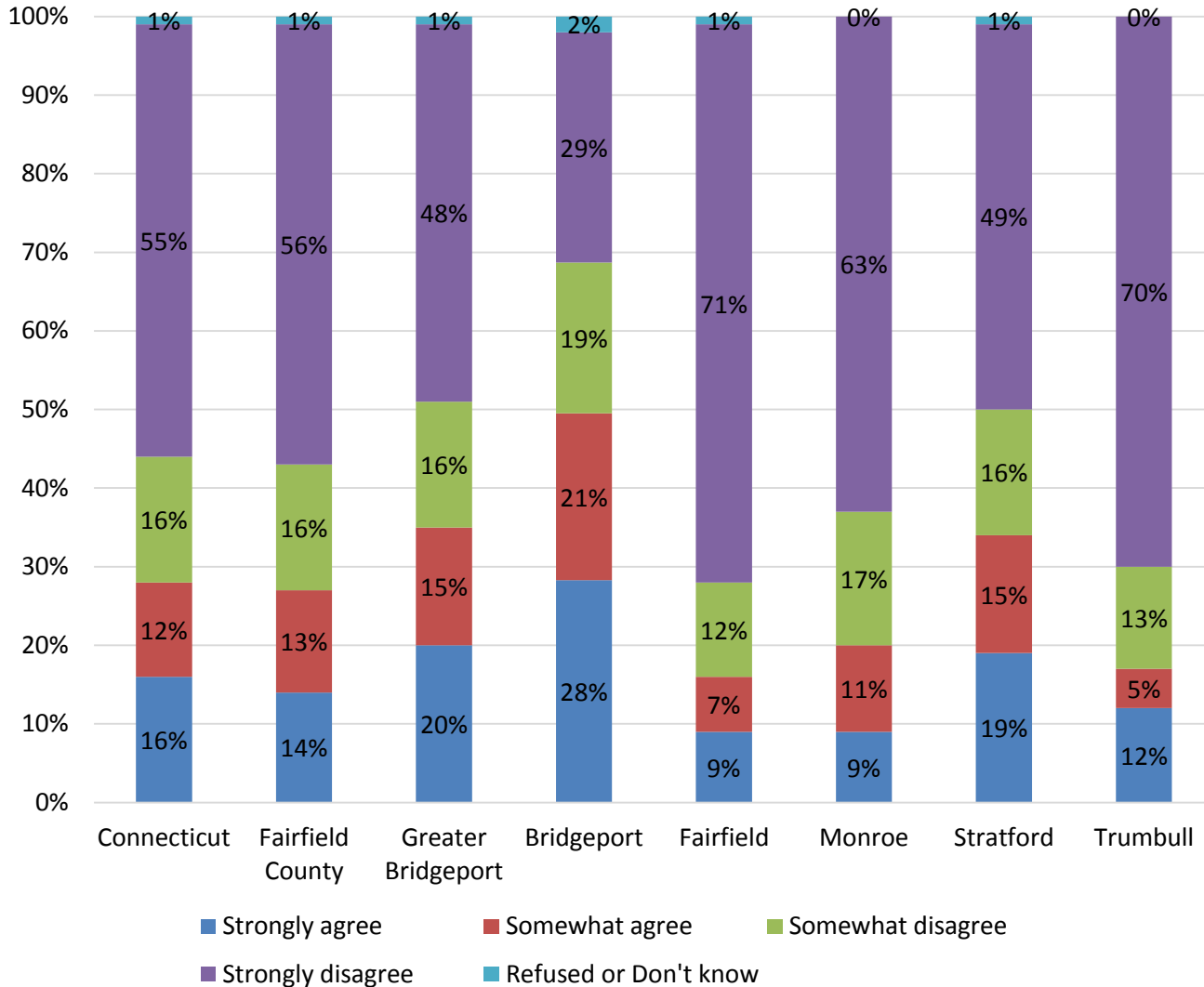
Q16C. There are places to bicycle in or near my neighborhood that are safe from traffic, such as on the street or on special lanes, separate paths or trails.



- Greater Bridgeport (55%), CT (59%) and Fairfield County (54%) had similar responses
- Bridgeport (44%) were lower while all the other towns were higher than the CT and Fairfield County responses

Safety

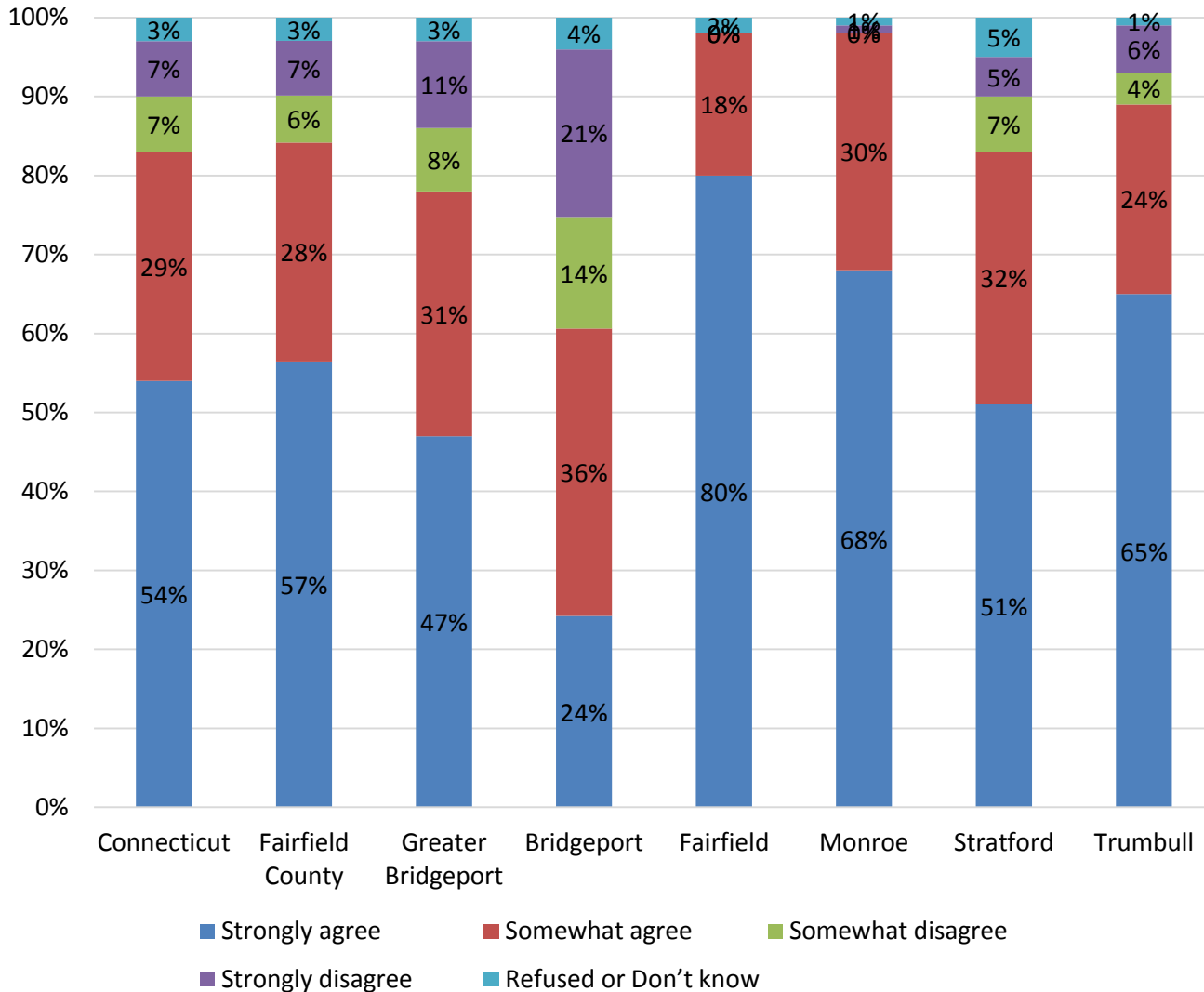
Q16E: I do not feel safe to go on walks in my neighborhood at night



- Slightly more than one quarter (28%) of CT does not feel safe at night in their neighborhood
- Almost a third (35%) of Greater Bridgeport do not feel safe in their neighborhoods at night
- Approximately half (49%) of Bridgeport do not feel safe during the night in their neighborhood

Safety

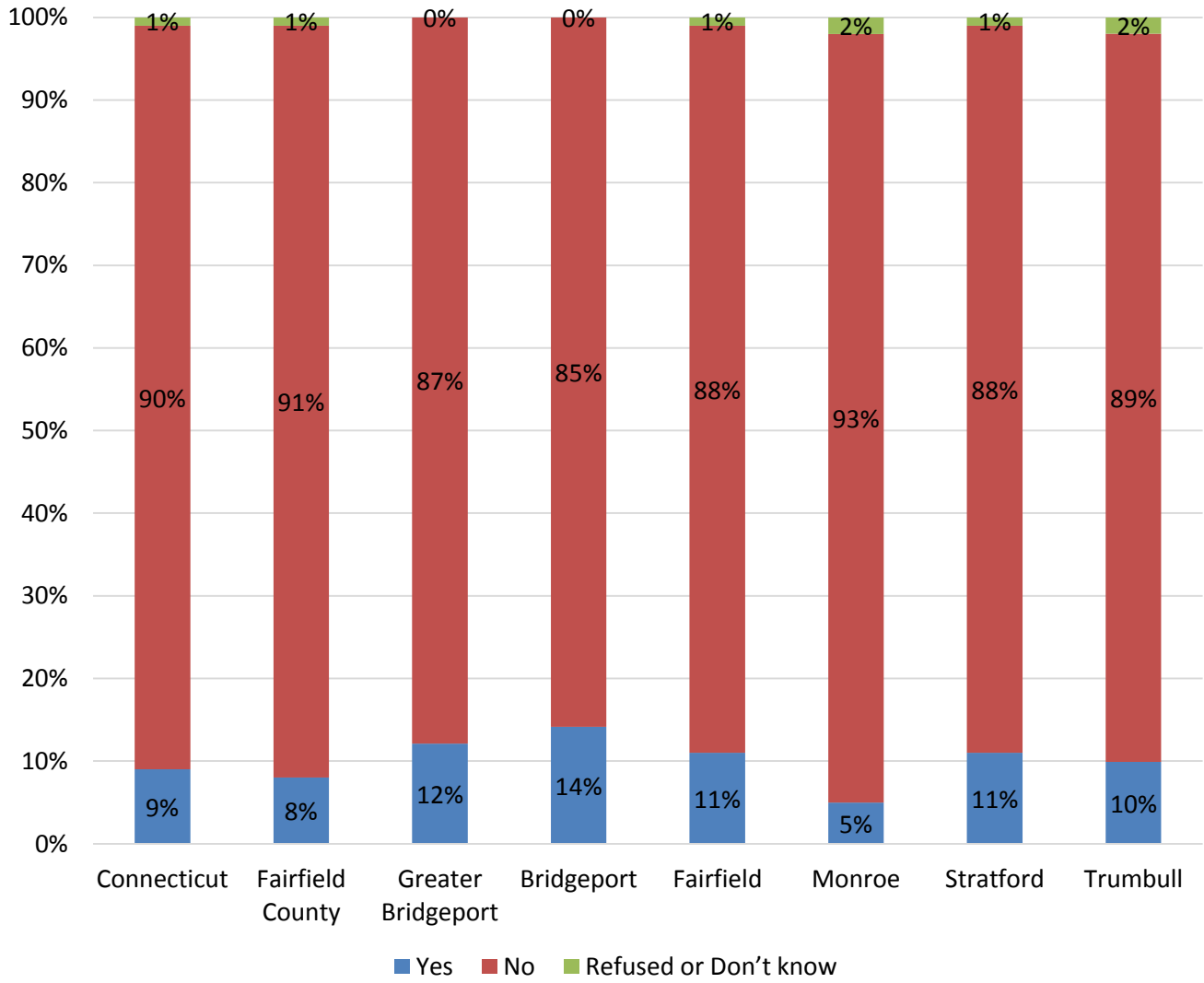
Q16F: People in this neighborhood can be trusted



- The majority (83%) of CT trust their neighbors
- Slightly less (79%) of Greater Bridgeport trust their neighbors
- The vast majority of Fairfield (98%) and Monroe (98%) trust their neighbors
- Only 60% of Bridgeport trust their neighbors

Safety

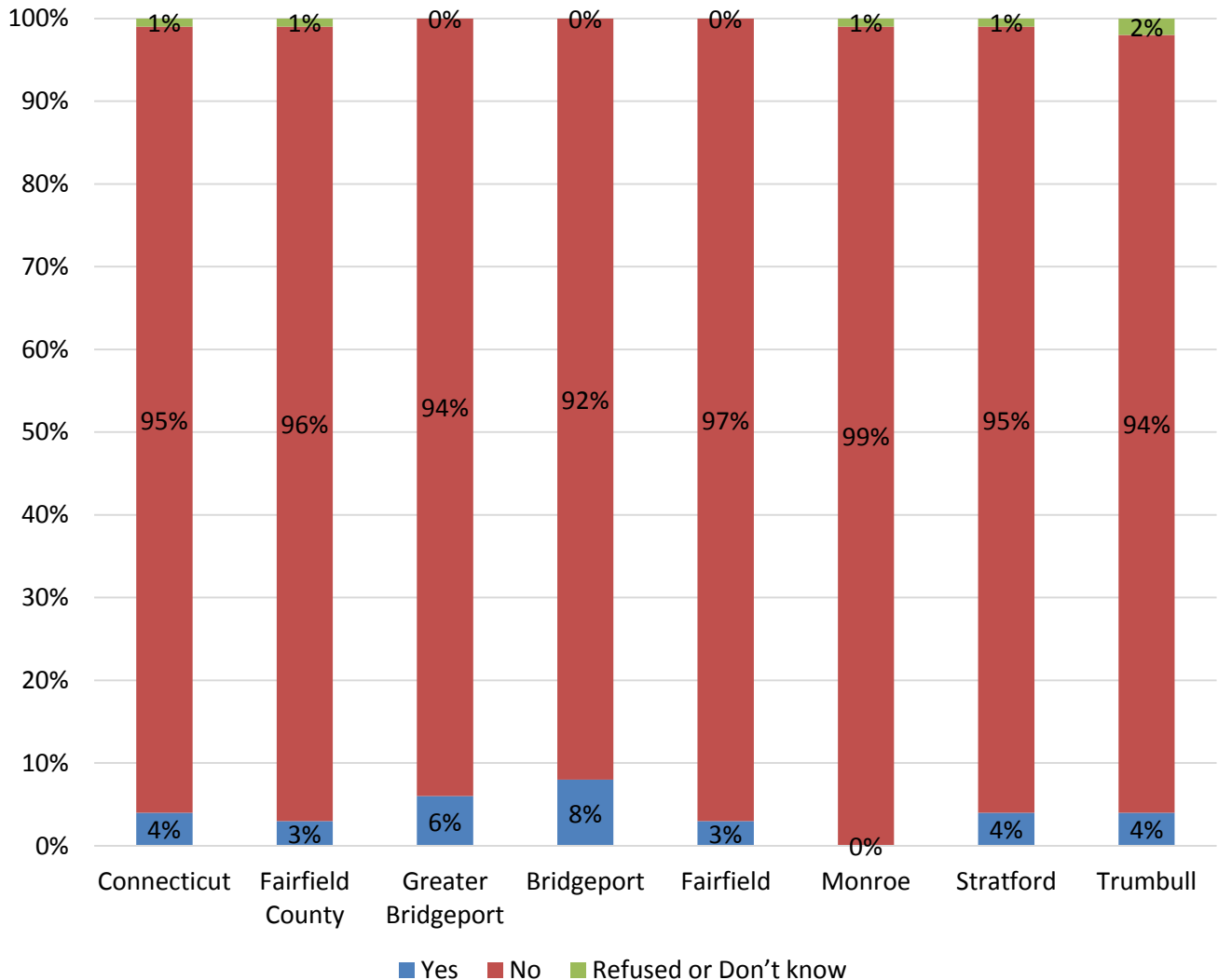
Q70: In the past 12 months, have you had anyone deliberately vandalize, try to steal, or steal any property that you own, or anyone attempt to break into your home?



- Greater Bridgeport (12%) was slightly higher than CT (9%)
- Bridgeport (14%) had the highest reported amount of vandalism or other issues
- Monroe (5%) had the least reported amount of vandalism or other issues

Safety

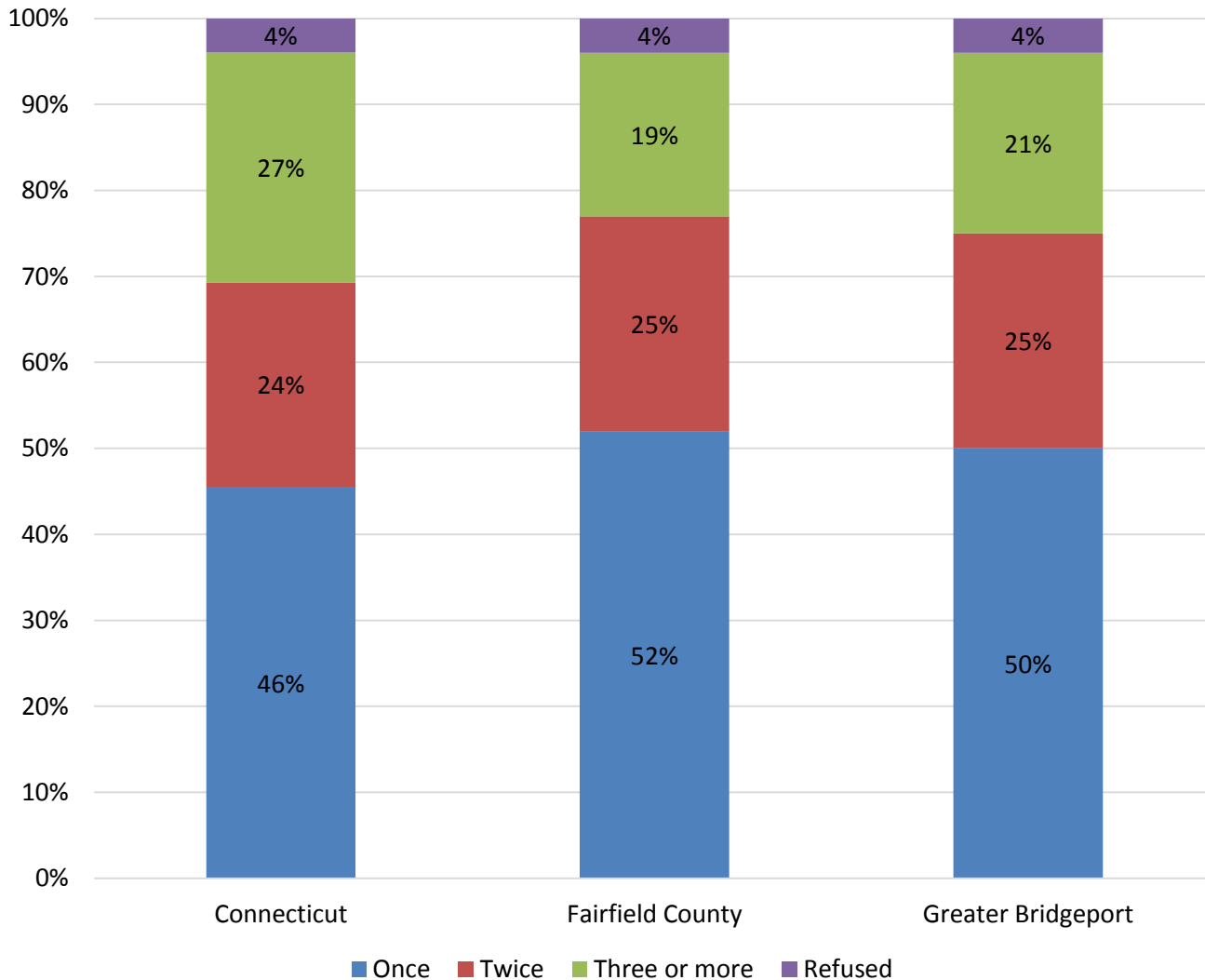
Q71. In the past 12 months, have you had an experience in which someone attacked you, tried to take something from you by force, or physically threatened you?



- 8% of Bridgeport had experienced personal safety issues, twice as much or more than other areas except Greater Bridgeport (6%) which included Bridgeport results

Safety

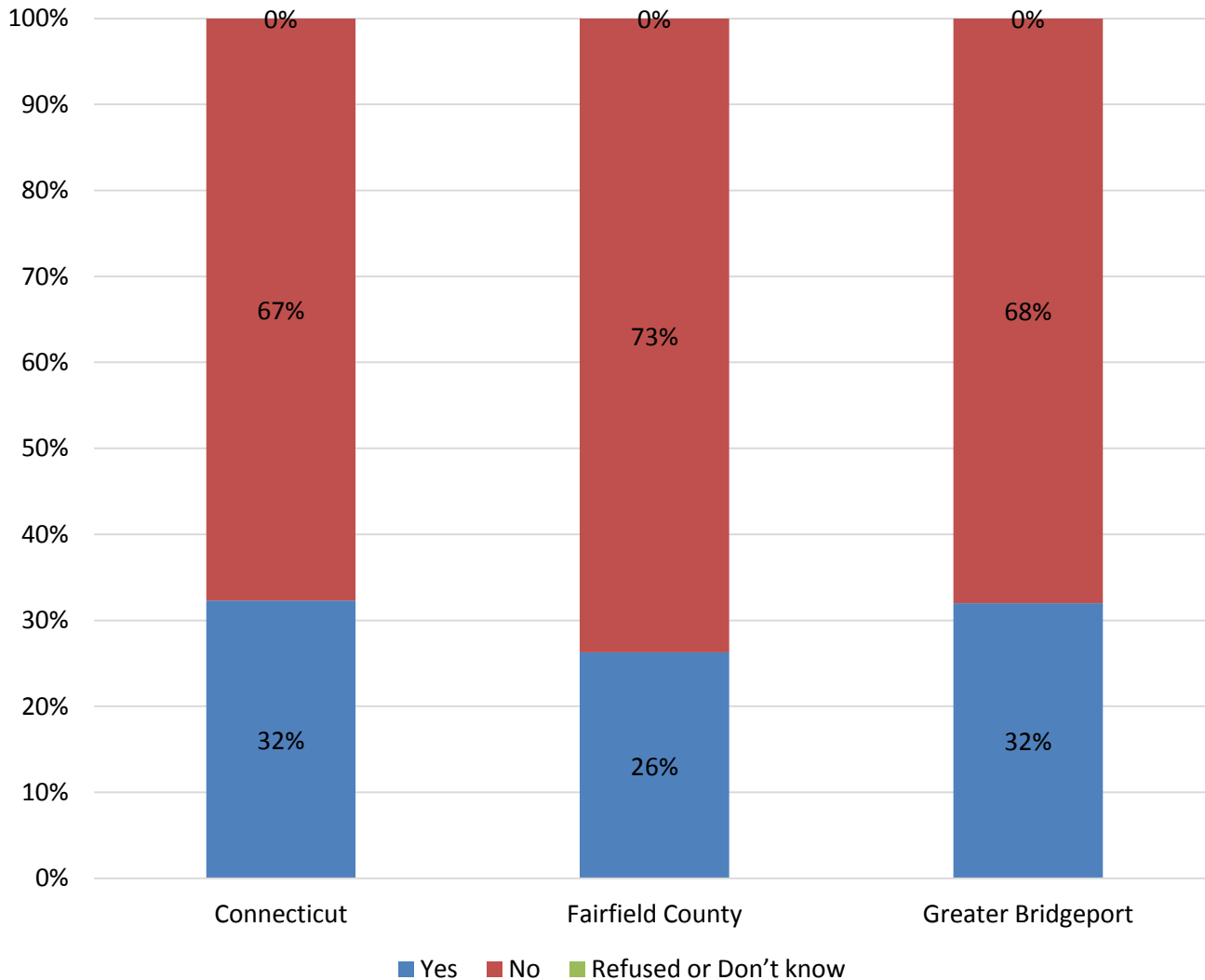
Q72. (If attacked in the past 12 months) How many times did this happen to you in the last 12 months?



- Greater Bridgeport (21%) was more than Fairfield County (19%) but less than CT (27%) for respondents experiencing issues three or more times in the past year
- Response rate by town too low to be statistically valid

Safety

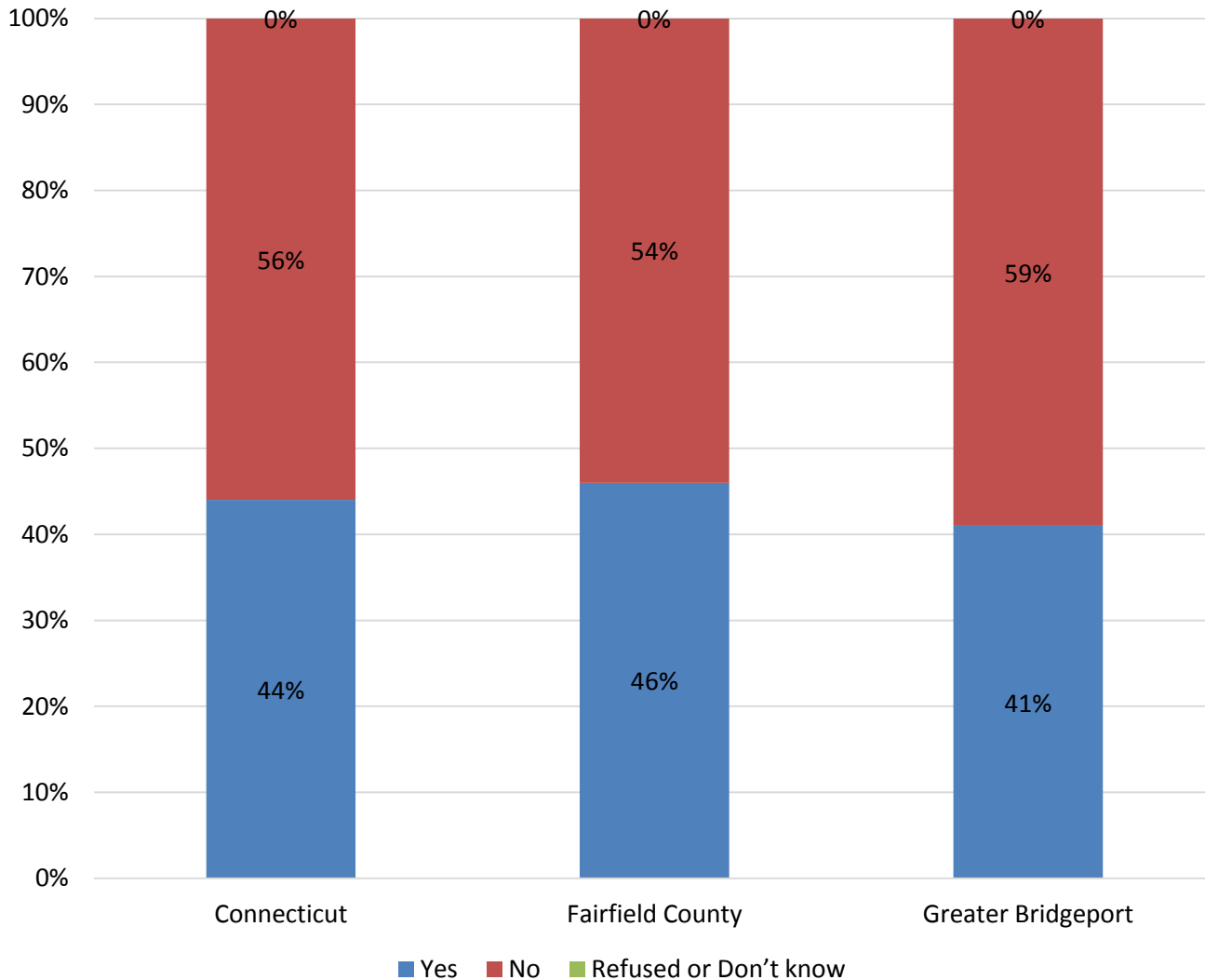
Q73. (If attacked in the past 12 months) Were you physically injured in any way?



- Two thirds of respondents in Greater Bridgeport and CT were injured while 73% of Fairfield County were injured
- Response rate by town too low to be statistically valid

Safety

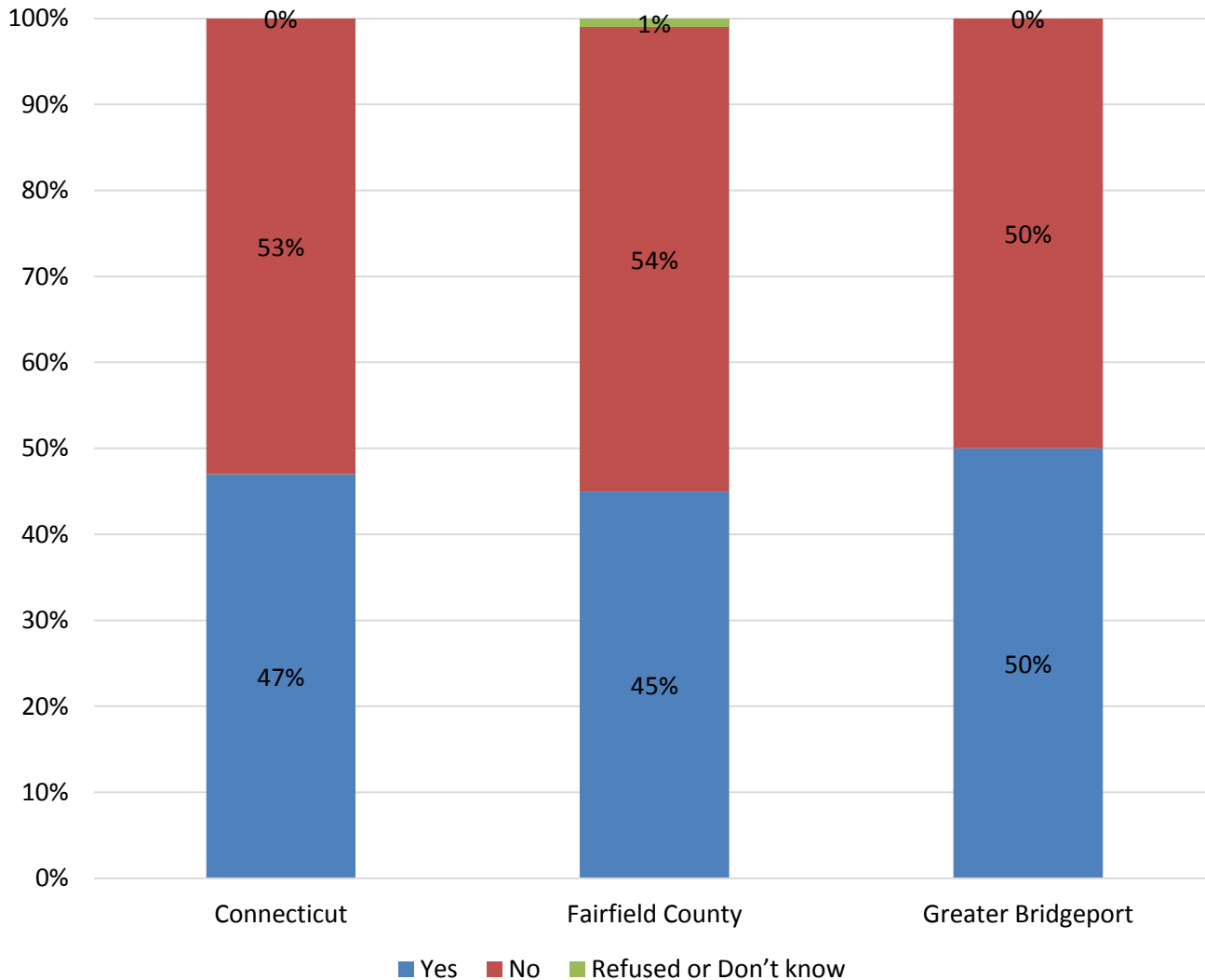
Q74. (If attacked in the past 12 months and injured) Did you receive medical attention from a doctor or nurse for any of these injuries?



- Bridgeport (59%) had a higher rate of not seeking medical attention compared to Fairfield County (54%) and CT (56%)
- Response rate by town too low to be statistically valid

Safety

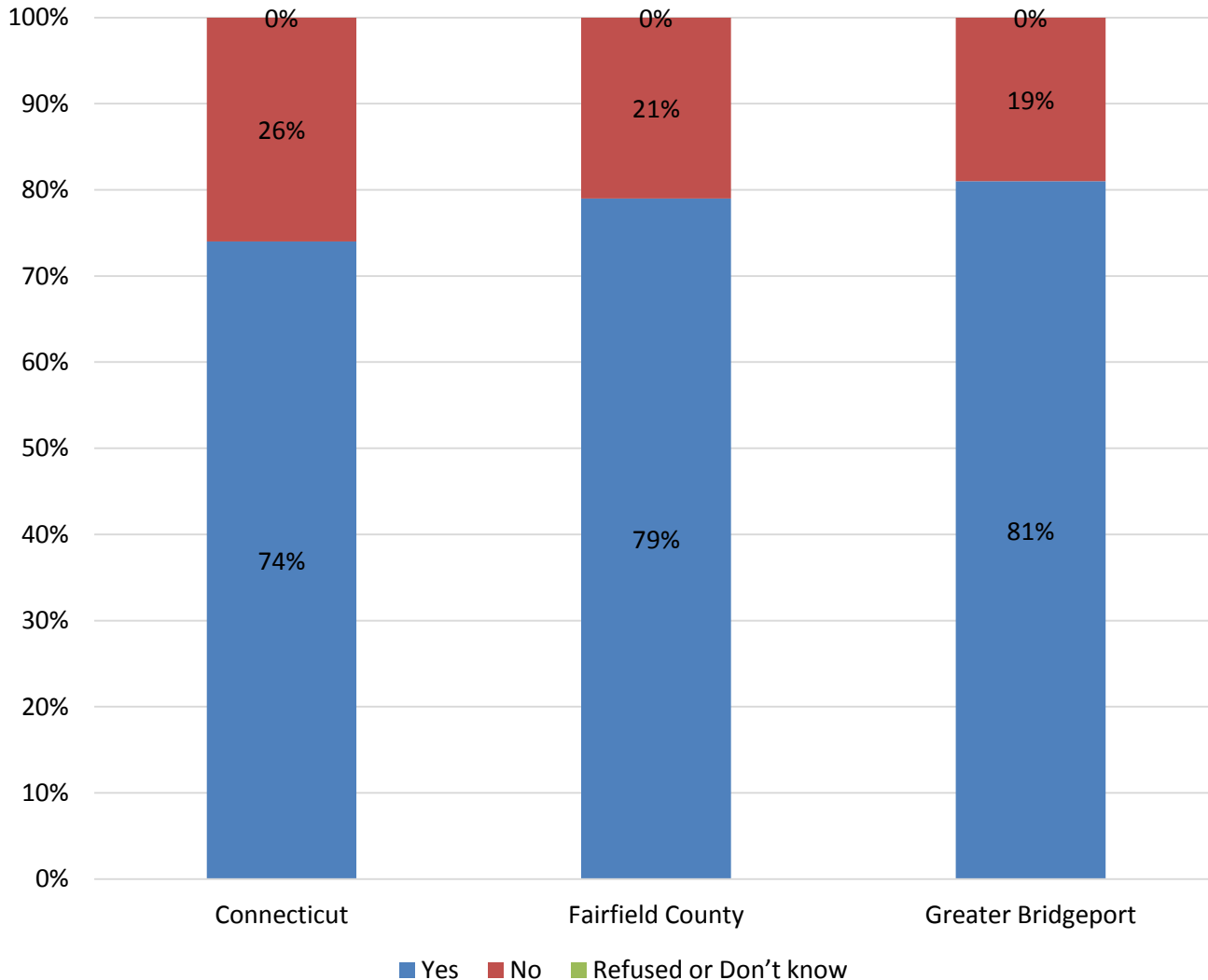
Q75. (If attacked in the past 12 months) Did it get reported to the police in any way?



- Greater Bridgeport (50%) reported personal safety issues to the police, more than Fairfield County (45%) and CT (47%)
- Response rate by town too low to be statistically valid

Safety

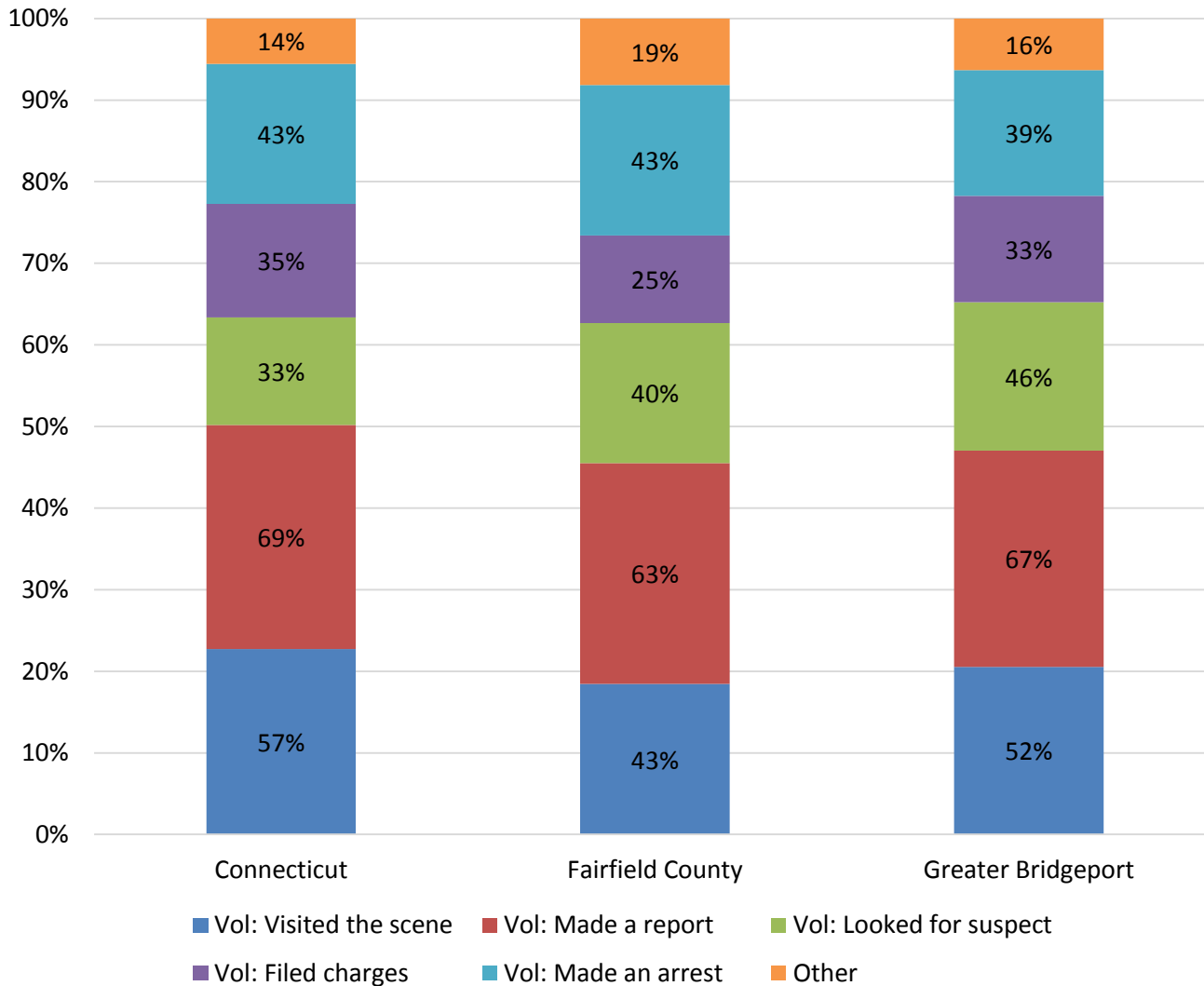
Q76. (If attacked in the past 12 months and reported to police) Did the police take any actions, such as visiting the scene, making a report, looking for a suspect, filing any charges, making an arrest, or other actions?



- Bridgeport (81%) felt the police took action more than Fairfield County (79%) and CT (74%)
- Response rate by town too low to be statistically valid

Safety

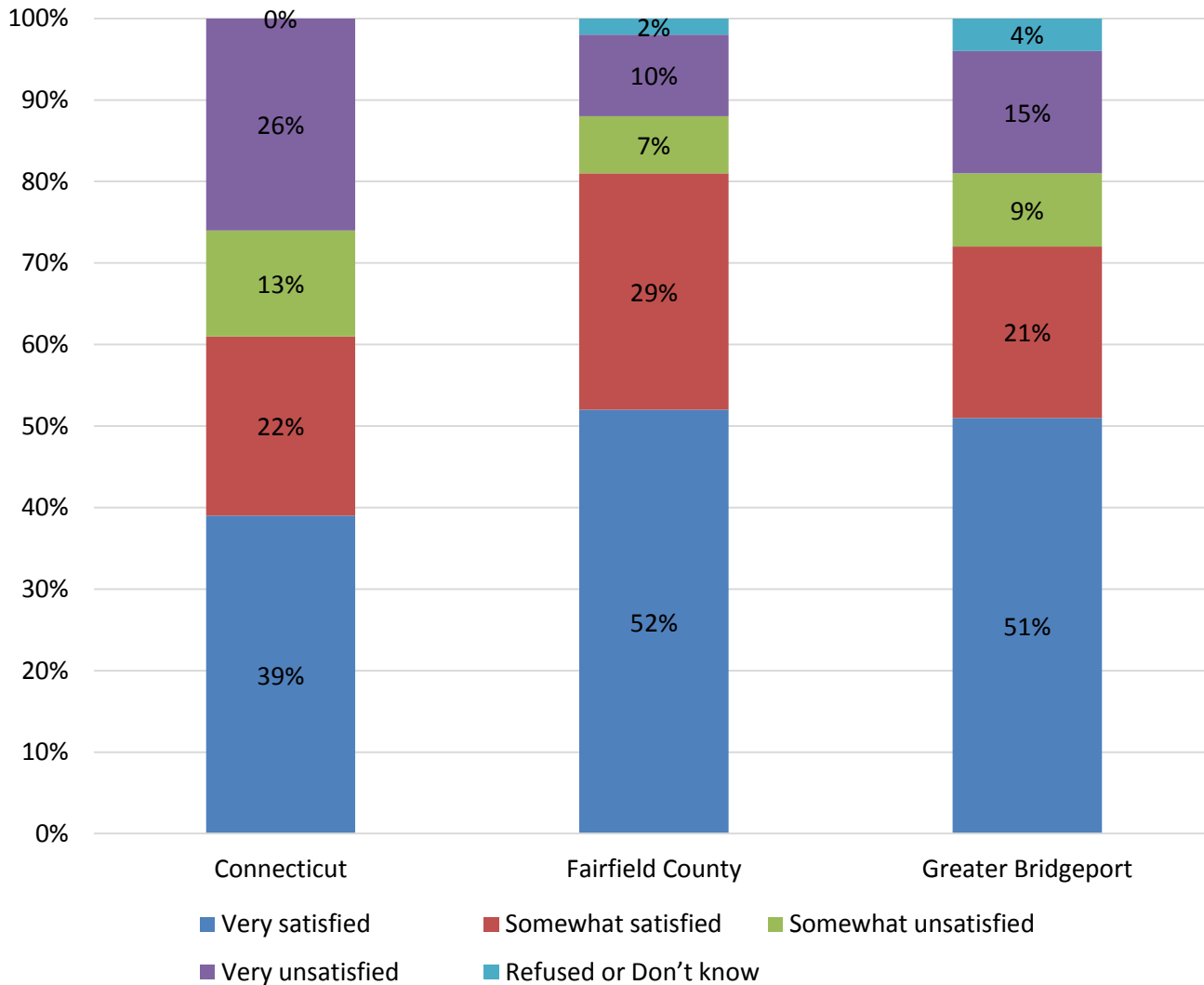
Q77. (If attacked in the past 12 months, reported to police and police to action(s)) What actions were taken?



- The most frequent police responses were a visit to the scene or a report
- Arrests were made less often in Bridgeport (39%) compared to Fairfield County (43%) and CT (43%)
- Multiple responses were given so totals do not equal 100%
- Response rate by town too low to be statistically valid

Safety

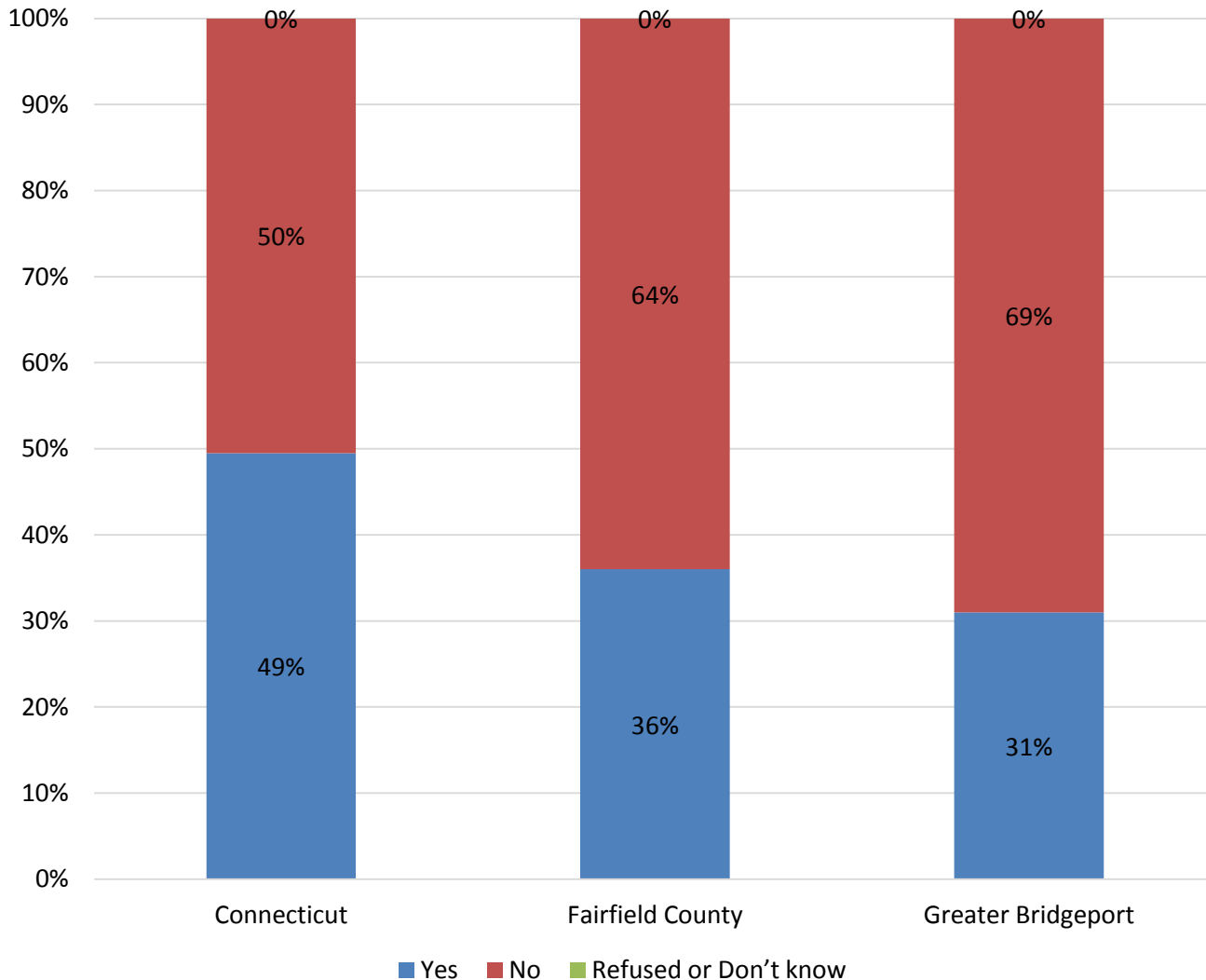
Q78. (If attacked in the past 12 months, reported to police and police took action(s)) How satisfied were you with the actions that the police took?



- About half of Fairfield County (52%) and Bridgeport (51%) were very satisfied while 39% of CT was very satisfied
- Response rate by town too low to be statistically valid

Safety

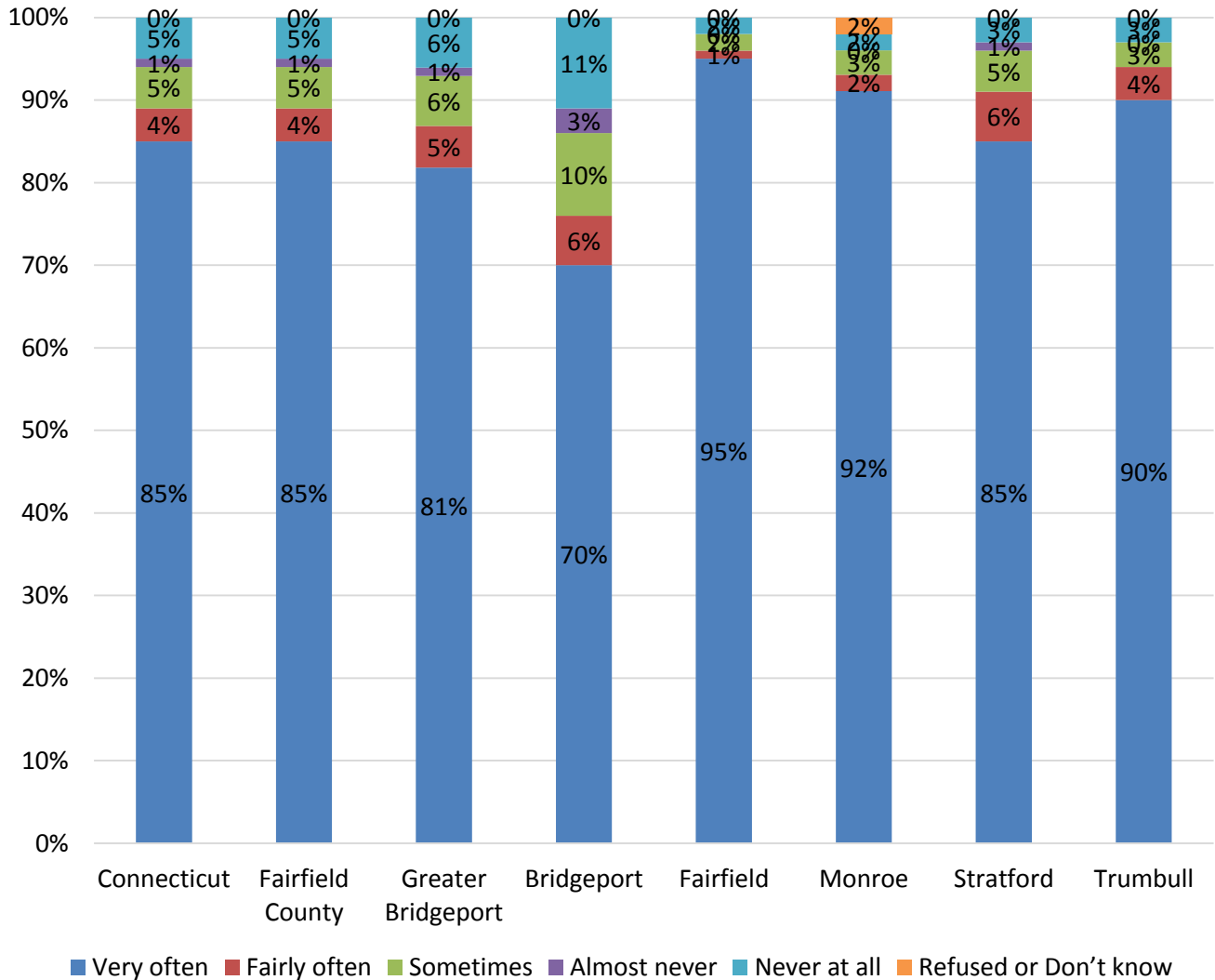
Q79. (If attacked in the past 12 months) Thinking of any of the experiences in which you were attacked or threatened, did any of them involve someone that you know or work with?



- About half of CT (49%) events involved someone known by or a co-worker of the respondent compared to only 36% for Fairfield County and 31% for Greater Bridgeport
- Response rate by town too low to be statistically valid

Transportation

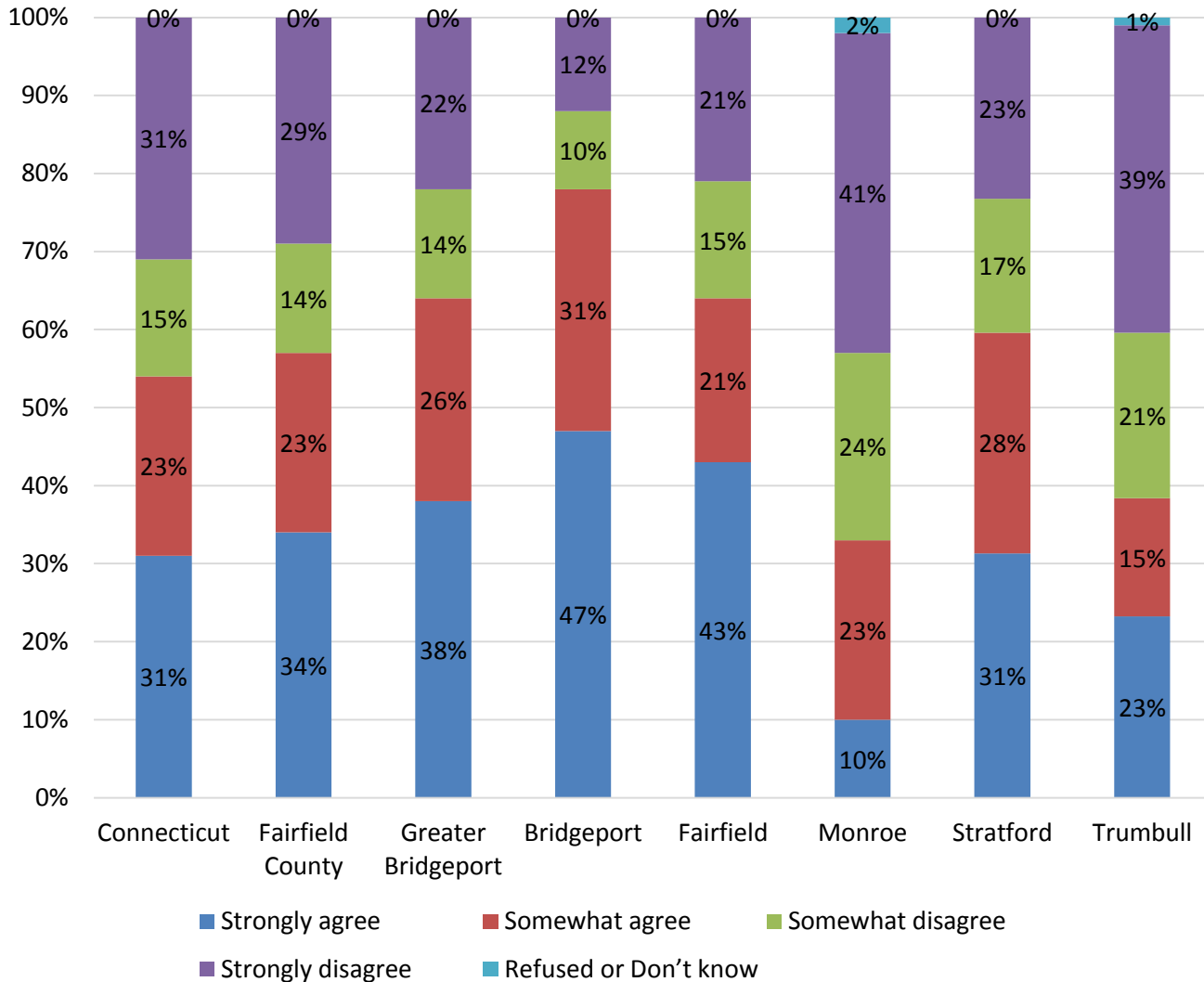
Q8. Do you have access to a car when you need it?



- Fairfield (95%), Monroe (92%) and Trumbull (90%) surpassed Greater Bridgeport, CT and Fairfield County in “very often” car access
- Only 70% of Bridgeport had access very often and 11% had no access to a car

Transportation

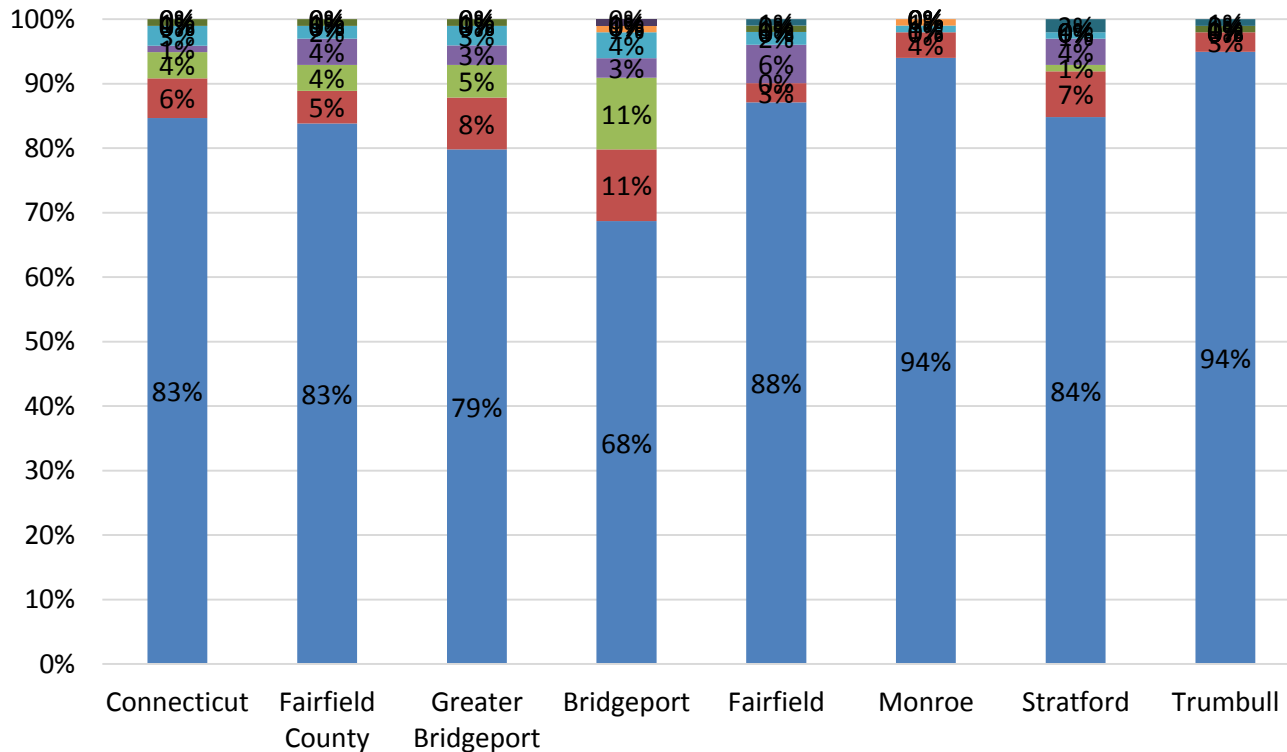
Q16A. Many stores, banks, markets or places to go are within easy walking distance of my home.



- Greater Bridgeport (64%) strongly or somewhat agreed which was higher than CT (54%) or Fairfield County (57%)
- Bridgeport is the most urban setting of the Greater Bridgeport towns and this is reflected in Bridgeport (78%) higher scores than other towns

Transportation

Q57. What is your primary means of transportation to work, school, or the place where you spend most of your time outside of home?

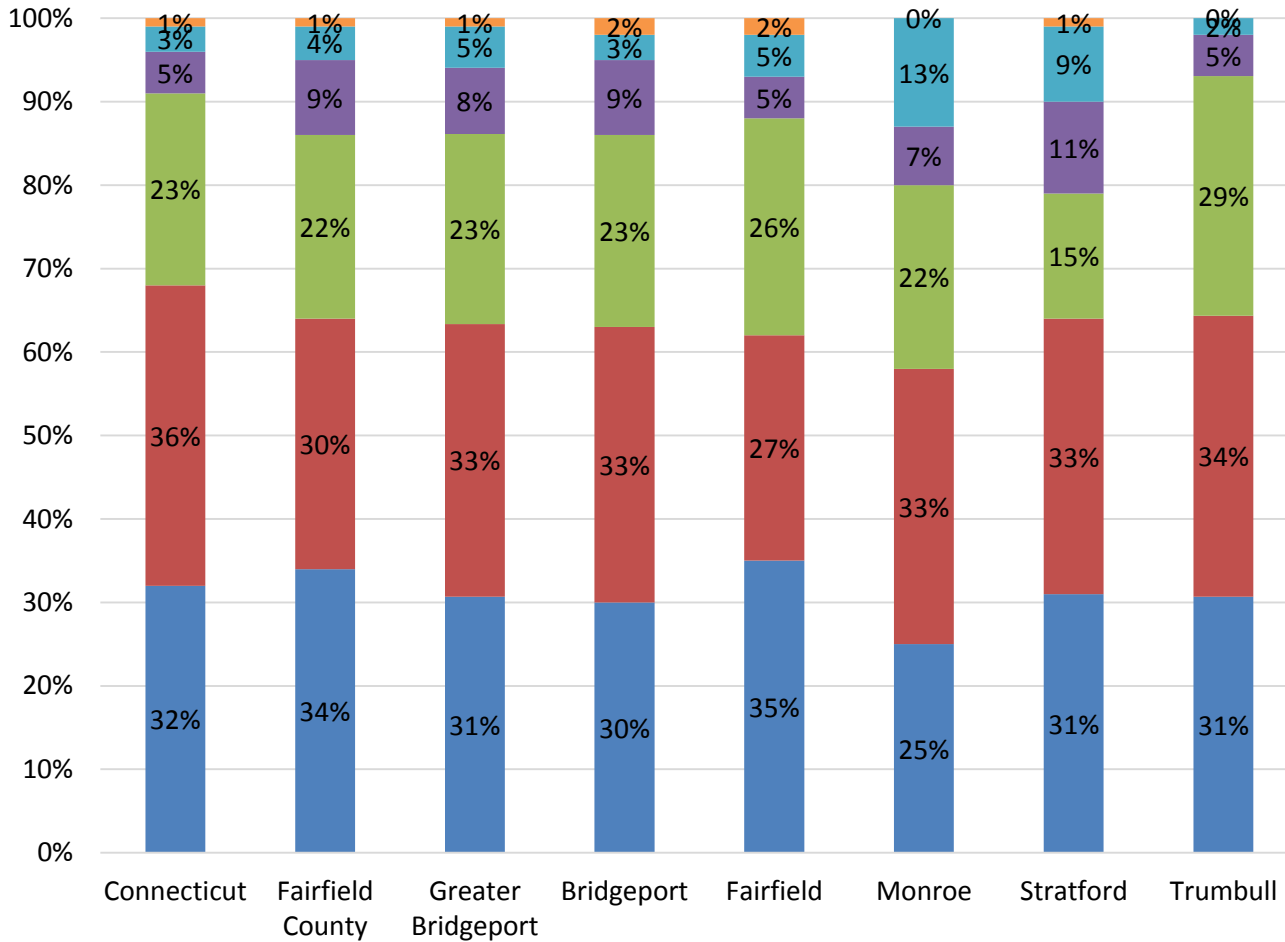


- The majority of respondents drive themselves
- Bridgeport had the highest use of public bus transportation (11%), sharing rides with others (11%) and walking (4%)

- Drive myself
- Public bus system
- Walk
- Take a taxi
- Vol: Other
- Refused or Don't know
- Get a ride with friends or family
- Train or railroad
- Bicycle
- Vol: Ride paratransit
- Vol: I took no trips last month/Homebound

Transportation

Q58. (If had paid job in last 30 days) How many minutes does it usually take to get from home to work one way?

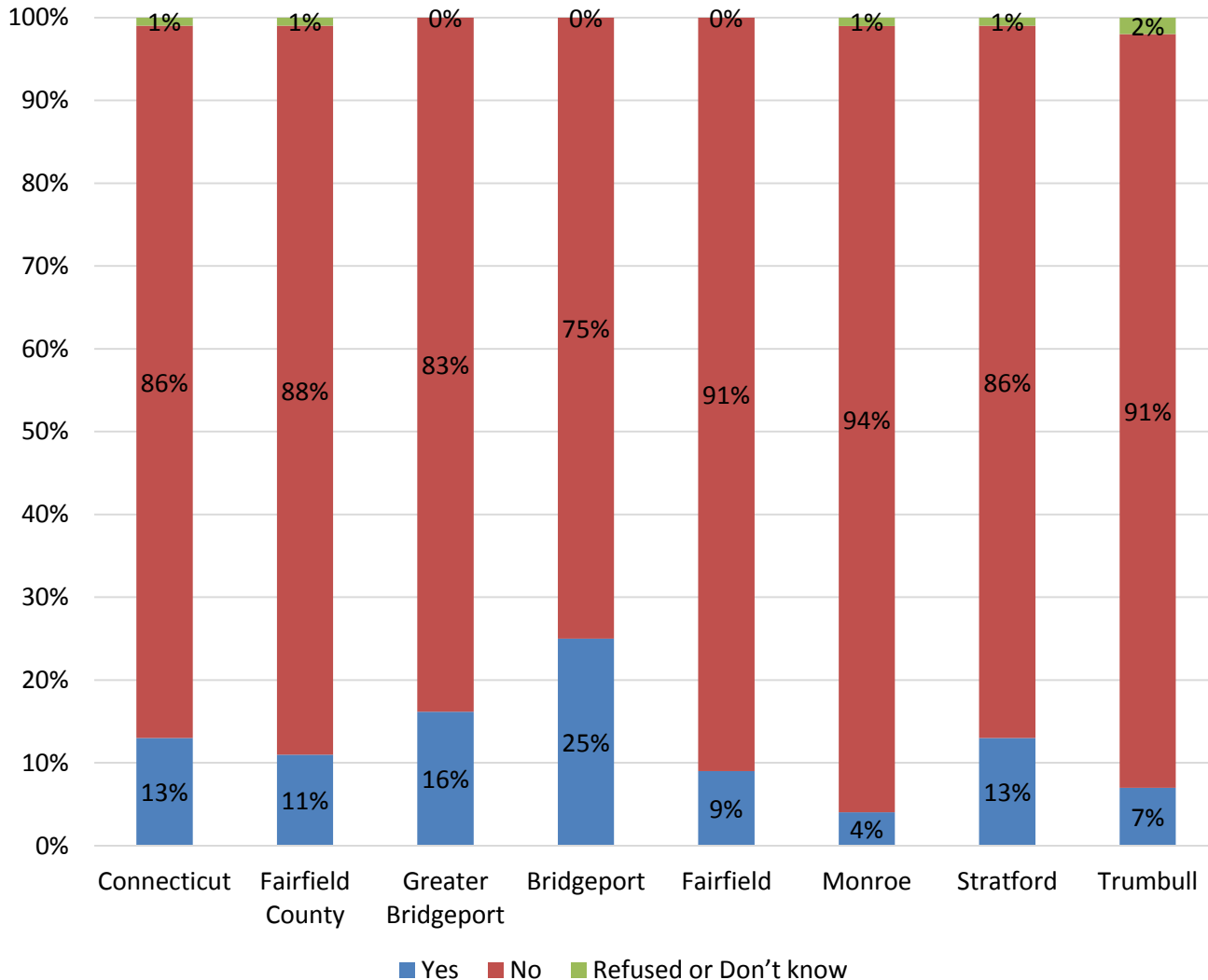


- Between a quarter and a third of respondents had a commute of less than 15 minutes
- The majority had a commute of less than a half hour ranging from 58% for Monroe and 68% for CT

■ Less than 15 minutes
 ■ 15 to 29 minutes
 ■ 30 to 59 minutes
■ 60 to 89 minutes
 ■ 90 minutes or more
 ■ Refused

Transportation

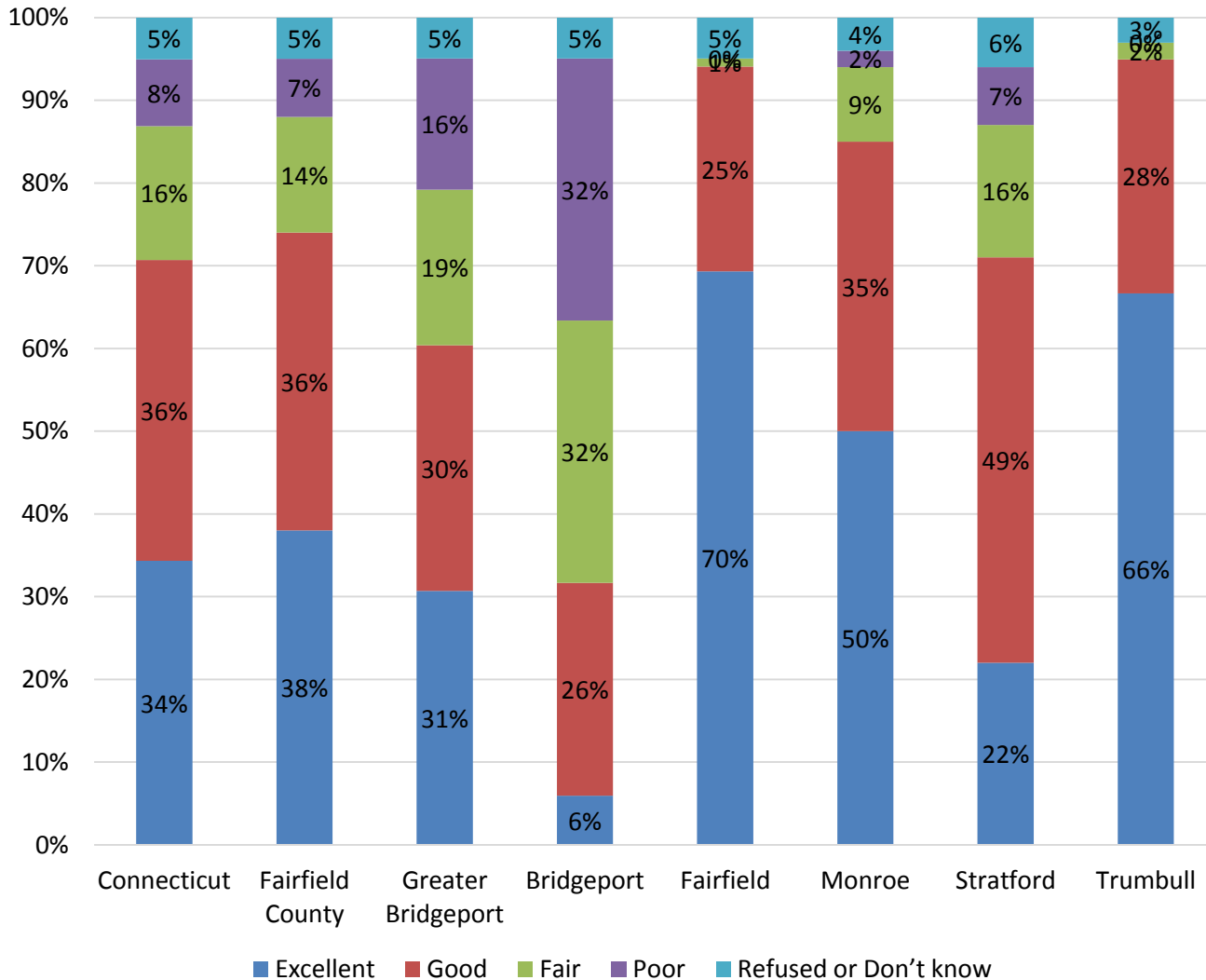
Q67. In the past 12 months, did you stay home when you needed or wanted to go someplace because you had no access to reliable transportation?



- Approximately one quarter (25%) of Bridgeport stayed home due to lack of transportation, higher than the other areas or towns
- Monroe (4%) had the lowest rate

Child Development

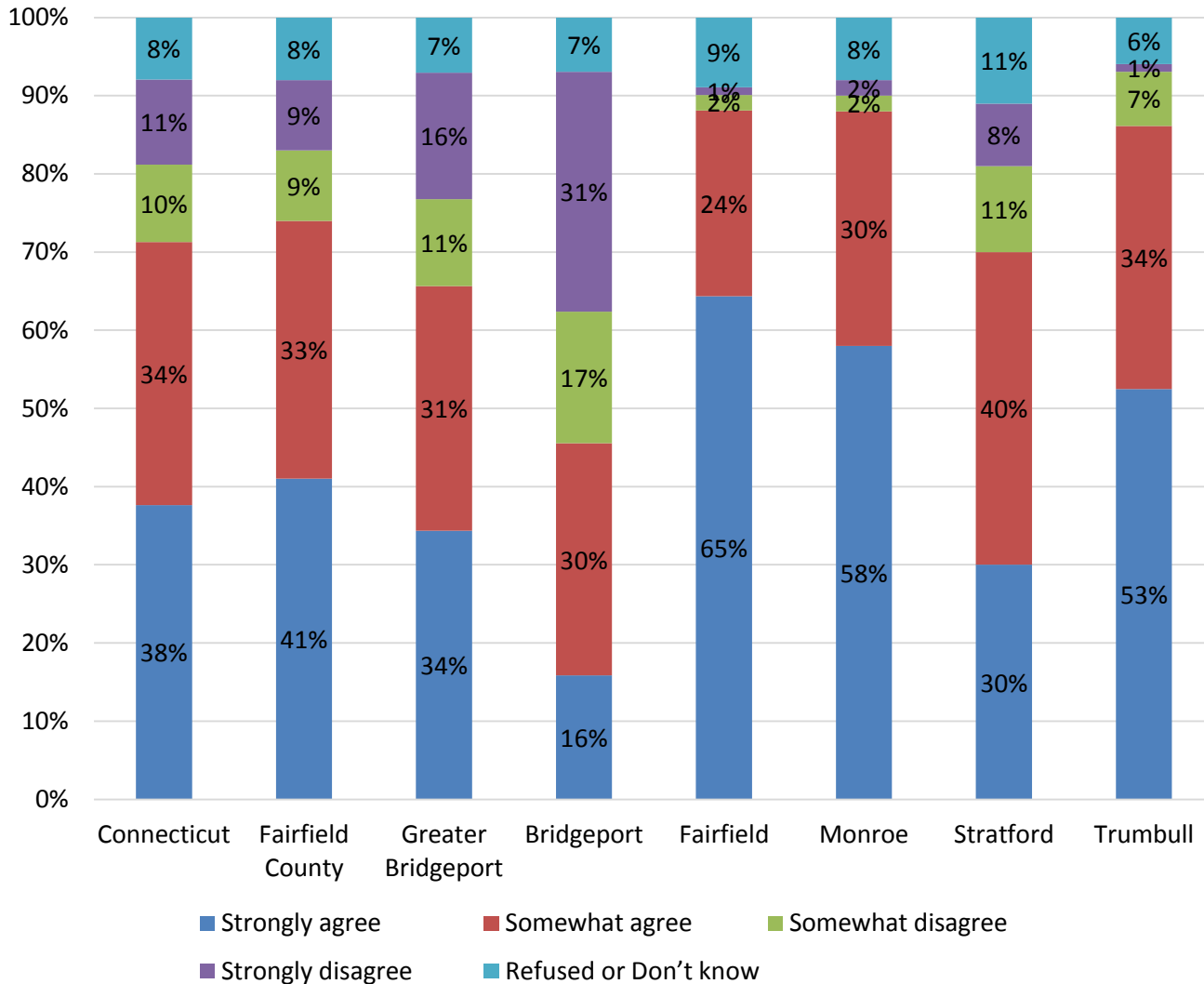
Q3E. As a place to raise children



- Greater Bridgeport (61%) had excellent or good responses which is slightly less than CT (70%) and Fairfield County (74%)
- Only a third of Bridgeport (32%) were satisfied while Fairfield (95%) and Trumbull (94%) were highly satisfied

Child Development

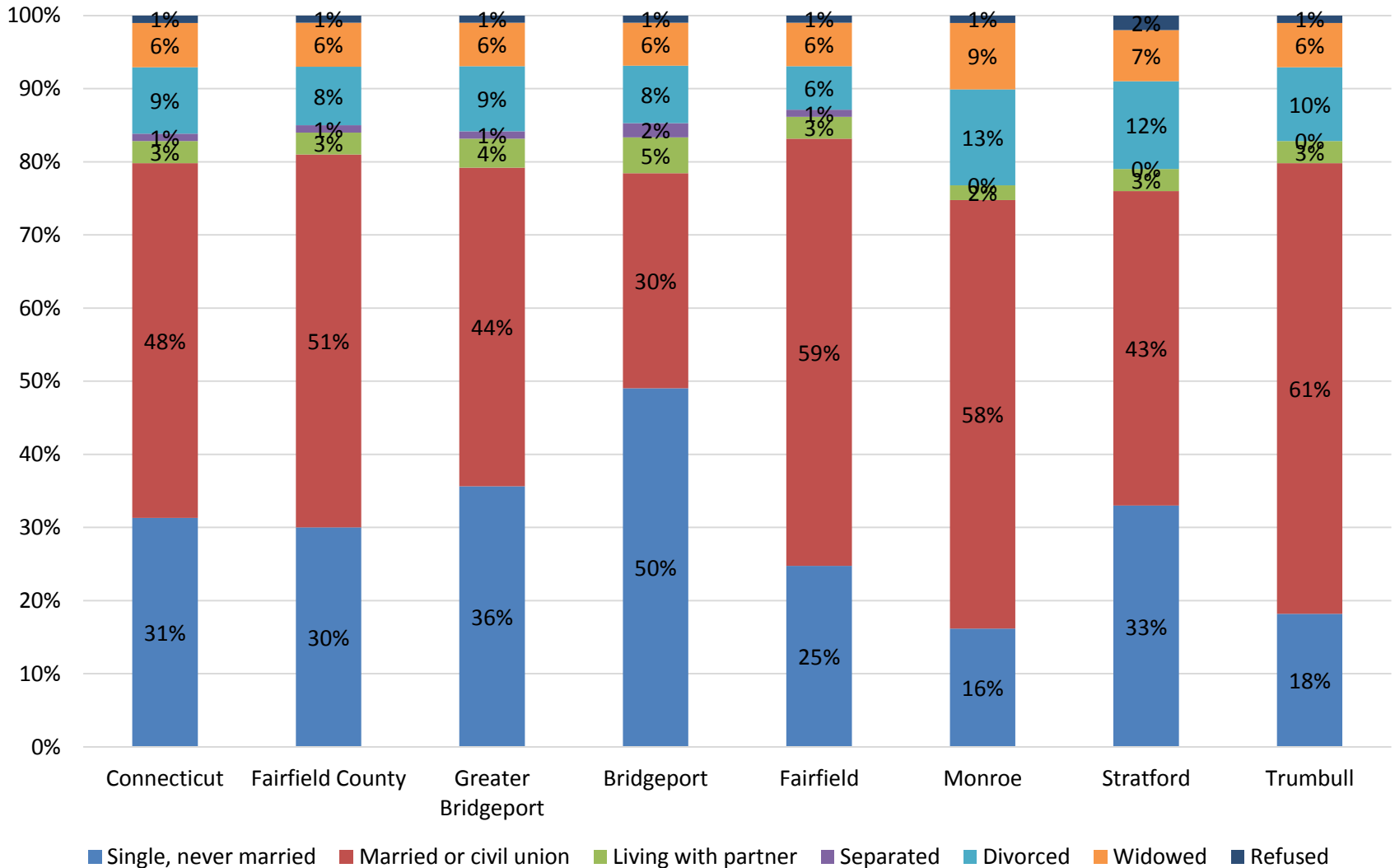
Q16G. Children and youth generally have the positive role models they need



- Approximately three quarters of CT (72%) and Fairfield County (75%) strongly or somewhat agree there are role models
- Slightly less (65%) of Greater Bridgeport agree
- Bridgeport (46%) agreed the least while Fairfield (89%), Monroe (88%) and Trumbull (87%) had higher responses than CT and Fairfield County

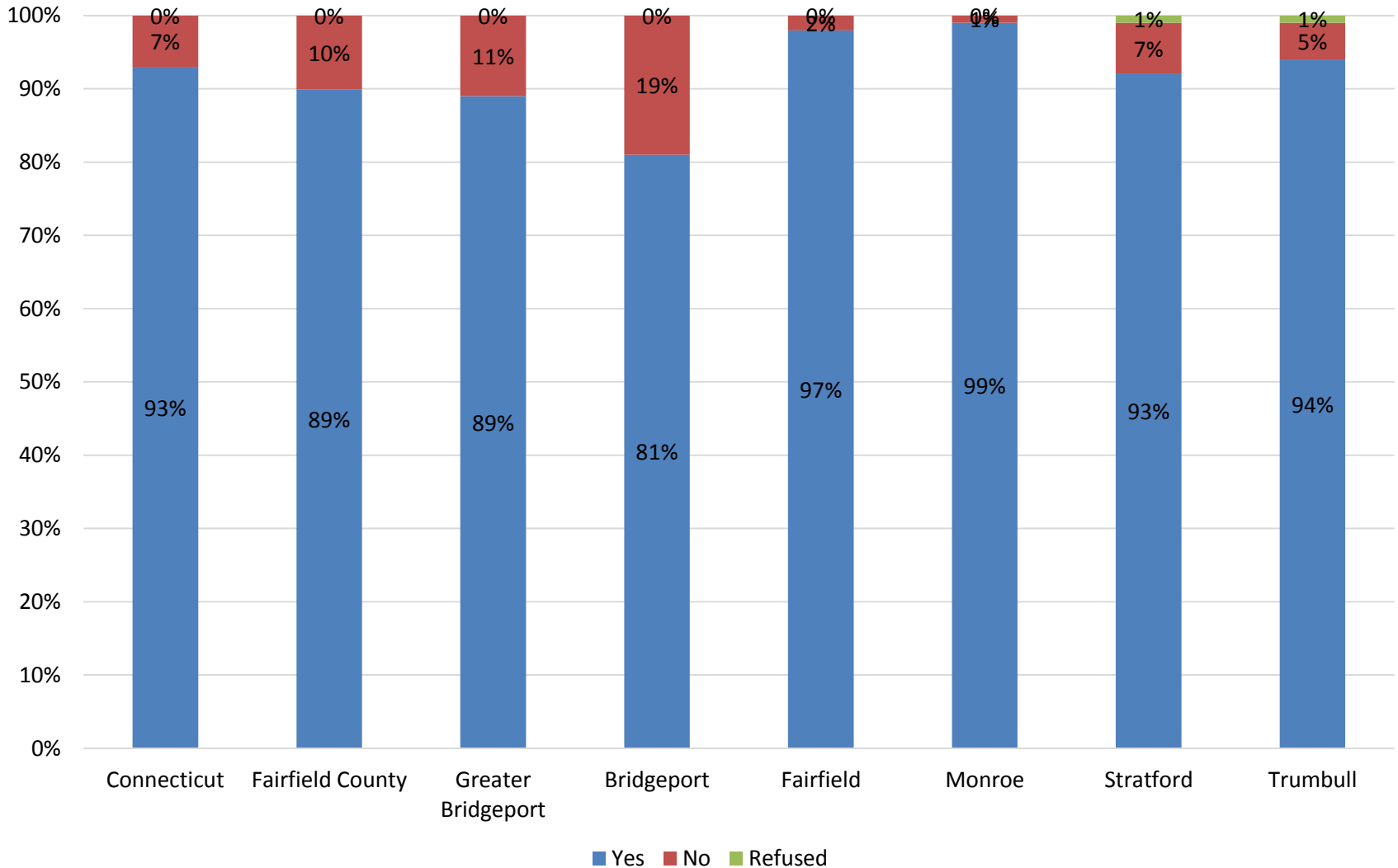
Personal Background

Q59: What is your marital status?



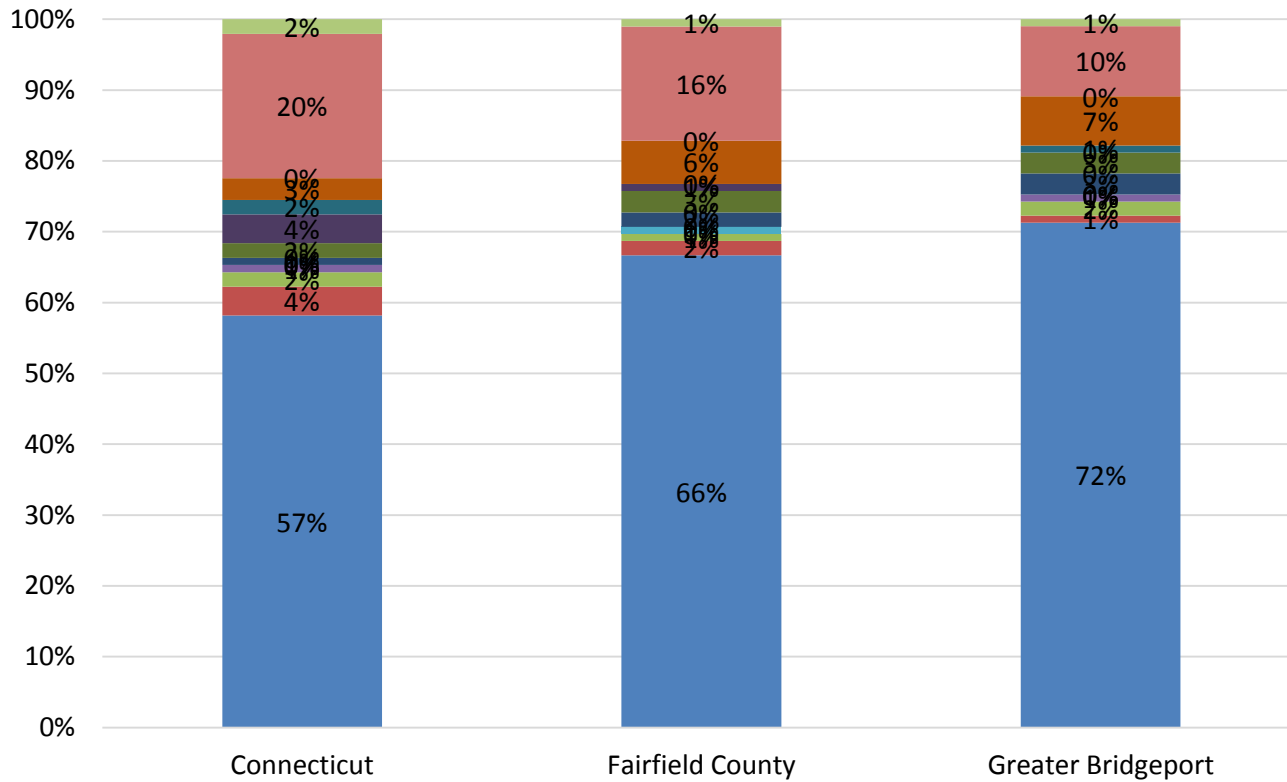
Personal Background

Q80: Is English the primary language spoken in your home?



Personal Background

Q81: (If English not primary language spoken at home) What language is the primary language spoken in your home?

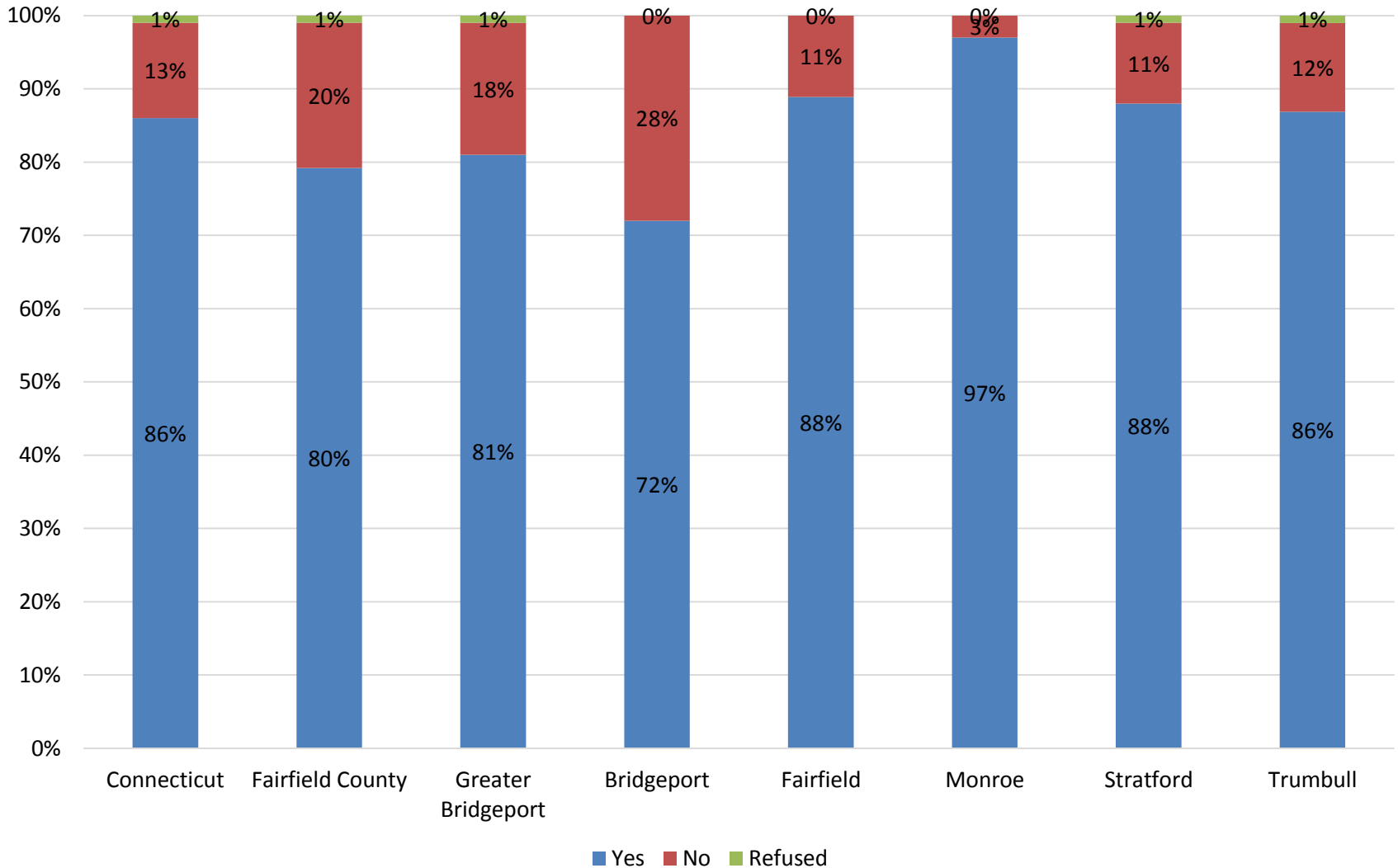


• Responses not reported by town

- Spanish
- Chinese (Cantonese, Mandarin)
- French
- German
- Tagalog
- Vietnamese
- Italian
- Korean
- Russian
- Polish
- Arabic
- Portuguese
- Japanese
- Other
- Refused

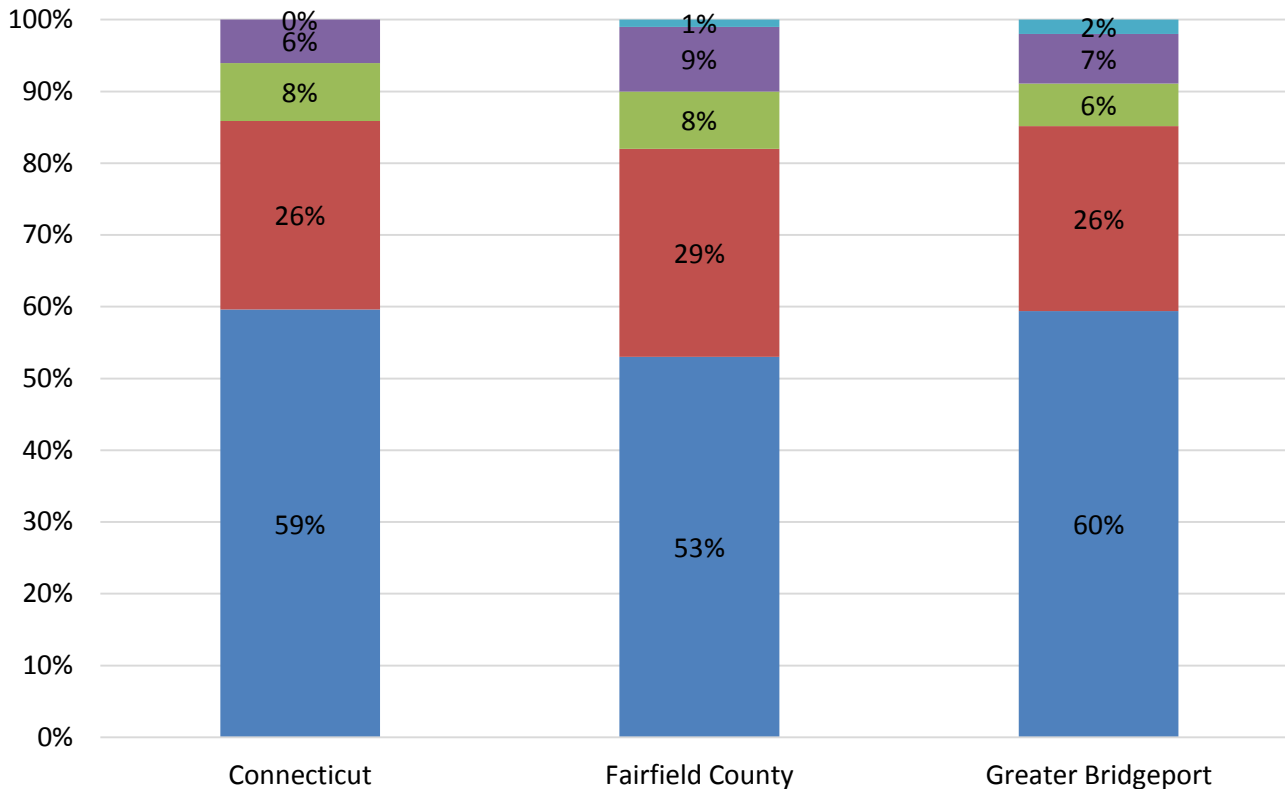
Personal Background

Q82: Were you born in United States?



Personal Background

Q83: (If not born in United States) Many people in our community that we have talked to today are not currently U.S. citizens. Some have green cards, some have visas, and others don't. I assure you that we do not have any relationship with U.S. authorities. Your identity will never be revealed, this is for research purposes only. Are you...

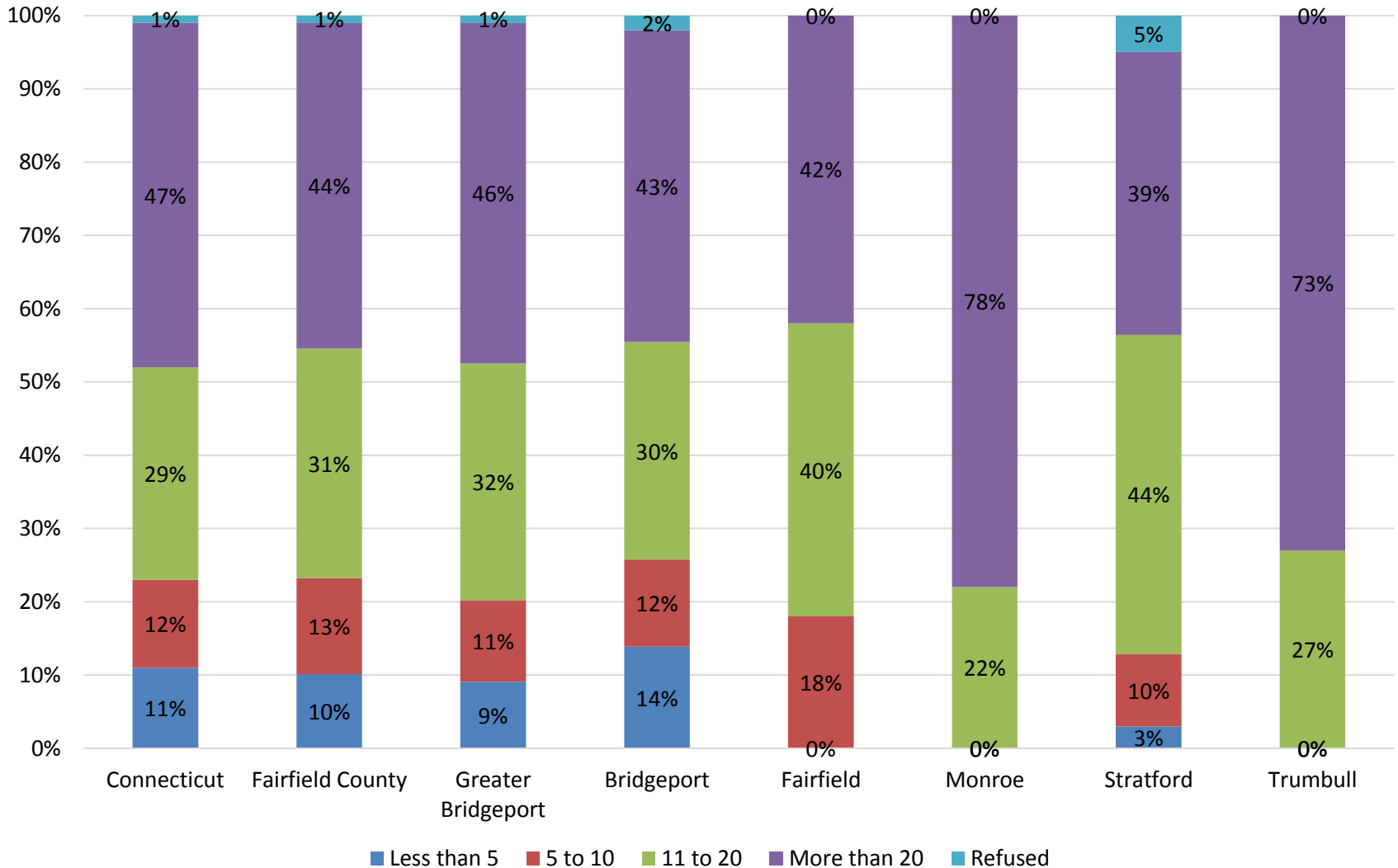


• Responses not reported by town

- Refused or Don't know
- None of these
- Not a permanent resident but have some other type of visa
- A legal permanent resident or green card holder
- A naturalized U.S. citizen

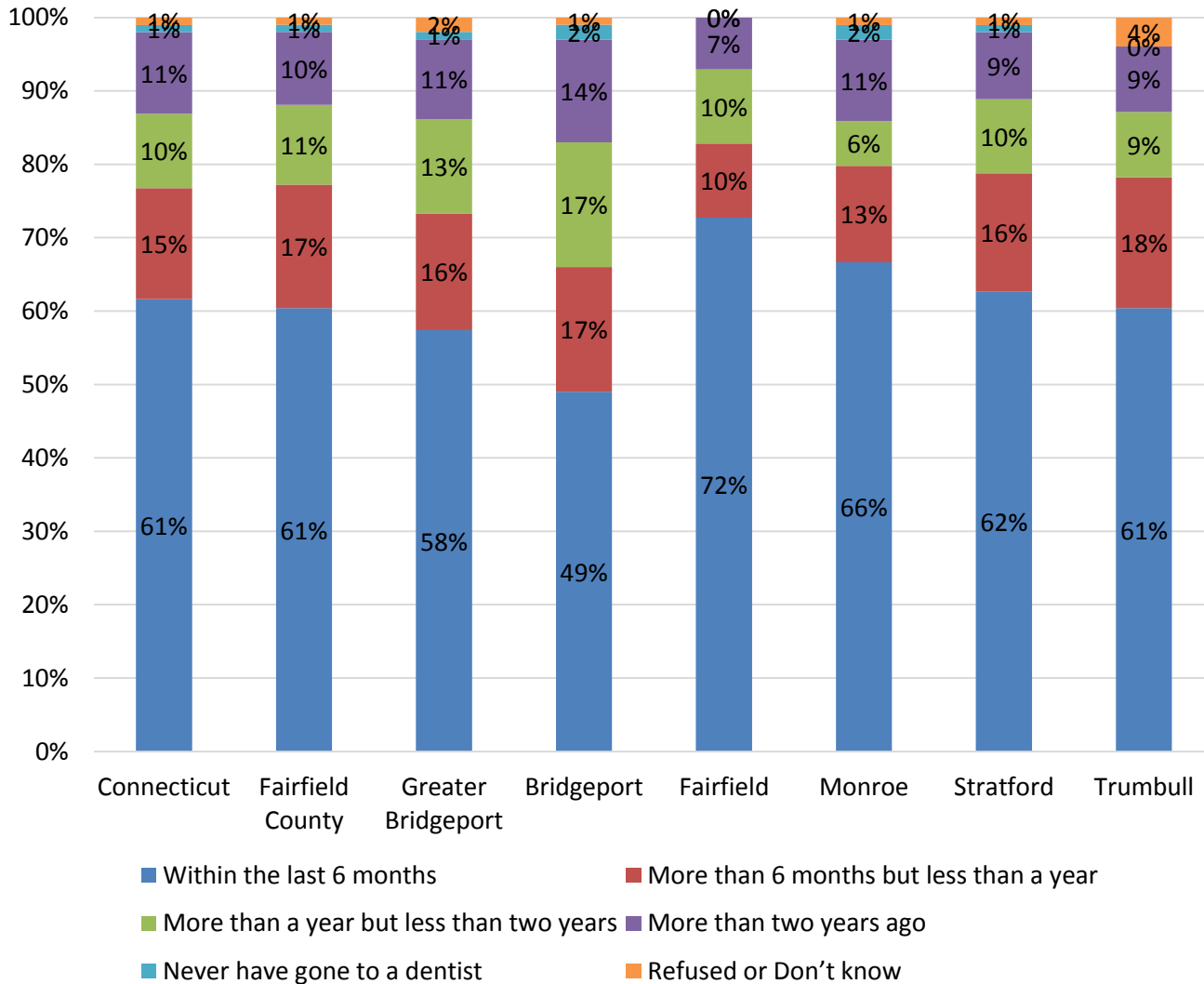
Personal Background

Q84: (If not born in United States) How many years have you lived in the United States?



Dental

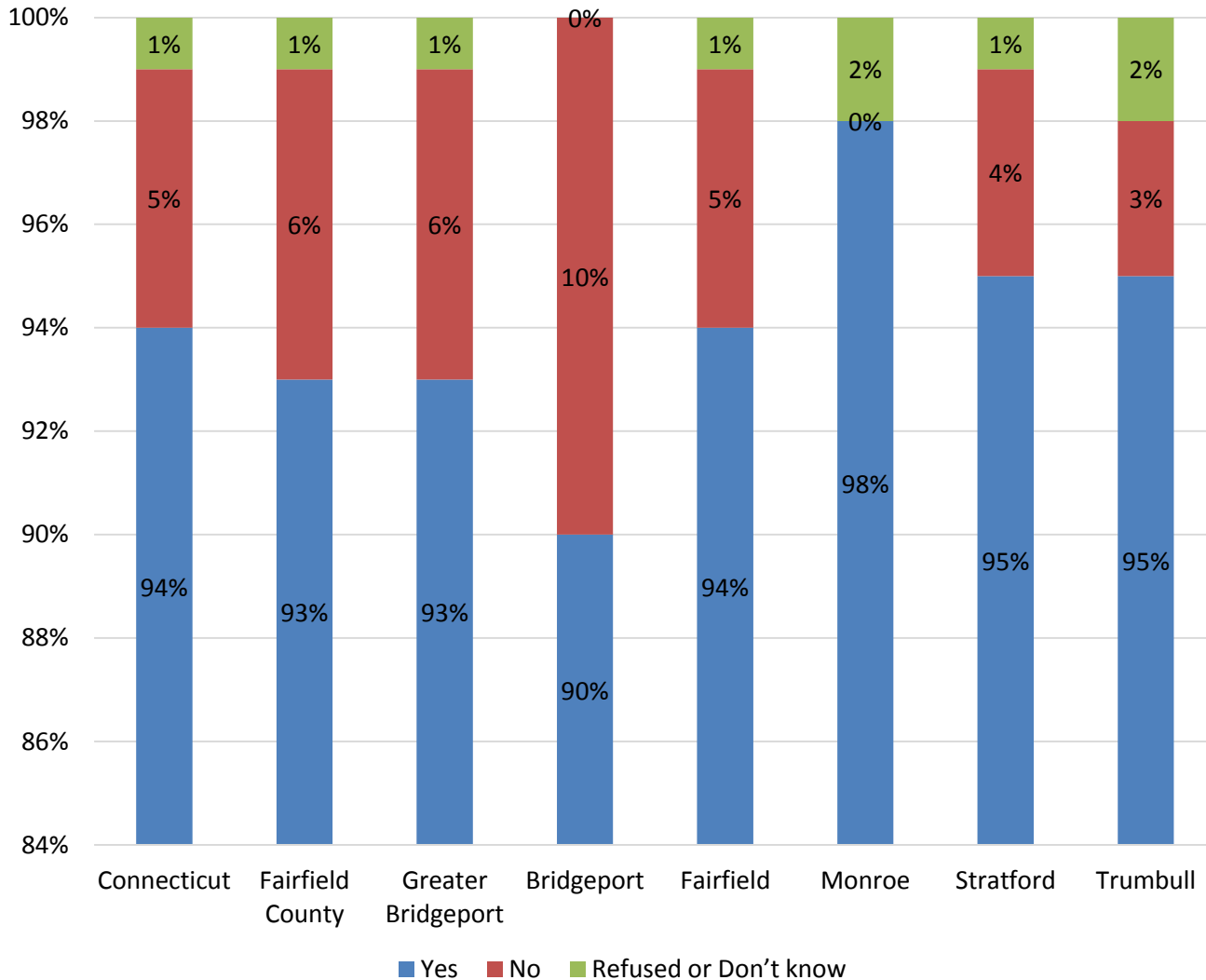
Q35: When was the last time you were seen by a dentist?



- Slightly less than half of Bridgeport (49%) have been to the dentist within the last 6 months
- Other towns see the dentist more frequently with 72% of Trumbull seeing a dentist in the past 6 months

Health Insurance

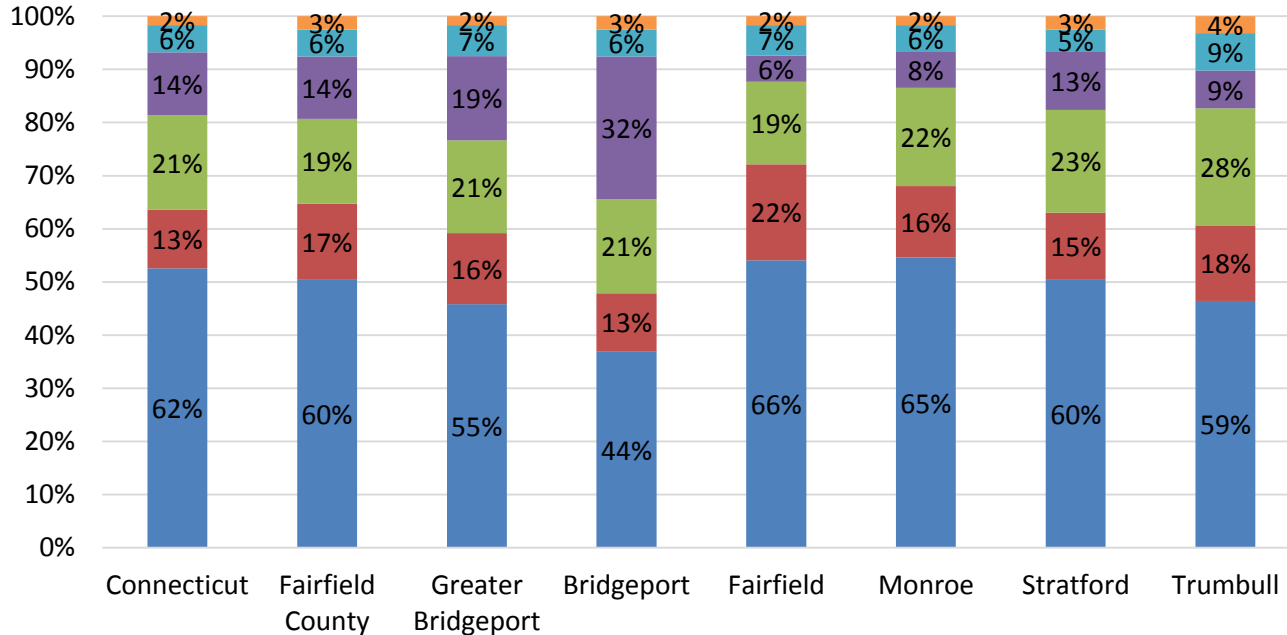
Q26. Do you have health insurance?



- The vast majority of respondents have health insurance
- Bridgeport (90%) had the lowest rate while Monroe (98%) had the highest rate

Health Insurance

Q27. (If have health insurance) What type of health insurance do you have?



- Except for Bridgeport (44%) other areas have between half and two thirds of insurance coverage through an employer or union
- Bridgeport (32%) has the highest non-Medicare government assistance insurance while other areas range from 6-19%)
- Trumbull (28%) has the highest level of Medicare

Refused or Don't know

Any other type of health insurance plan

Medicaid, Medical Assistance, HUSKY or any kind of government-assistance plan [IF NEEDED: For those with low incomes or a disability]

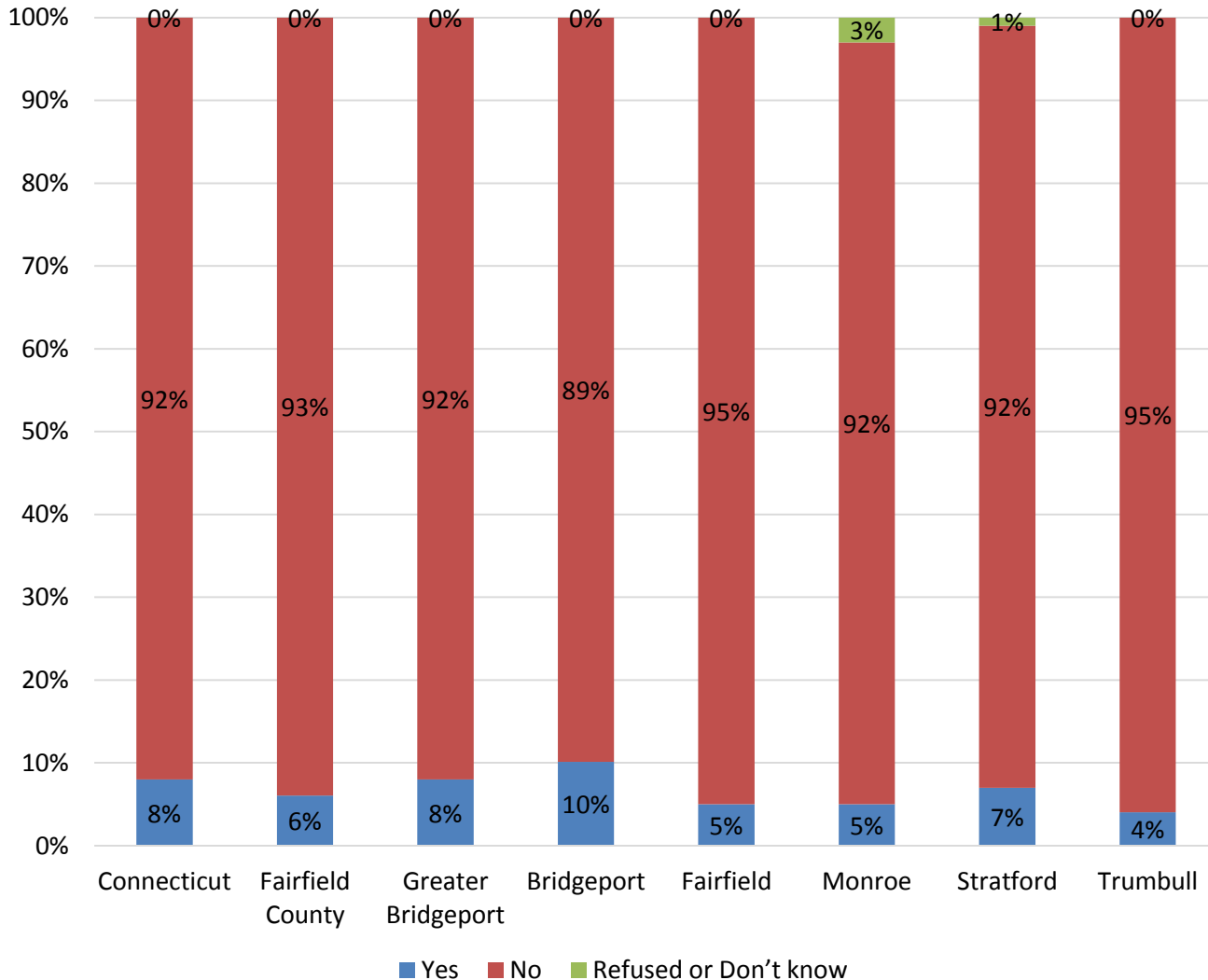
Medicare [IF NEEDED: For people 65 and older, or people with certain disabilities]

Insurance purchased directly from an insurance company [IF NEEDED: By you or a family member]

Insurance obtained through a current or former employer or union [IF NEEDED: Of you or a family member]

Health Insurance

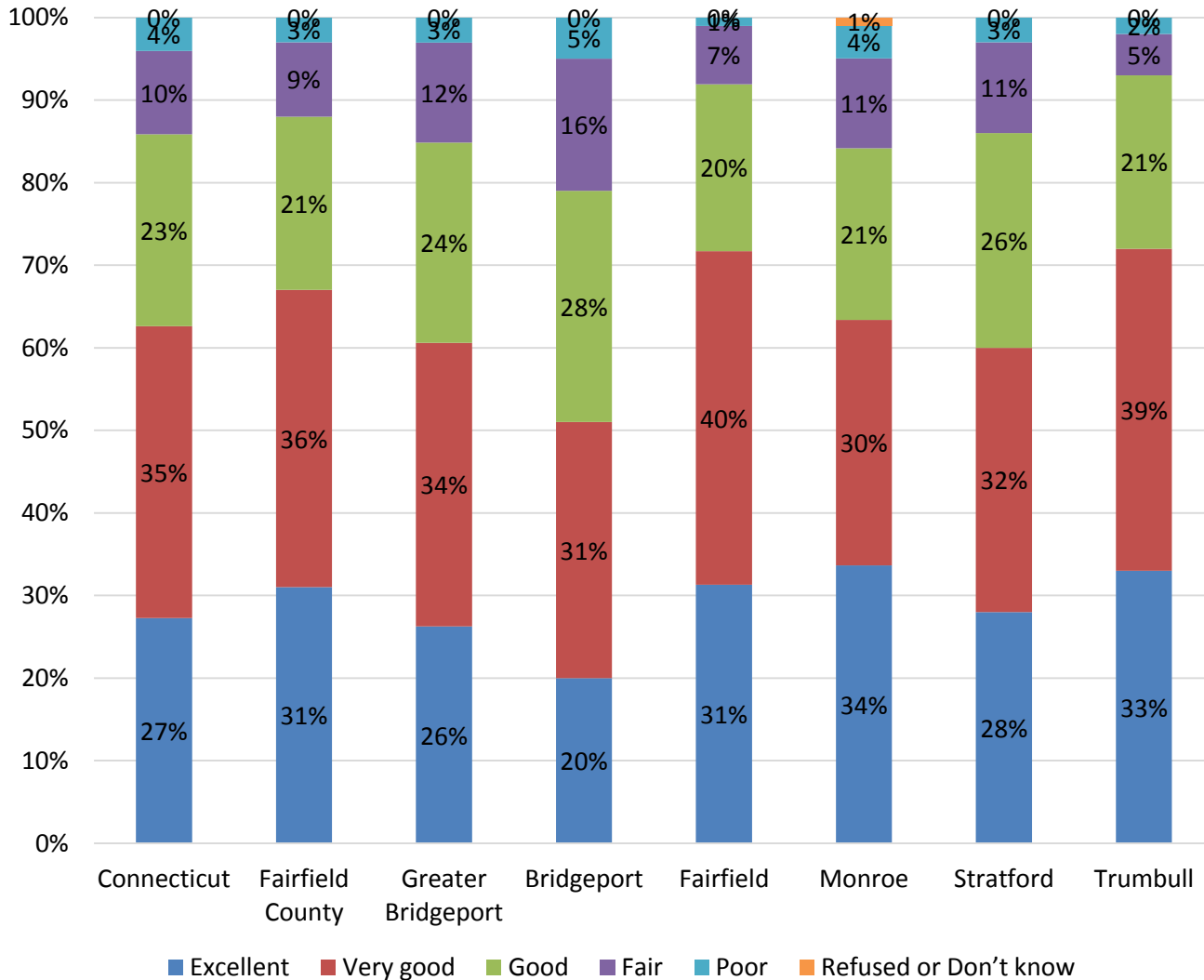
Q31. During the past 12 months, was there any time you needed prescription medicines but didn't get them because you couldn't afford it?



- Greater Bridgeport (8%) is in line with CT(8%) and slightly less than Fairfield County (6%)
- Bridgeport (10%) had the highest town rate and was approximately twice the rate of all towns except Stratford (7%)

Overall Health/Fitness

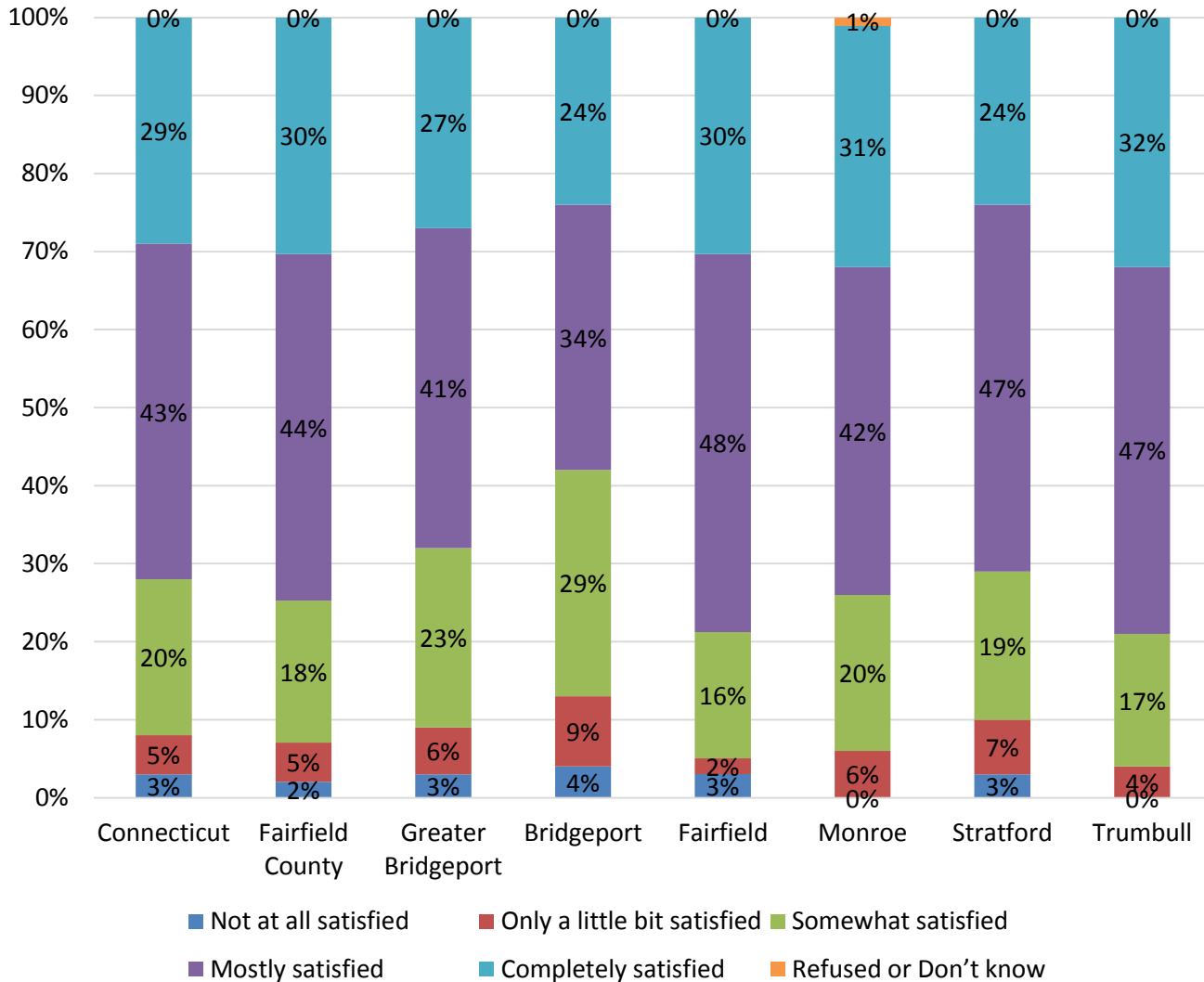
Q18: How would you rate your overall health?



- 62% of CT rated their health as excellent or very good
- Greater Bridgeport had a similar rating with 60% excellent or very good health
- Bridgeport had the lowest rating of excellent or very good health (51%)
- Trumbull (72%) and Fairfield (71%) rated the highest

Overall Health/Fitness

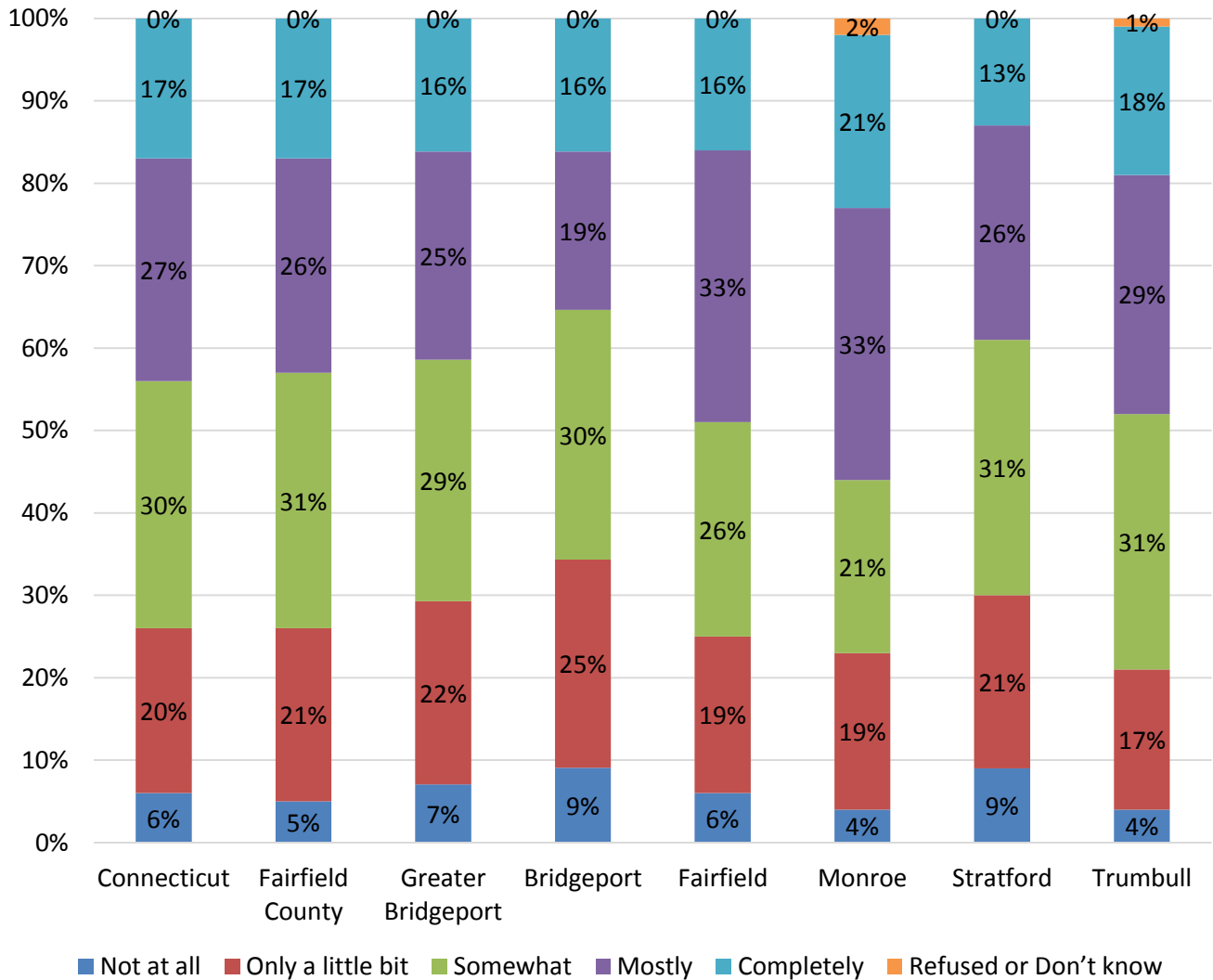
Q19. Overall, how satisfied are you with your life nowadays?



- In general, respondents were satisfied with their lives
- Approximately two thirds of Greater Bridgeport (68%) was satisfied
- Bridgeport (58%) was the least satisfied
- Both Fairfield (88%) and Trumbull (79%) were very satisfied

Overall Health/Fitness

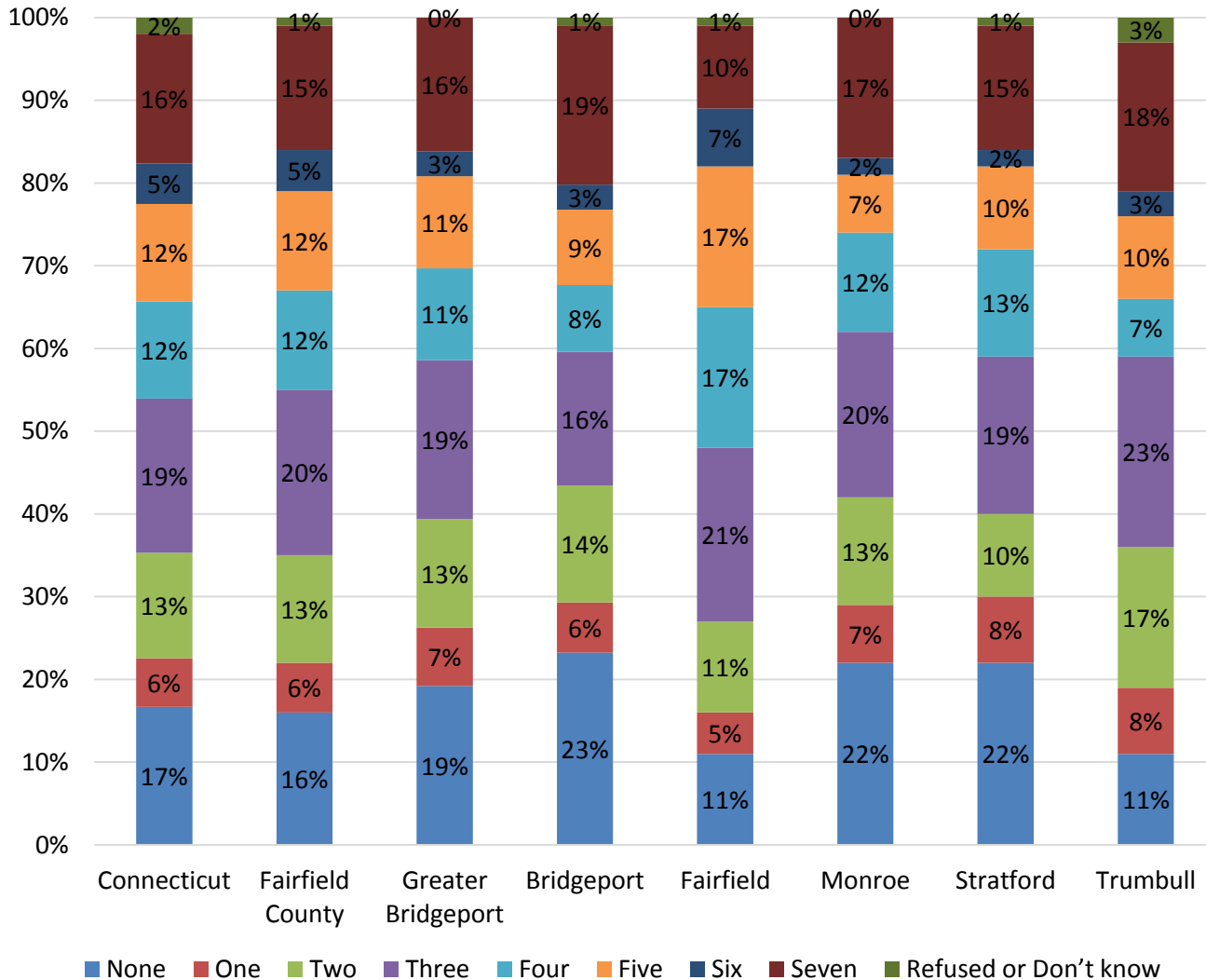
Q22. Overall, to what extent do you have the time you need to do things that you really enjoy?



- Greater Bridgeport (41%) and CT (44%) had similar responses
- Bridgeport (35%) rated the lowest while Monroe (54%) rated the highest

Overall Health/Fitness

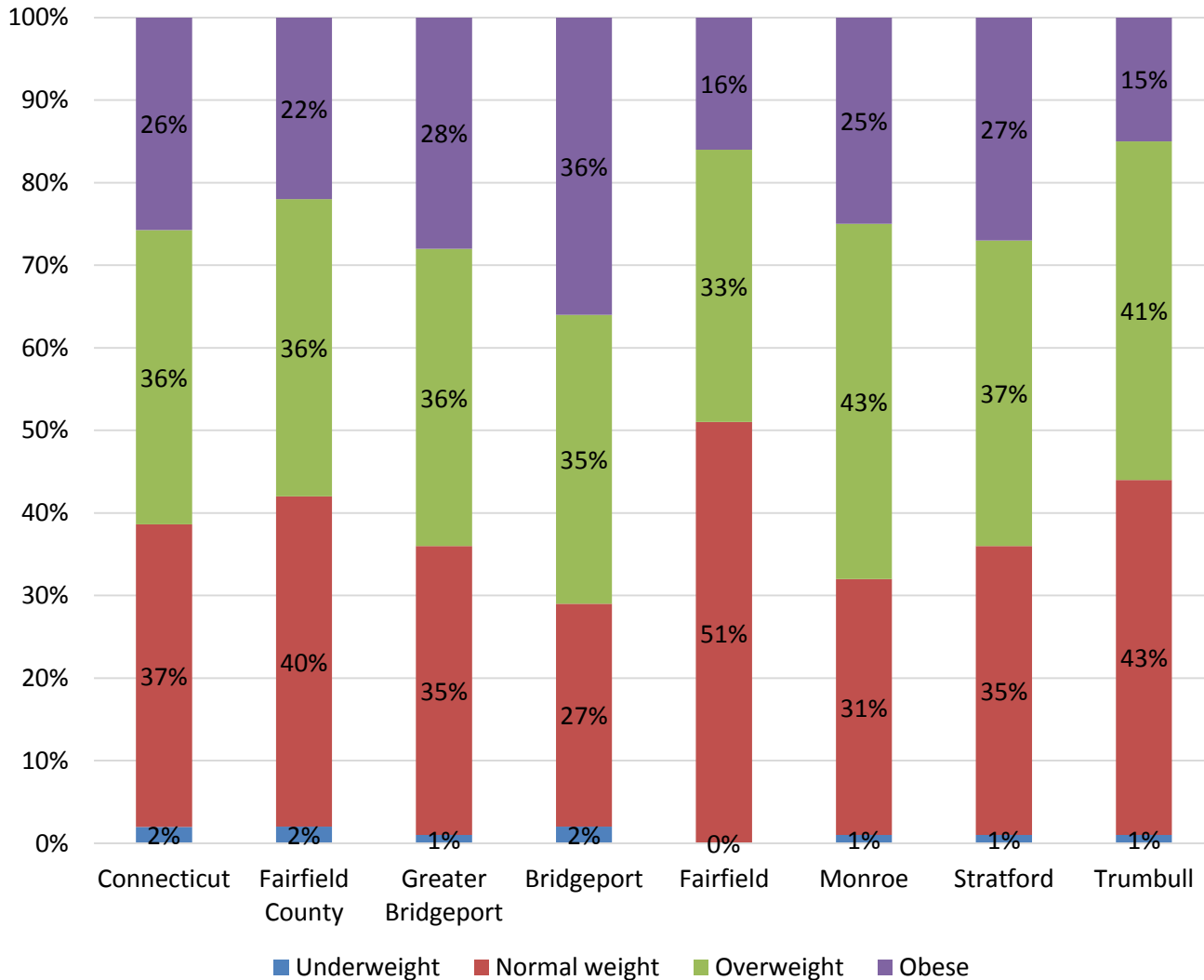
Q38: In an average week, how many days per week do you exercise?



- CT (17%) and Greater Bridgeport (19%) had similar results for that did not exercise during the week
- Almost a quarter (23%) of Bridgeport closely followed by Monroe (22%) and Stratford (22%) reported they did not exercise

Overall Health/Fitness

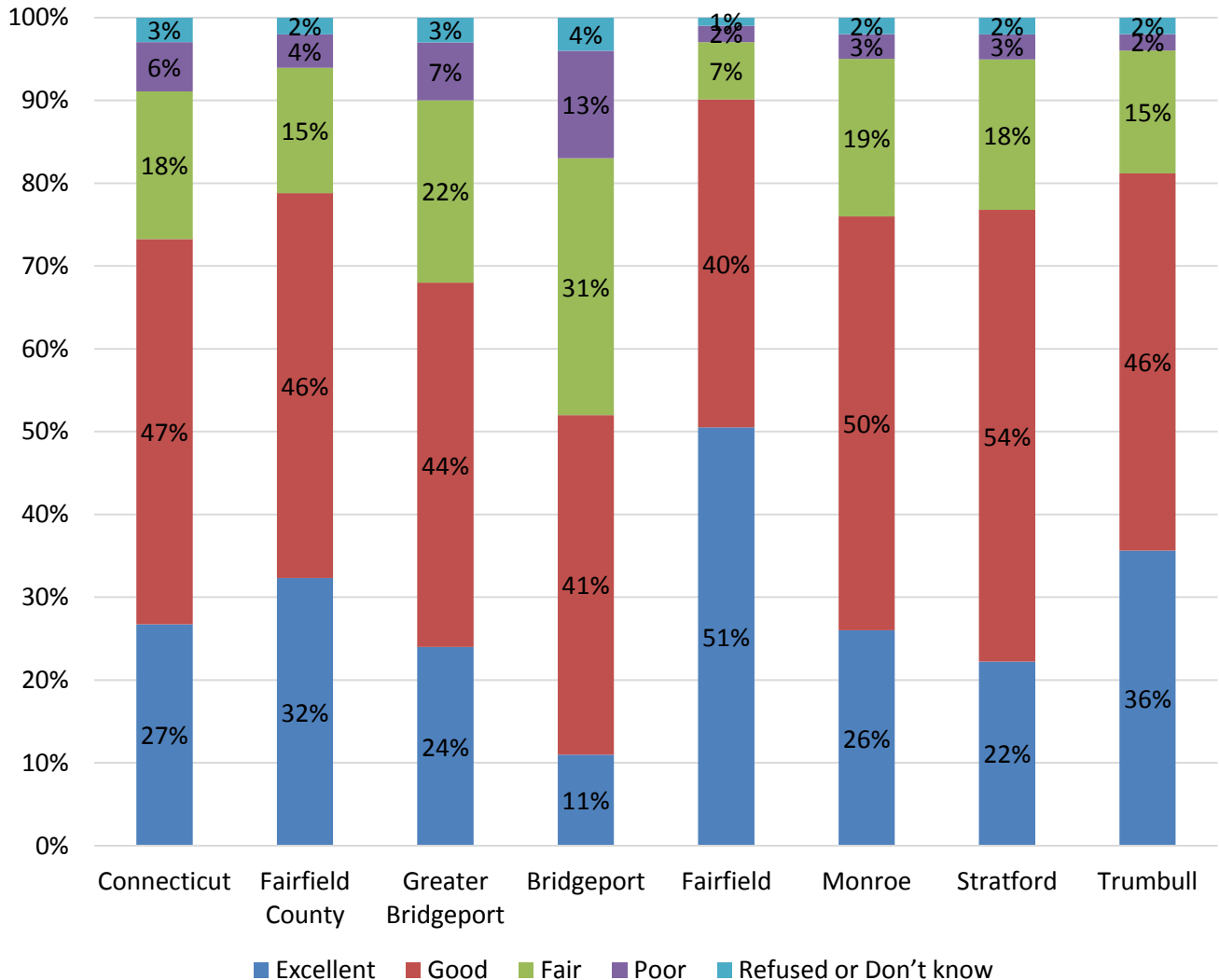
BMI (Based on Q24 weight and Q25 height)



- More than half of respondents are overweight or obese in all of the surveyed areas except Fairfield (49%)
- Bridgeport (71%) had the highest rate and 36% of those respondents were obese, the highest percentage of the surveyed areas
- This is a calculated BMI using weight and height, not a survey question

Access to Food and Other Resources

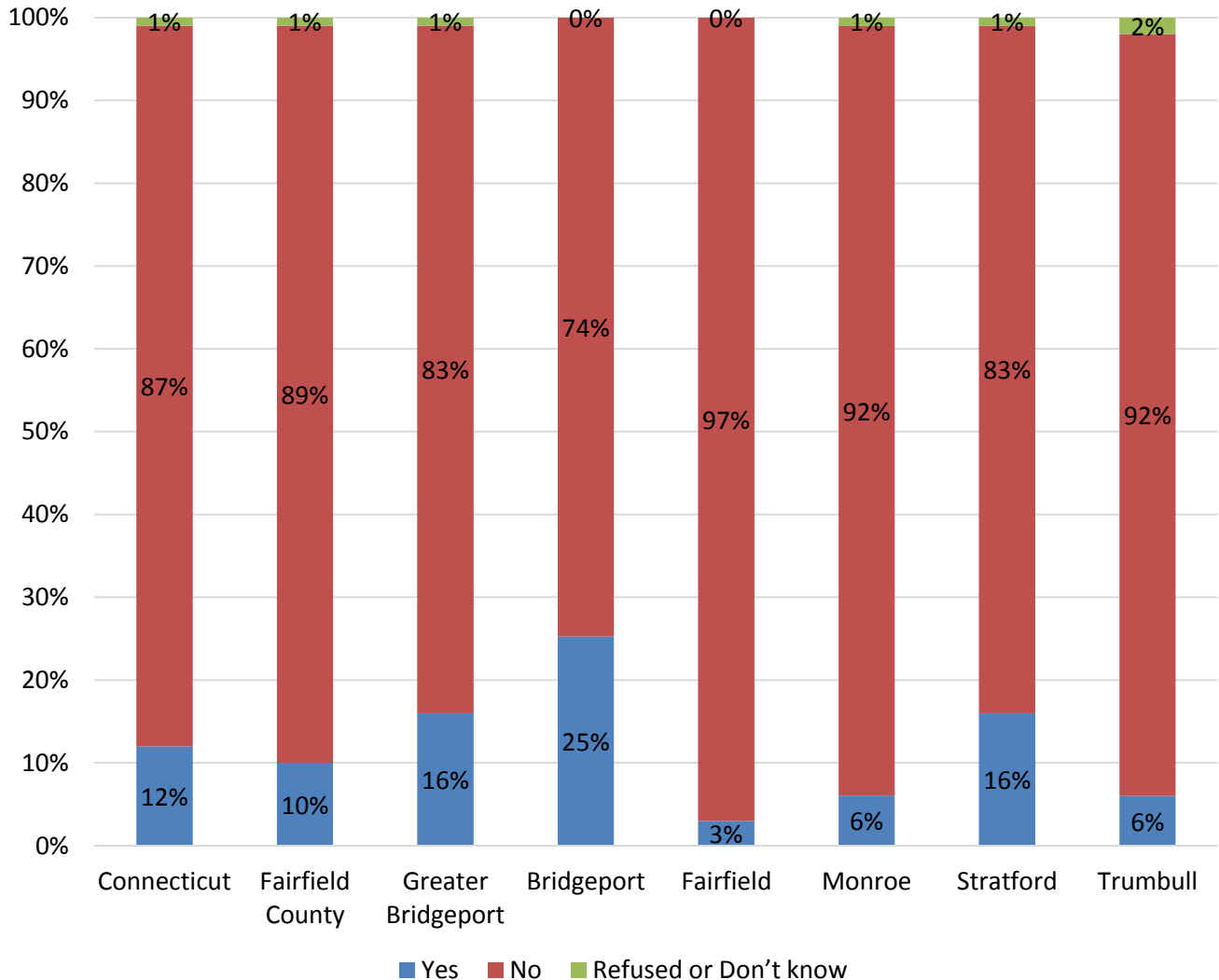
Q3B. The availability of the goods and services that meet your needs



- Two thirds of Greater Bridgeport (68%) rated goods and services availability as excellent or good which was slightly less than CT (74%)
- Fairfield (91%) were highly satisfied
- Bridgeport (52%) were the least satisfied

Access to Food and Other Resources

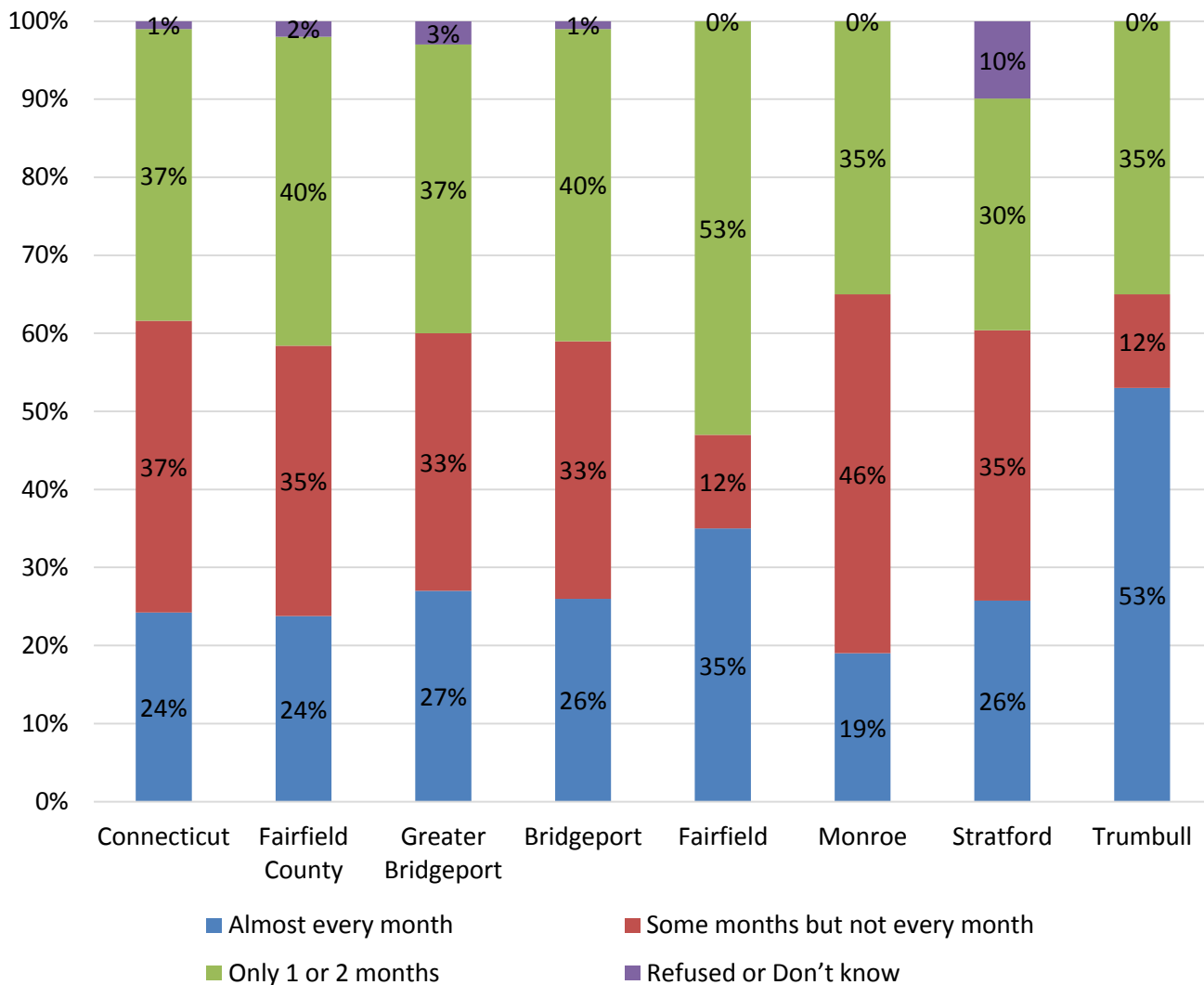
Q64: Have there been times in the past 12 months when you did not have enough money to buy food that you or your family needed?



- 12% of CT did not have enough money to buy food with slightly more (16%) in Greater Bridgeport
- Bridgeport (25%) had the most who did not have enough money to buy food

Access to Food and Other Resources

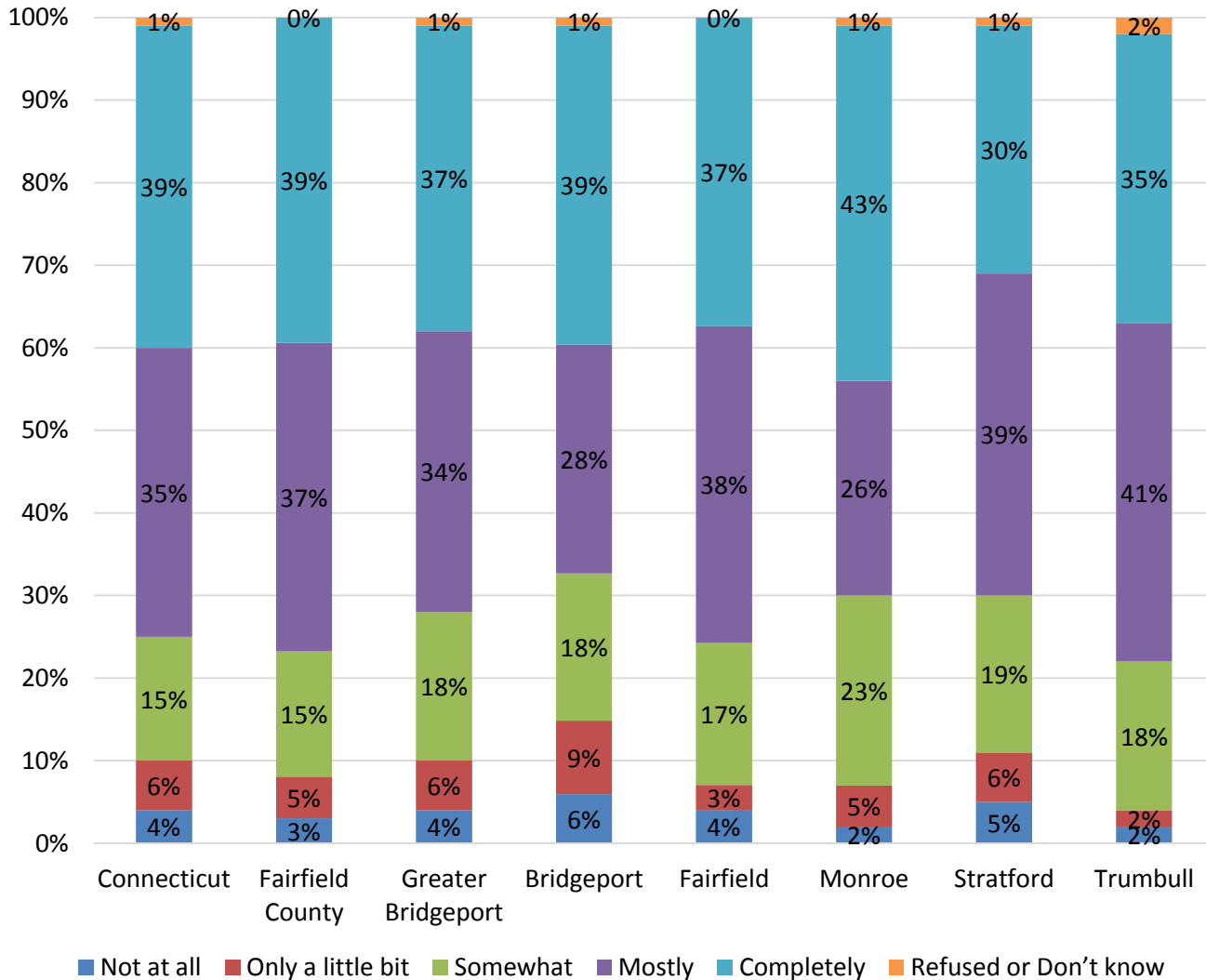
Q65: (If did not have enough money to buy food) How often did this happen?



- Of those in CT who did not have enough money to buy food, 24% were in this situation almost every month and 61% were more than 1-2 months
- In Greater Bridgeport, 27% were every month with 60% more than 1-2 months
- Trumbull was based off only 6% of town and almost half of those needed help almost every month

Mental Health/Support

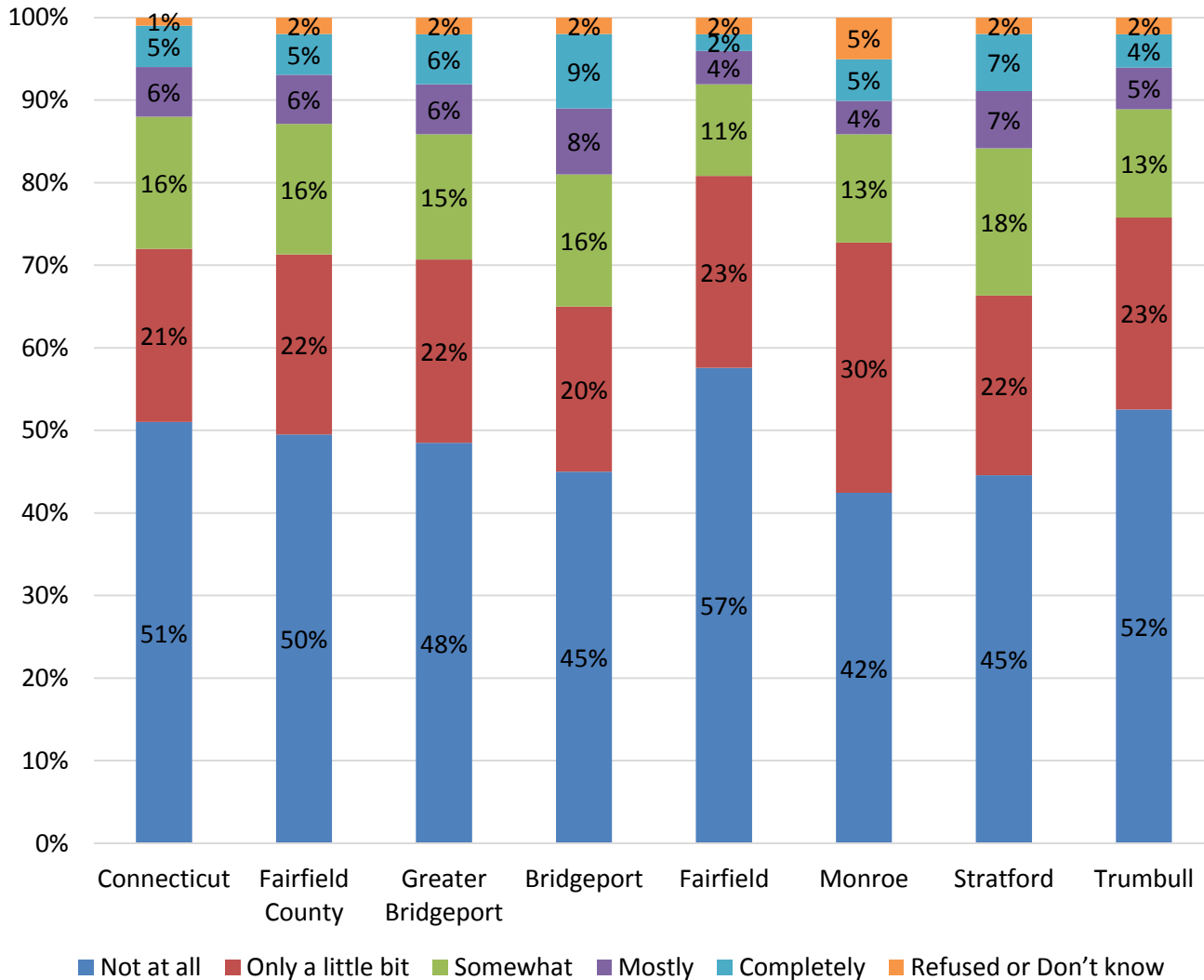
Q20. Overall, how happy did you feel yesterday?



- 71% of Greater Bridgeport was mostly or completely happy
- Bridgeport (67%) and Monroe (69%) were the least happy
- Fairfield ((75%) and Trumbull (76%) ranked the highest

Mental Health/Support

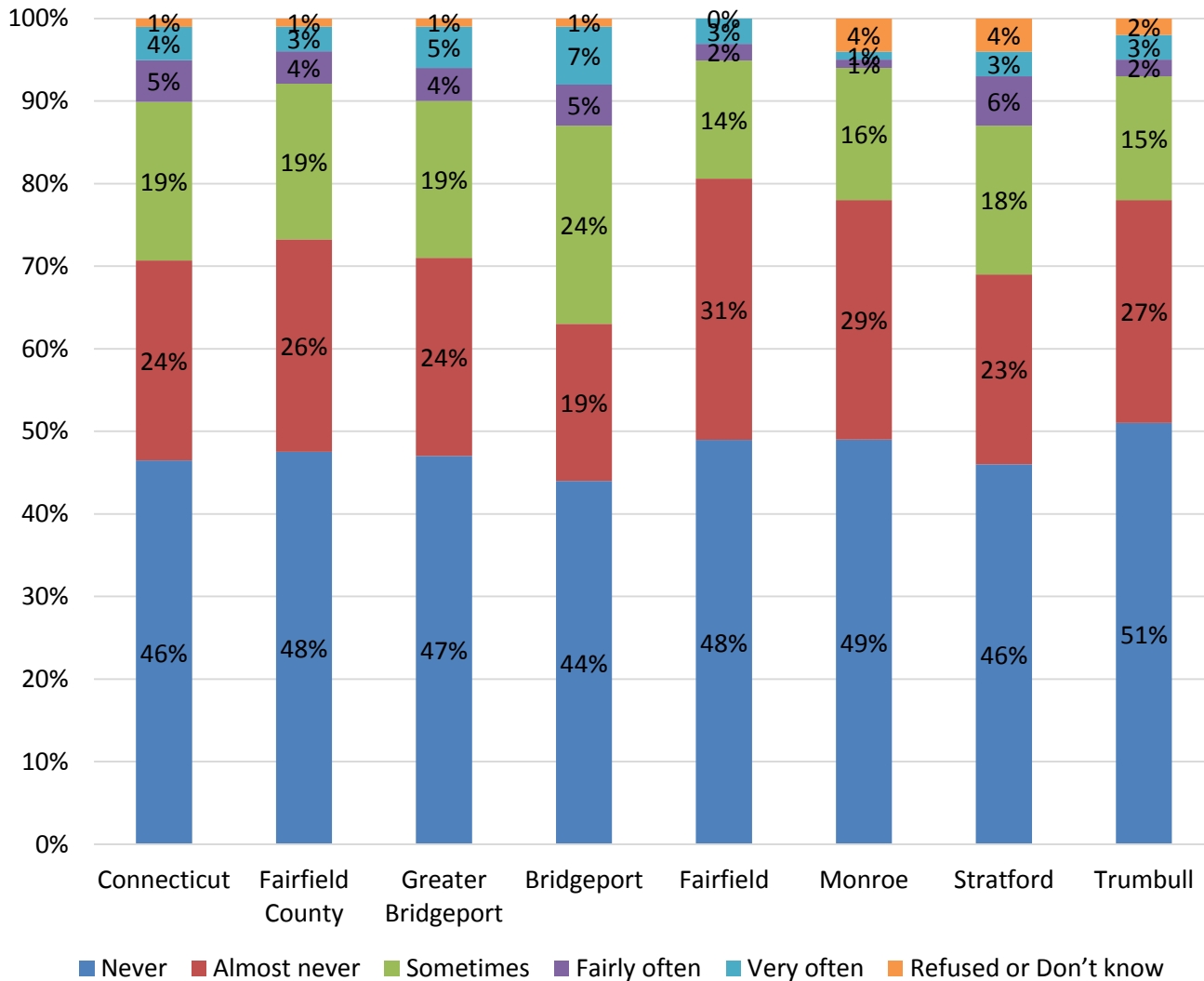
Q21. Overall, how anxious did you feel yesterday?



- This chart ties in with the self reported happiness chart, those who were happier tend to report being less anxious
- 70% of Greater Bridgeport was not at all or only a little anxious
- Bridgeport (65%) was the most anxious
- Fairfield (80%) and Trumbull (75%) were the least anxious

Mental Health/Support

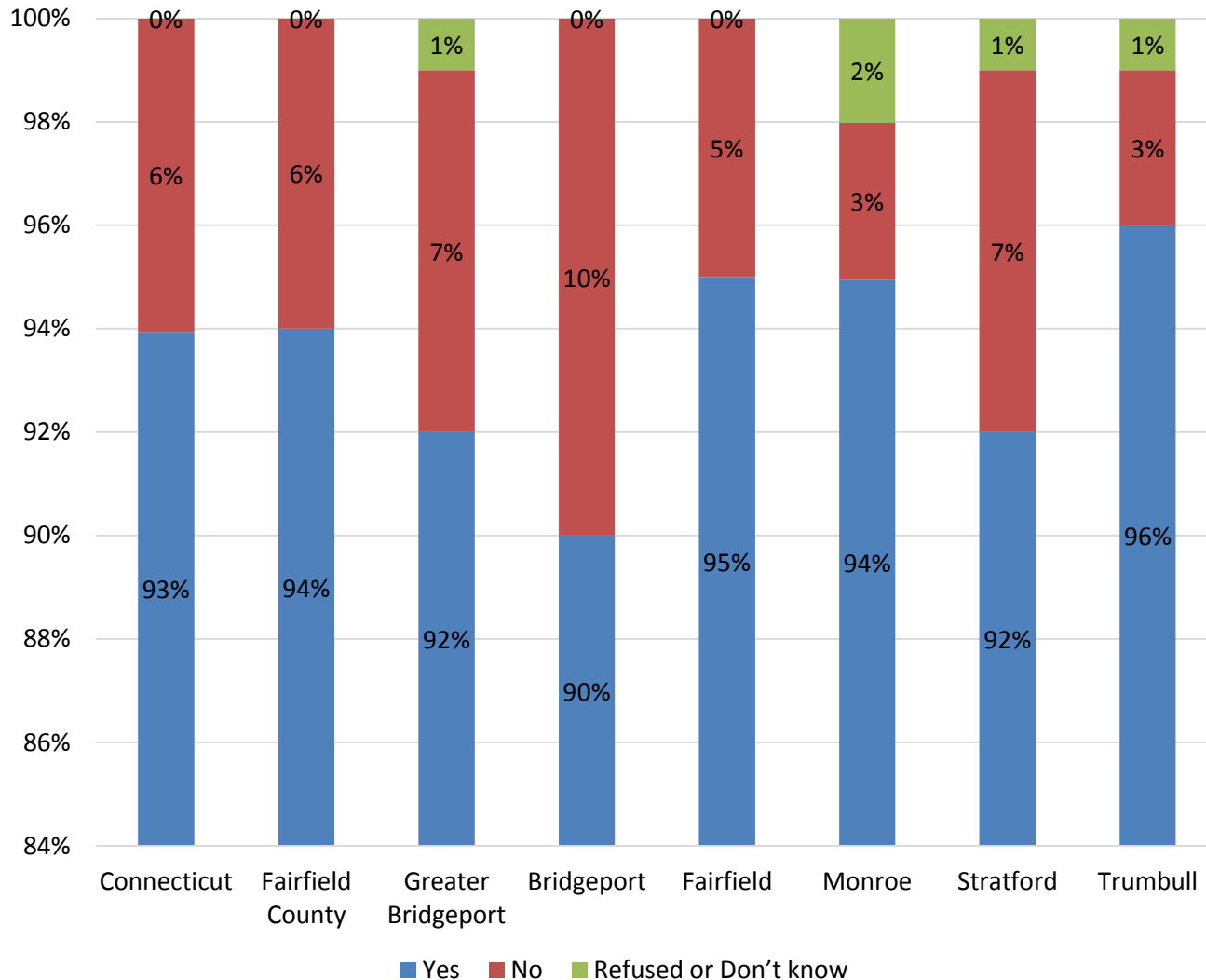
Q36. During the last month, how often have you been bothered by feeling down, depressed, or hopeless?



- Greater Bridgeport (71%) never or almost never experienced depression and was similar to CT (70%)
- Bridgeport (63%) had higher levels of depression than the other towns

Mental Health/Support

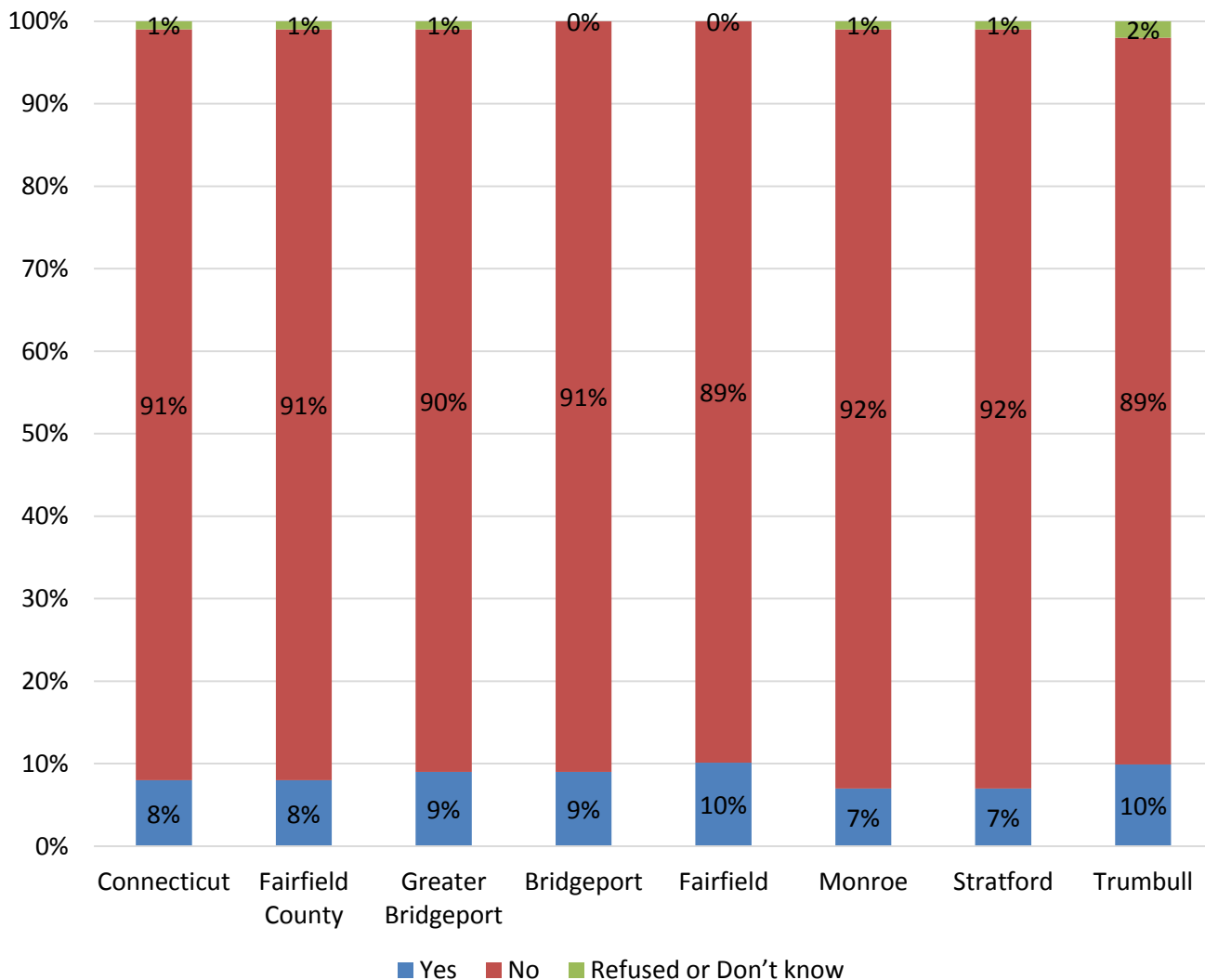
Q37. Do you have relatives or friends who you can count on to help you when you need them or not?



- The vast majority of respondents have a support network of relatives and/or friends
- Bridgeport (90%) rated the lowest while Trumbull (96%) rated the highest

Drugs and Alcohol

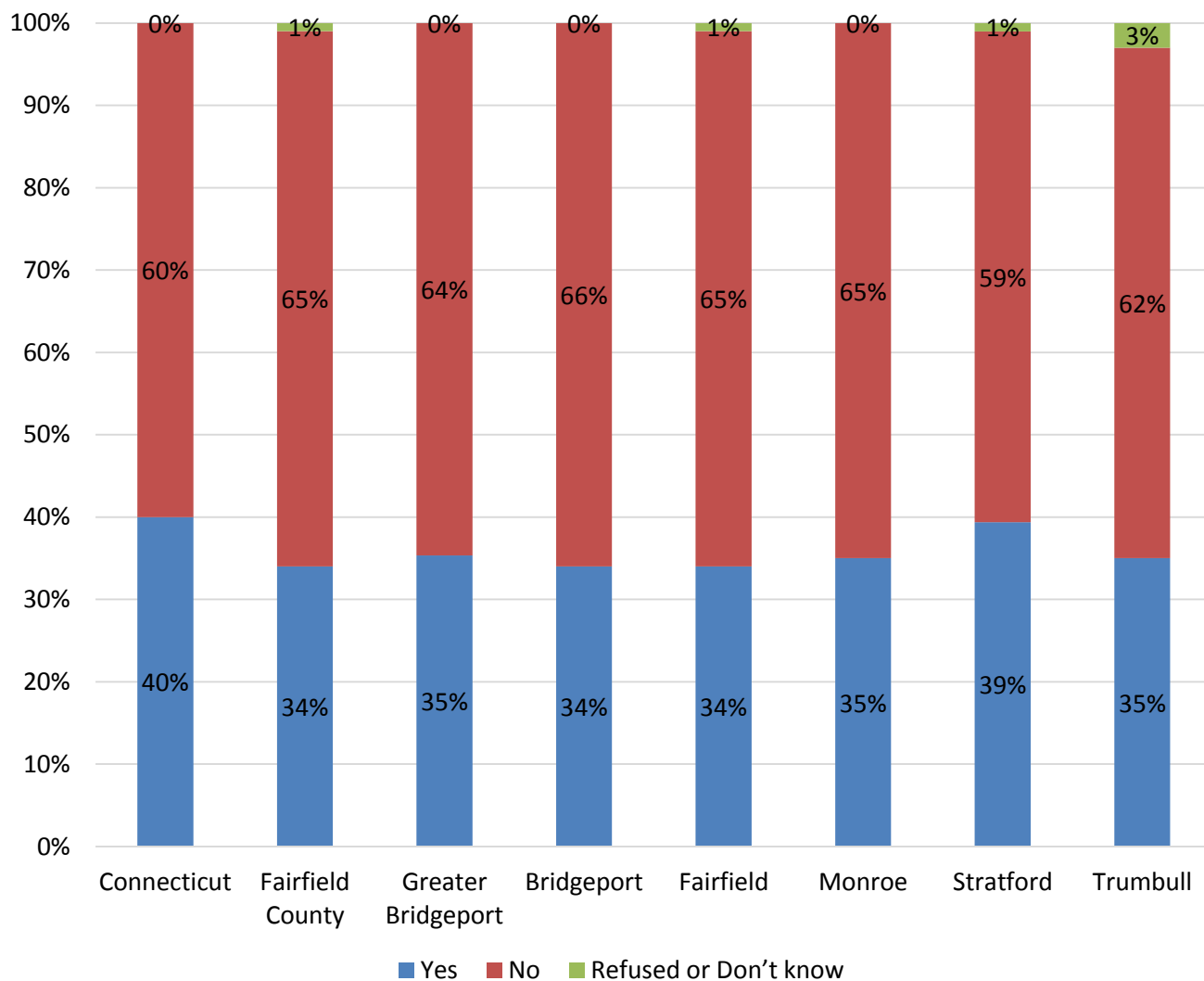
Q39. In the past 12 months, have you ever felt like you needed to cut down on your drinking or drug use?



- Overall, the majority of respondents did not self report the need to cut down
- Fairfield (10%) and Trumbull (10%) were slightly higher than other areas

Drugs and Alcohol

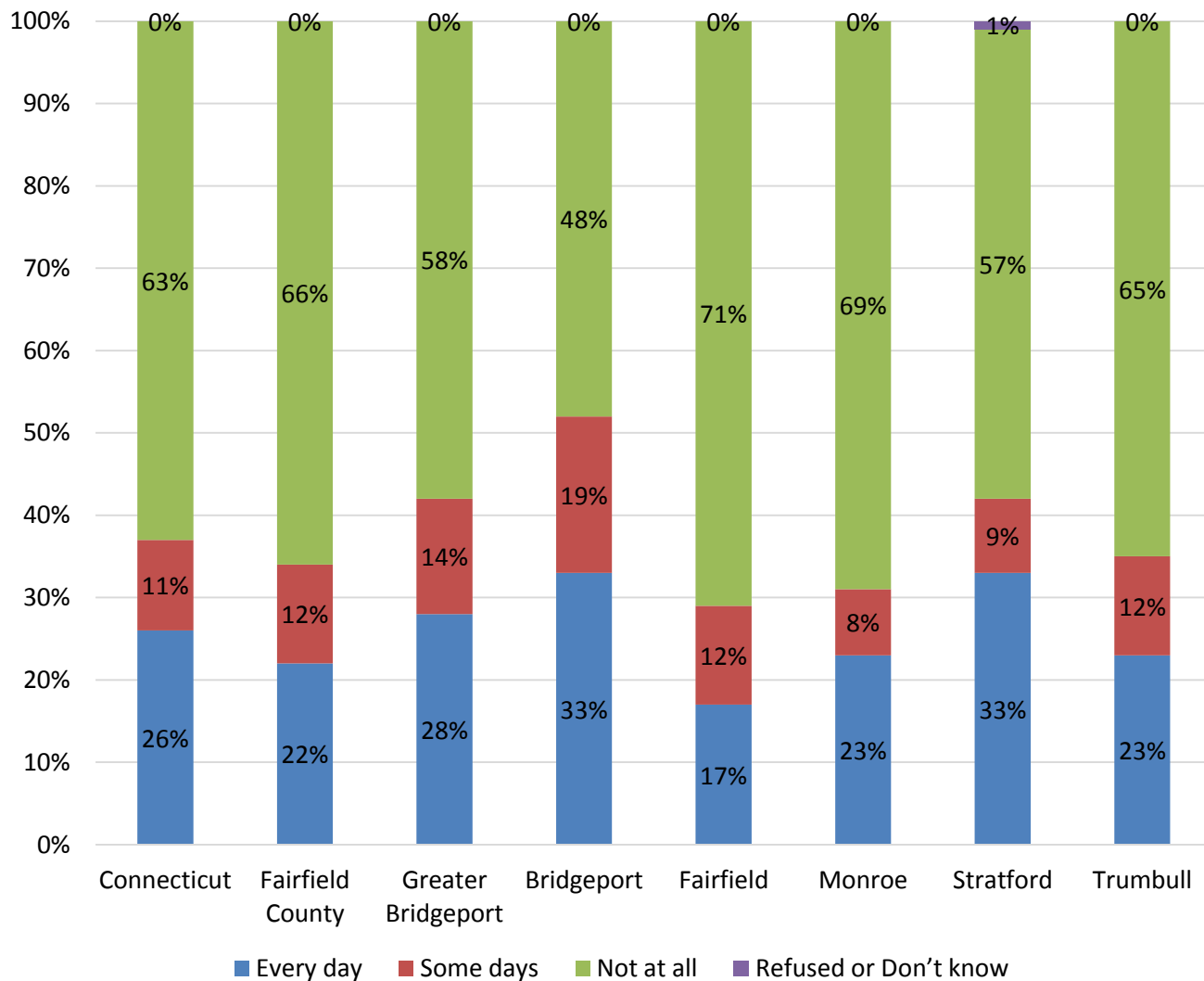
Q40. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = approximately 5 packs)



- CT (40%) had the highest rate
- Within the towns, Stratford (39%) had the highest rate

Drugs and Alcohol

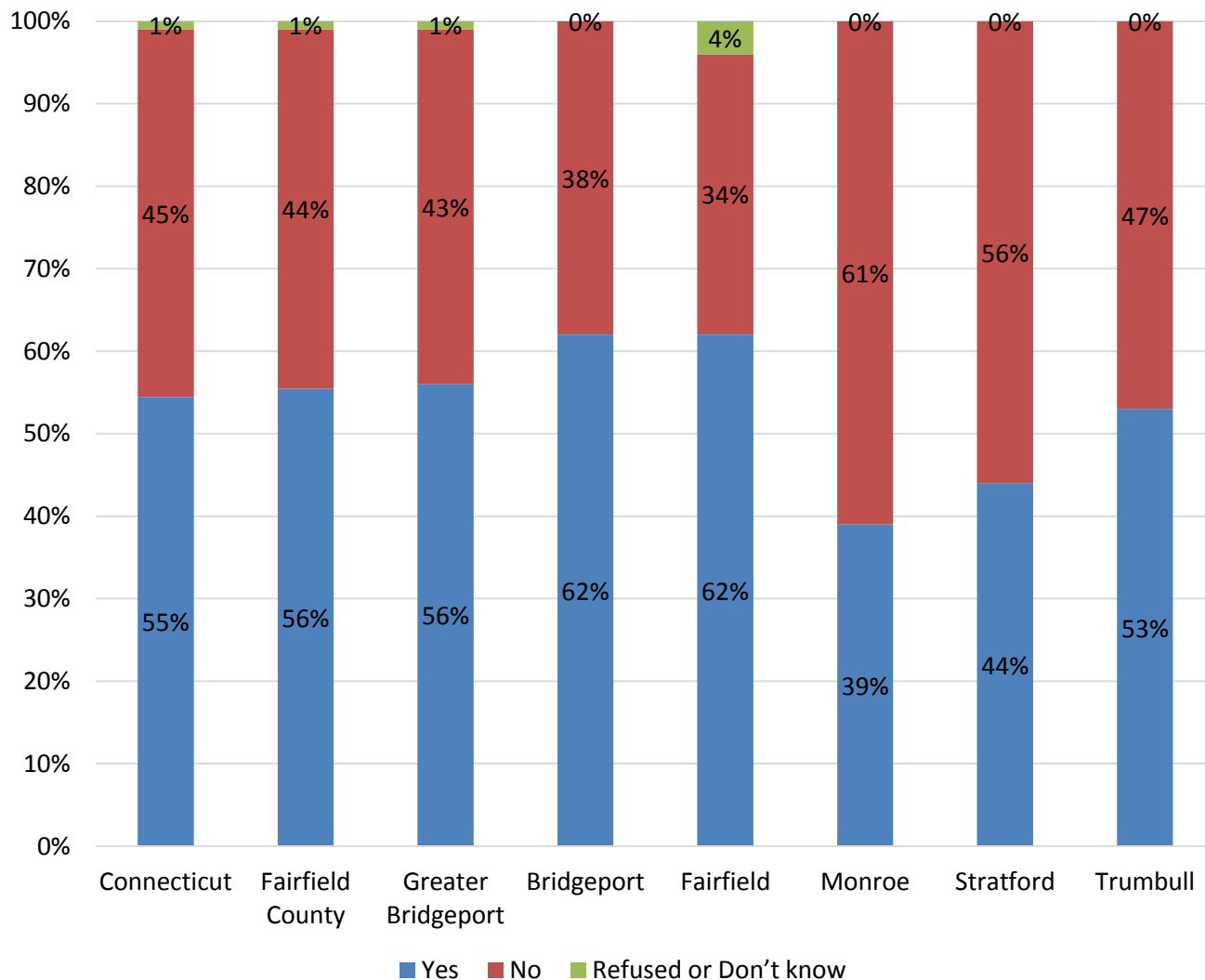
Q41. (If smoked 100 cigarettes) Do you currently smoke cigarettes every day, some days or not at all?



- Of those who smoked, Bridgeport (52%) had the highest rate of respondents still smoking with a third smoking every day
- Fairfield (29%) had the lowest rate of current smokers

Drugs and Alcohol

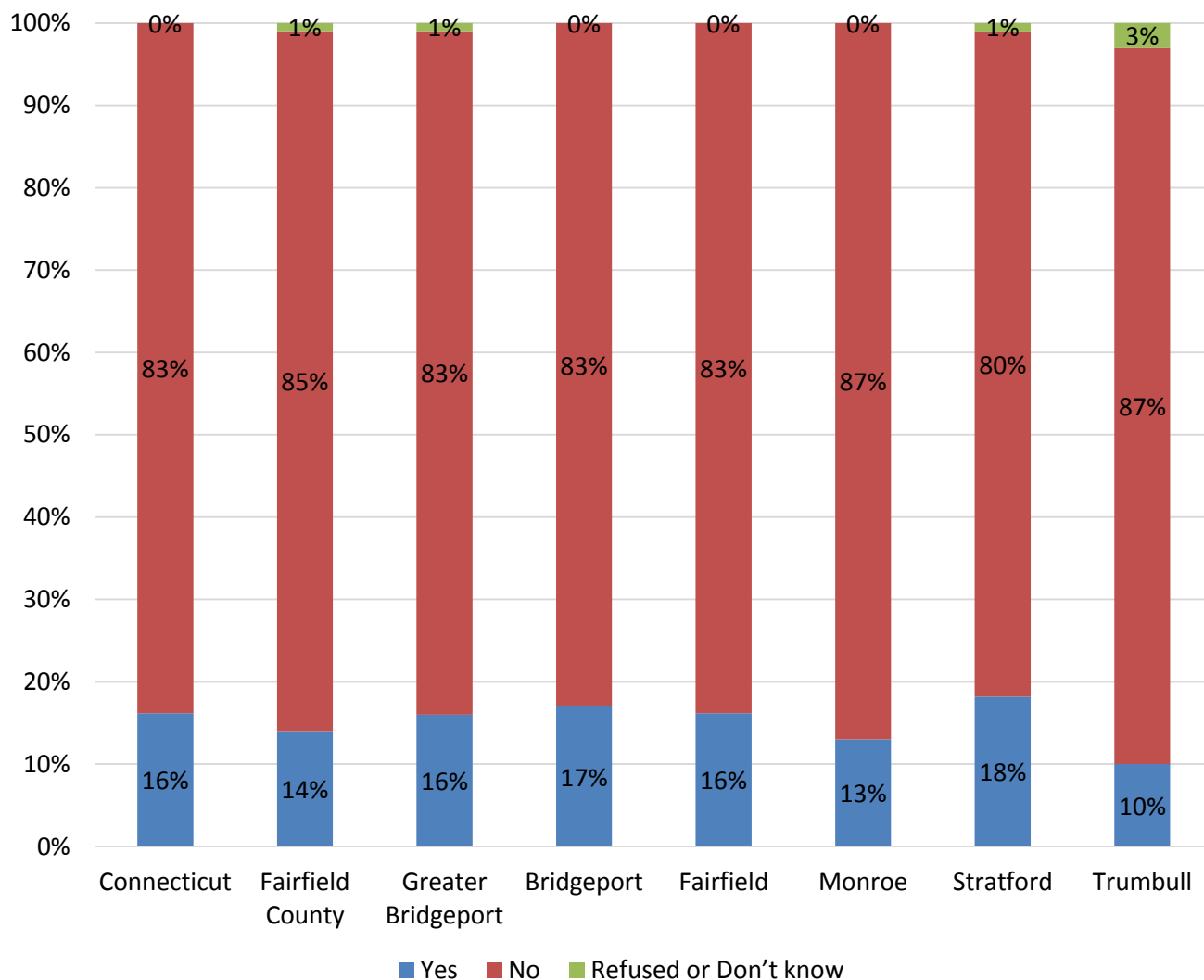
Q42. (If currently smoke every day or some days) During the past 12 months, have you stopped smoking cigarettes for 24 hours or longer because you were trying to quit?



- While Bridgeport had the highest rate of current smokers and Fairfield had the lowest rate of smokers, the towns had the highest and equal rates (62%) of current smokers who have tried to quit smoking

Drugs and Alcohol

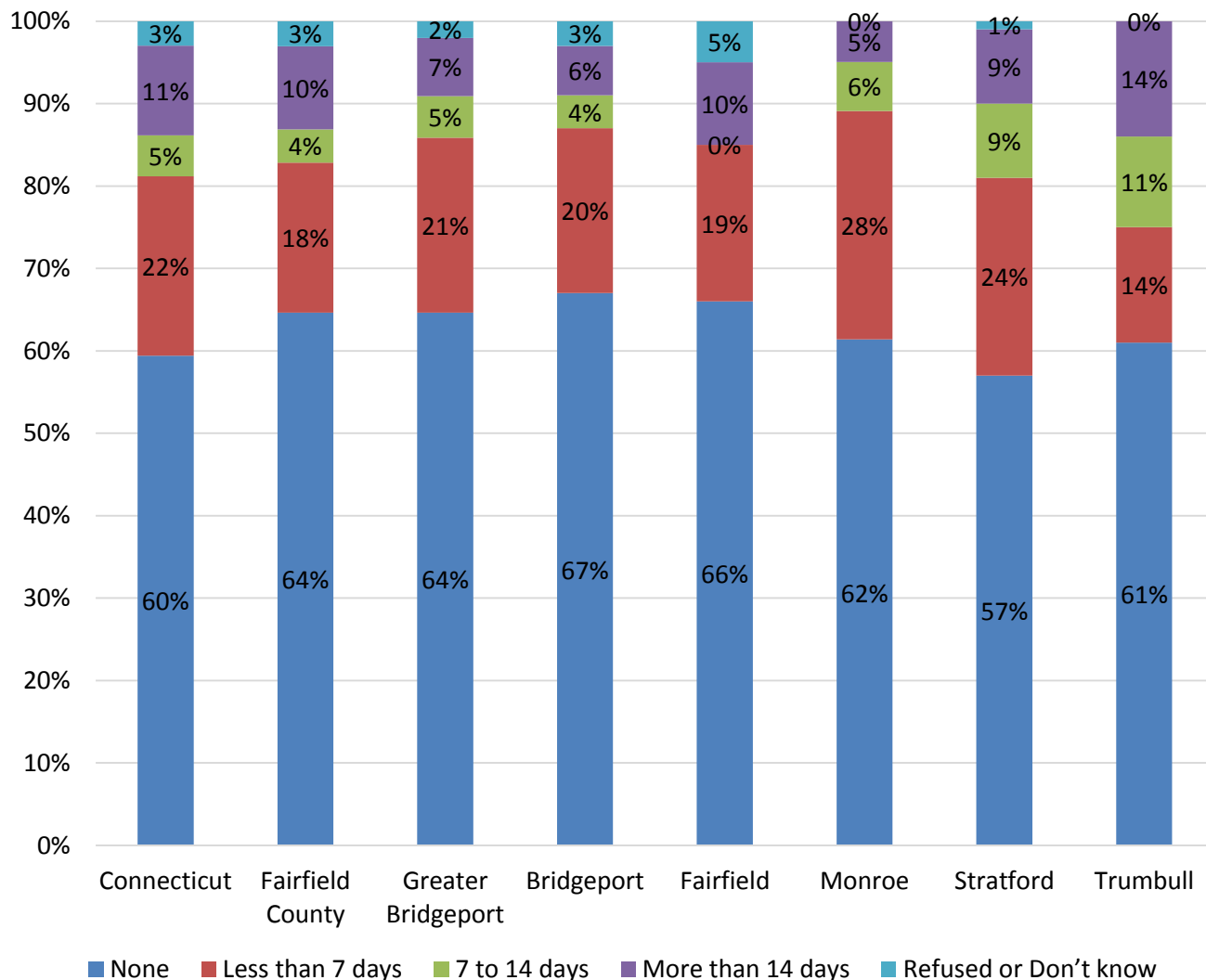
Q43. Have you ever tried using vapor or vape pens, electronic cigarettes or E-cigarettes (such as blu, Vuse), even just one time in your entire life?



- Alternative forms of smoking were reported less than 20% of the time by respondents
- The highest use rate was in Stratford (18%)
- The lowest use rate was in Trumbull (10%)

Drugs and Alcohol

Q44. (If tried electronic cigarettes) During the past 30 days, on how many days did you use these?



- Of those who tried electronic cigarettes, the majority used them 7 days or less in the past 30 days
- Trumbull had the highest use rate (25%) of 7 or more days
- Bridgeport (10%) and Fairfield (10%) had the lowest use rate of 7 or more days

Medical Conditions

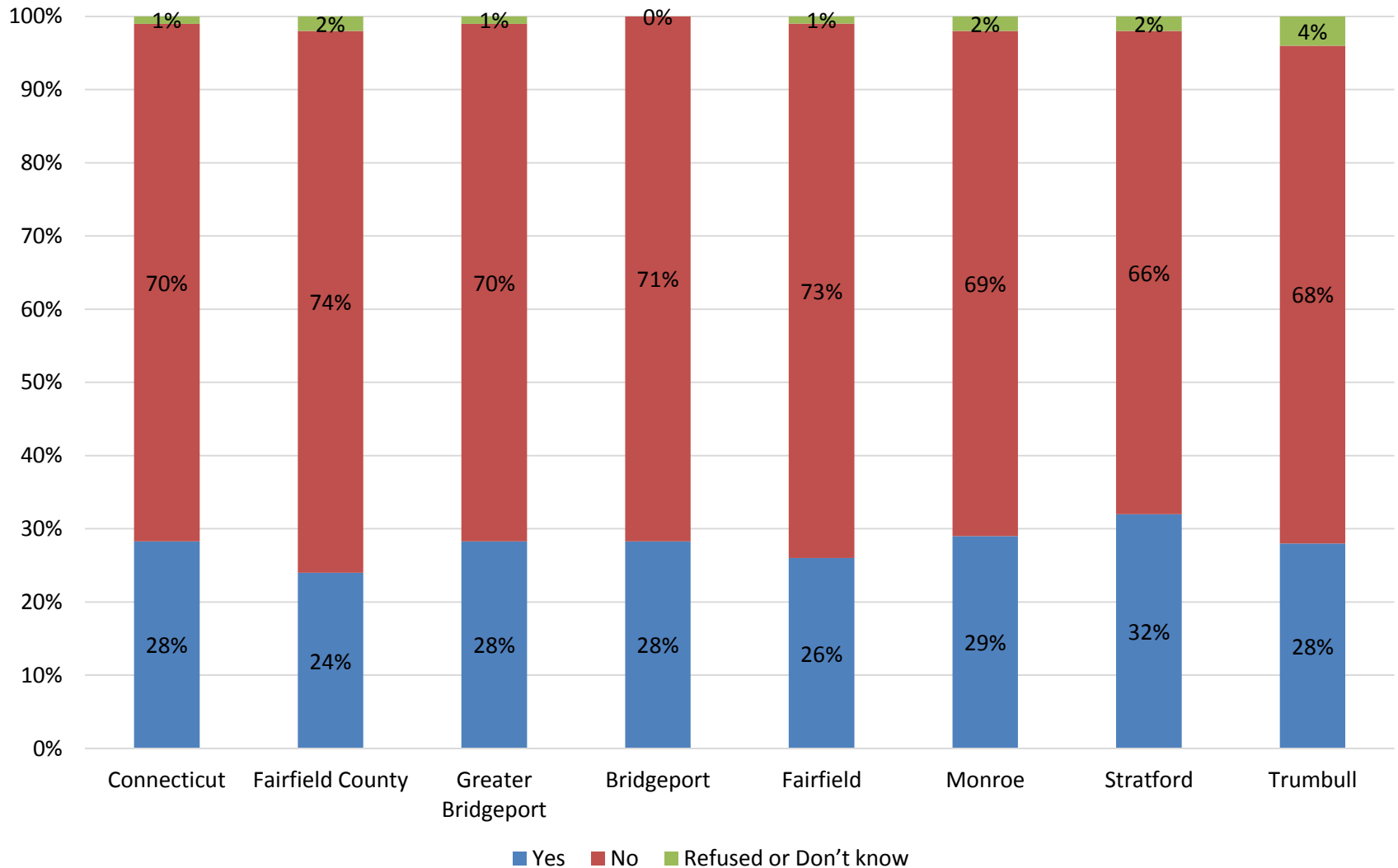
Q23A-F: Have you ever been told by a doctor or health professional that you have.....

	CT	Fairfield County	Greater Bridgeport	Bridgeport	Fairfield	Monroe	Stratford	Trumbull
Responses = Yes								
High blood pressure/hypertension	28%	24%	28%	28%	26%	29%	32%	28%
High cholesterol	23%	21%	22%	20%	21%	15%	22%	32%
Diabetes	9%	7%	9%	12%	7%	10%	8%	11%
Heart disease/heart attack	5%	5%	5%	5%	5%	6%	5%	7%
Asthma	13%	11%	12%	15%	7%	7%	16%	7%
Stroke	2%	2%	2%	3%	2%	3%	3%	4%

- Respondents had similar health patterns
- Bridgeport had a higher incidence of diabetes
- Bridgeport and Stratford had a higher incidence of asthma compared to other towns

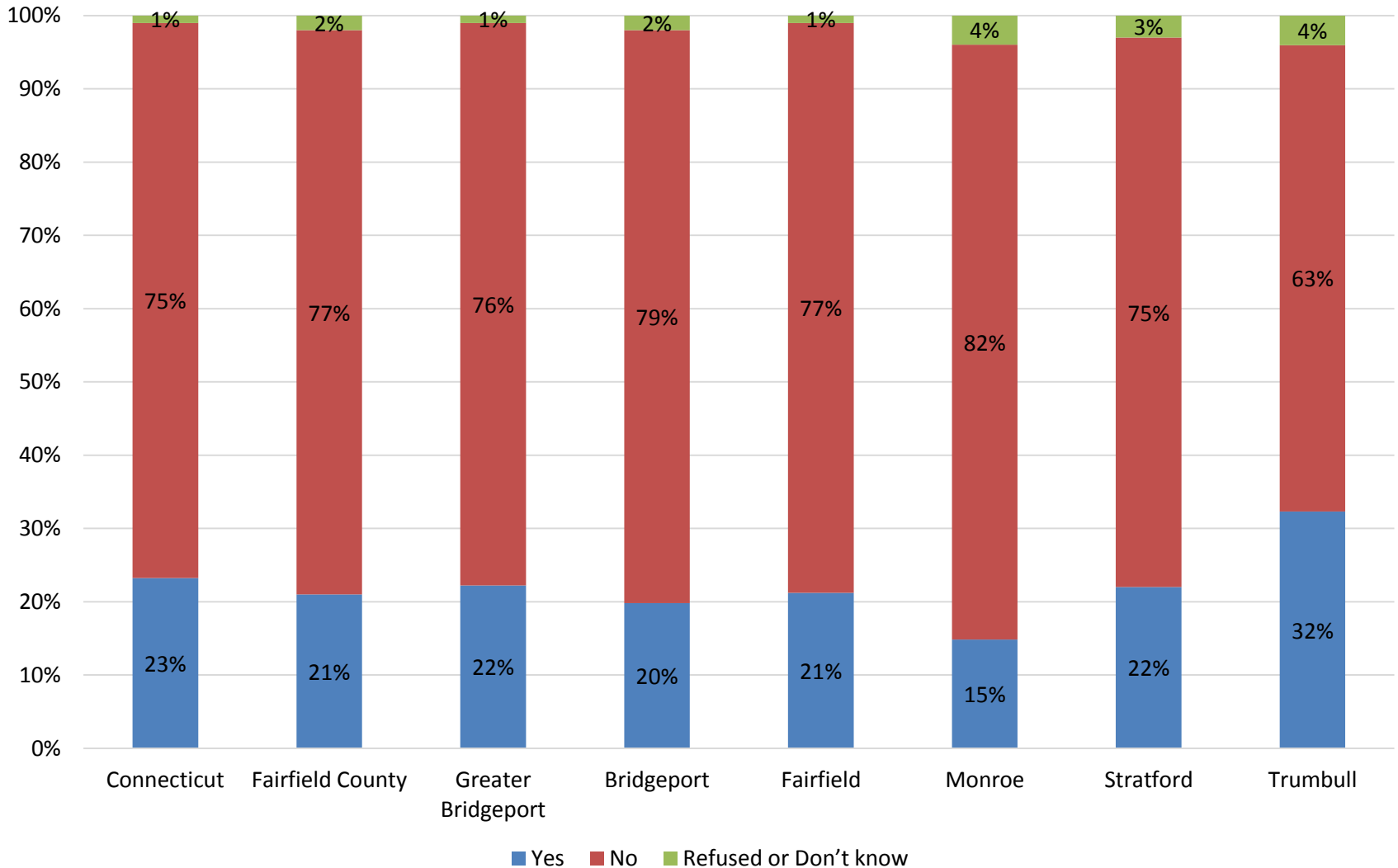
Medical Conditions

Q23A. Have you ever been told by a doctor or health professional that you have high blood pressure or hypertension



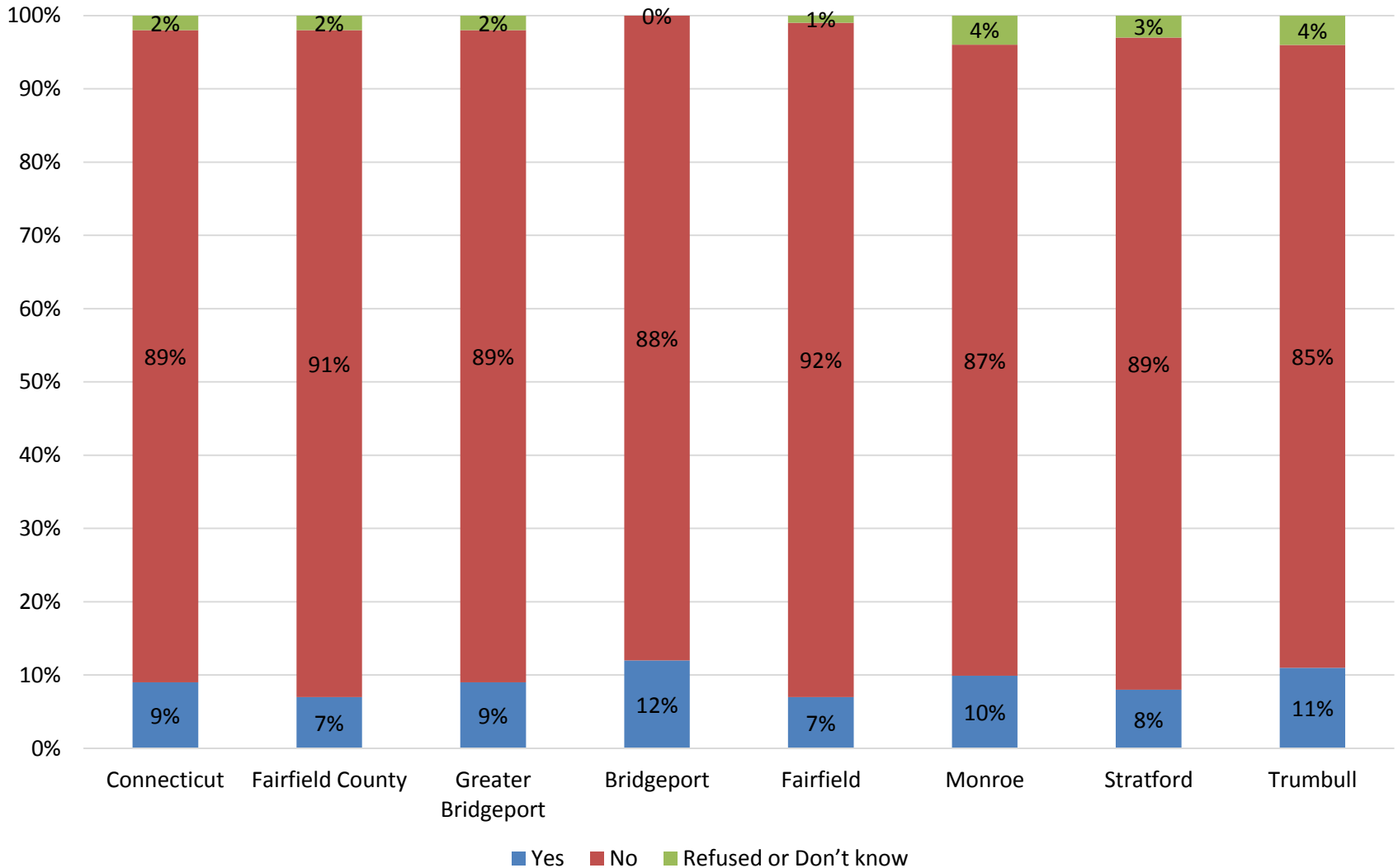
Medical Conditions

Q23B. Have you ever been told by a doctor or health professional that you have high cholesterol



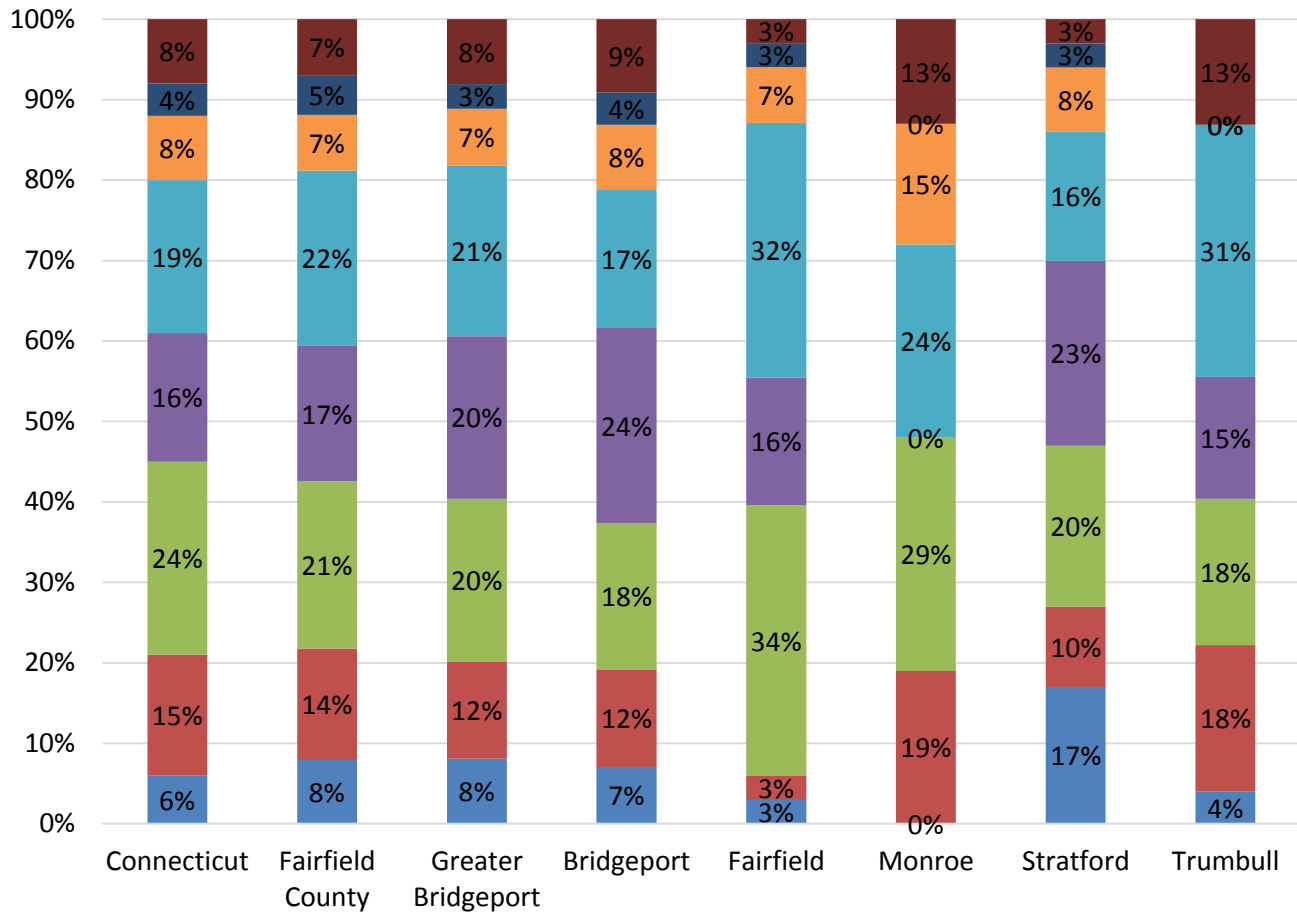
Medical Conditions

Q23C. Have you ever been told by a doctor or health professional that you have diabetes



Medical Conditions

Q23C1. (If you have diabetes) A test of 'A one C' measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for 'A one C'?

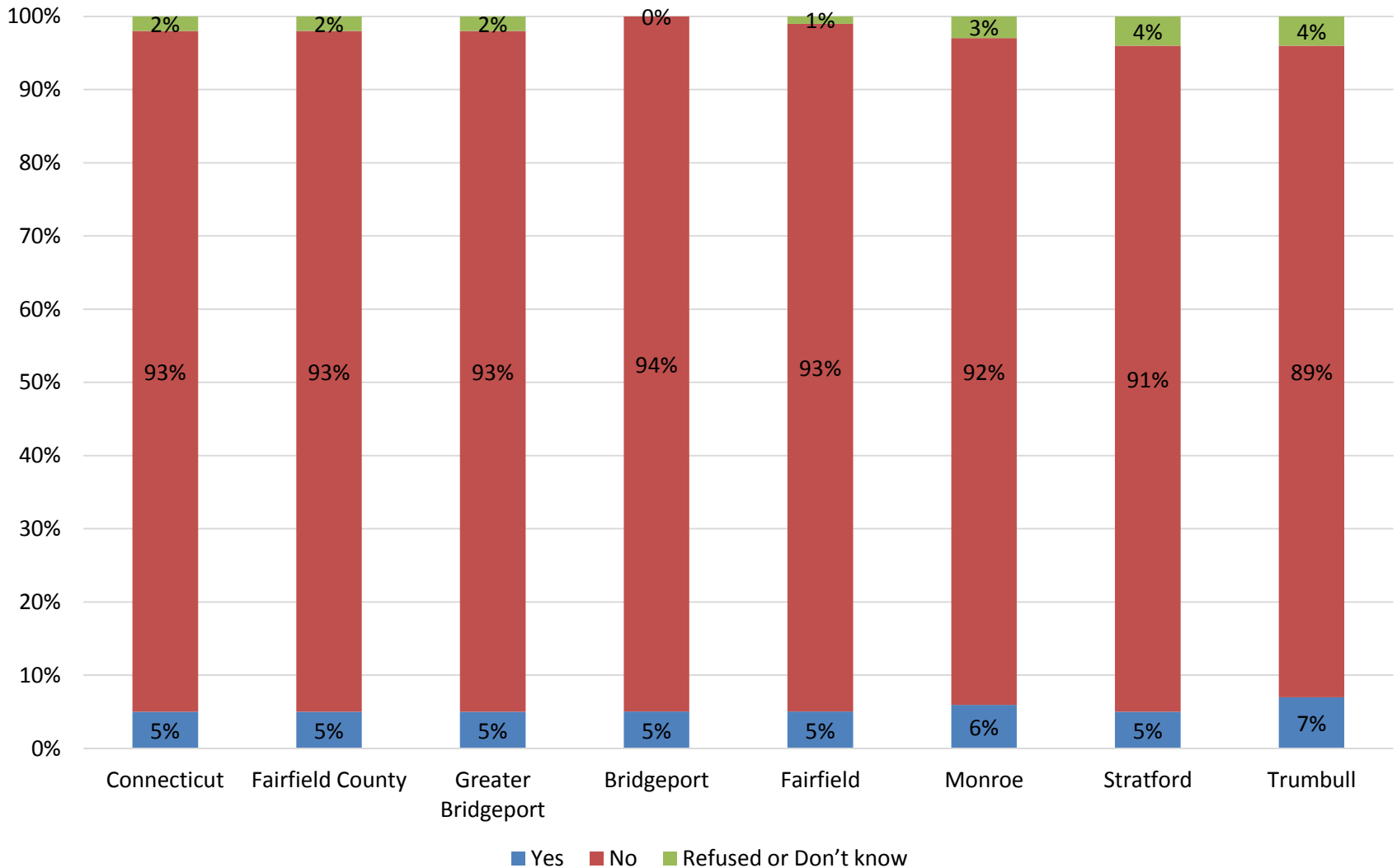


- Greater Bridgeport (40%) tests 0-2 times per month
- Only 37% of Bridgeport tests 0-2 times per month
- Monroe (48%) and Stratford (47%) have the highest response for testing 0-2 times per month



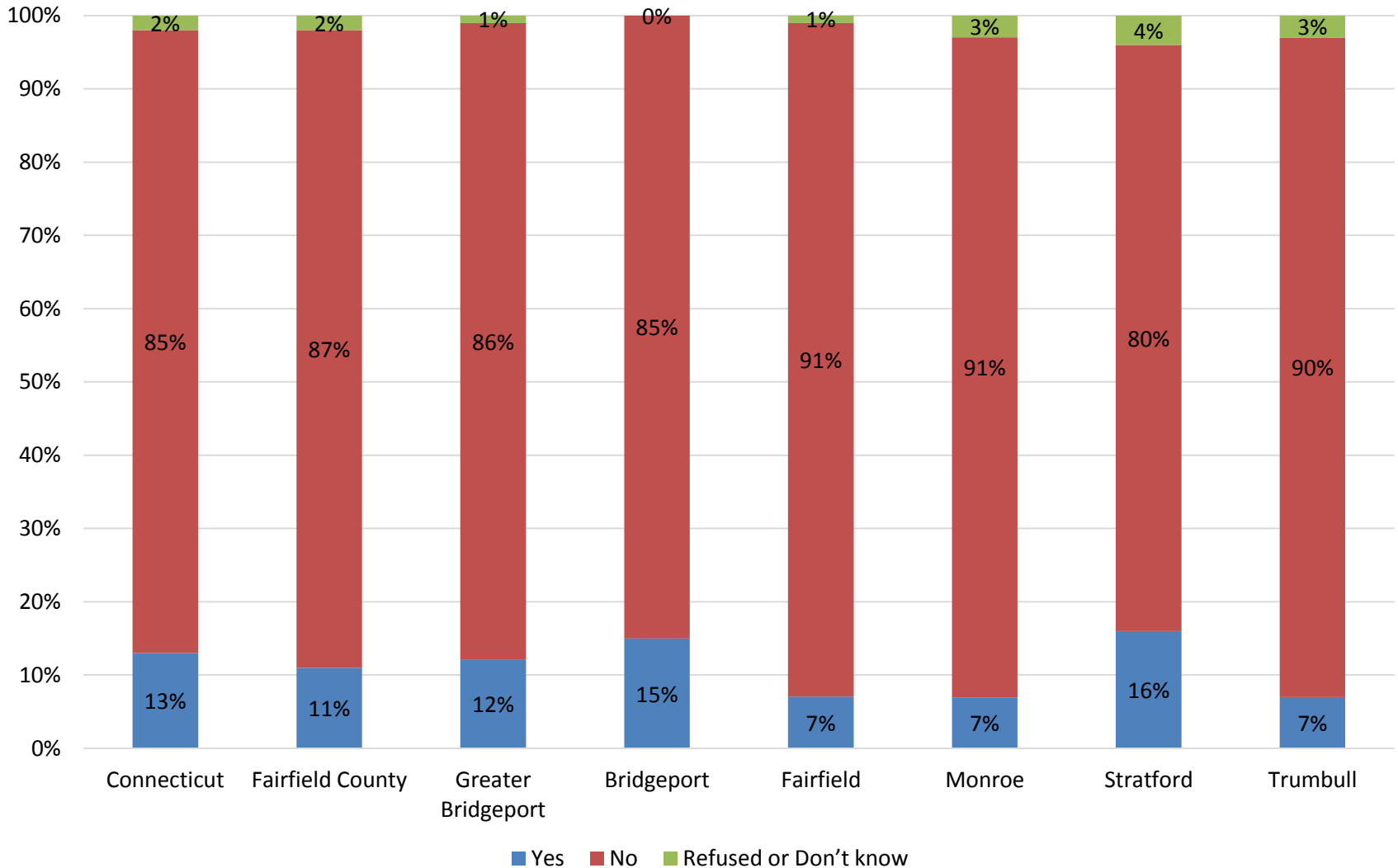
Medical Conditions

Q23D. Have you ever been told by a doctor or health professional that you have heart disease or have you ever had a heart attack



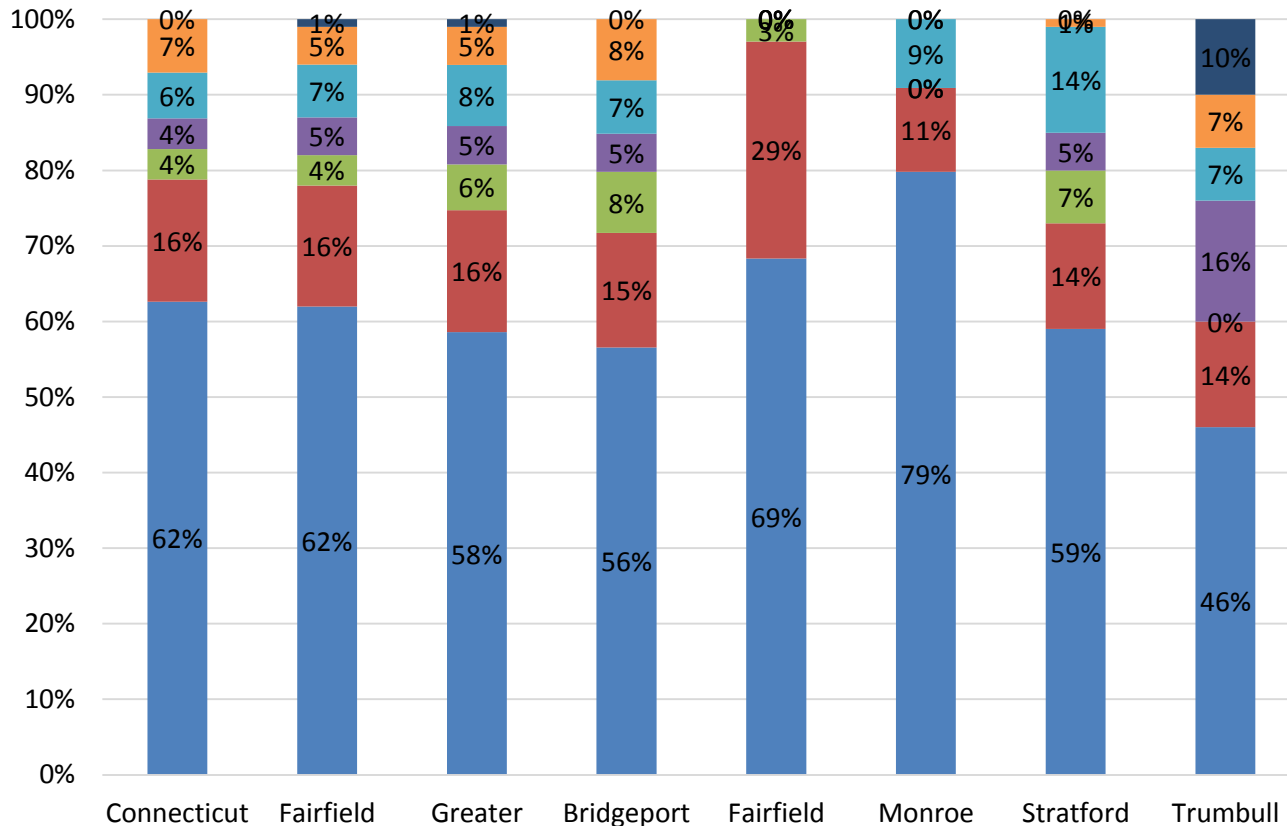
Medical Conditions

Q23E. Have you ever been told by a doctor or health professional that you have asthma

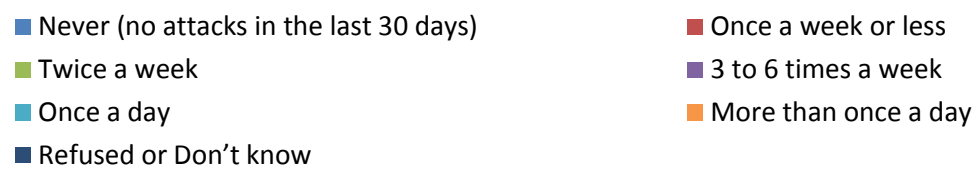


Medical Conditions

Q23E1. (If you have asthma) During the past 30 days, how often have you used a prescription asthma inhaler during an asthma attack to stop it?

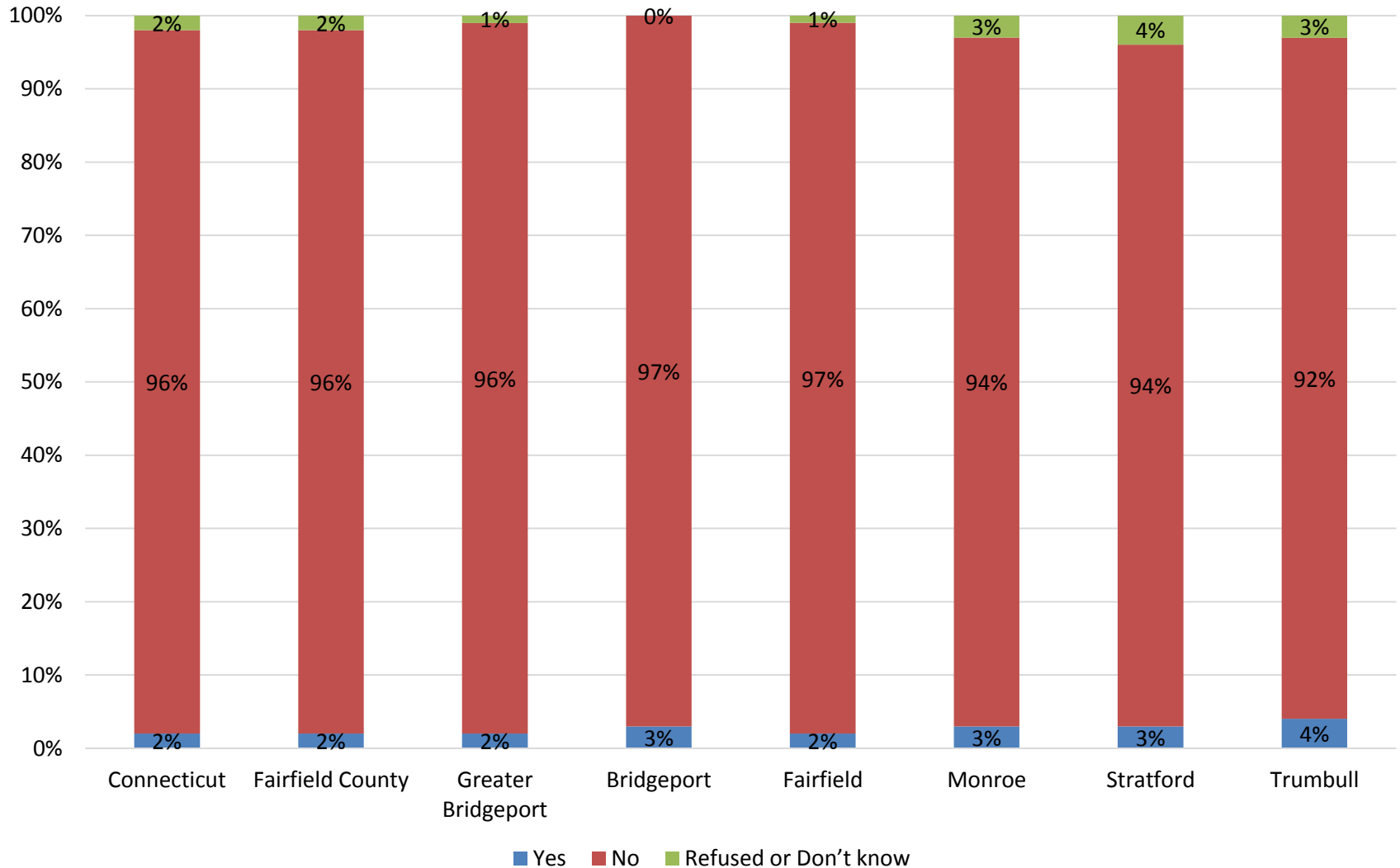


- Of those who have asthma, 58% of Greater Bridgeport did not use an inhaler in the past 30 days, slightly less than CT (62%) and Fairfield (62%)
- Monroe (79%) had the least inhaler use but also had a smaller percentage of respondents with asthma



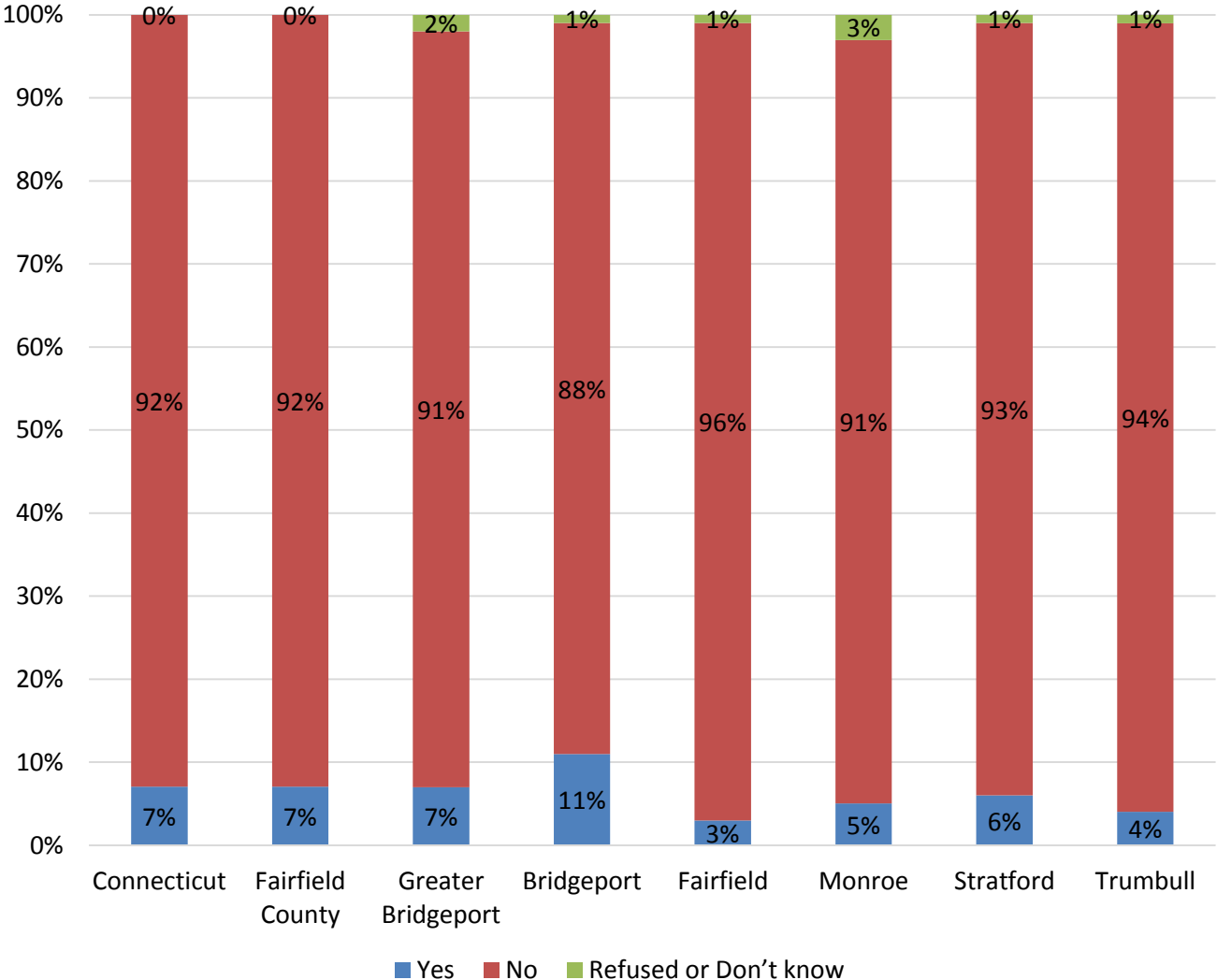
Medical Conditions

Q23F. Have you ever been told by a doctor or health professional that you have experienced a stroke?



Access to Medical Care

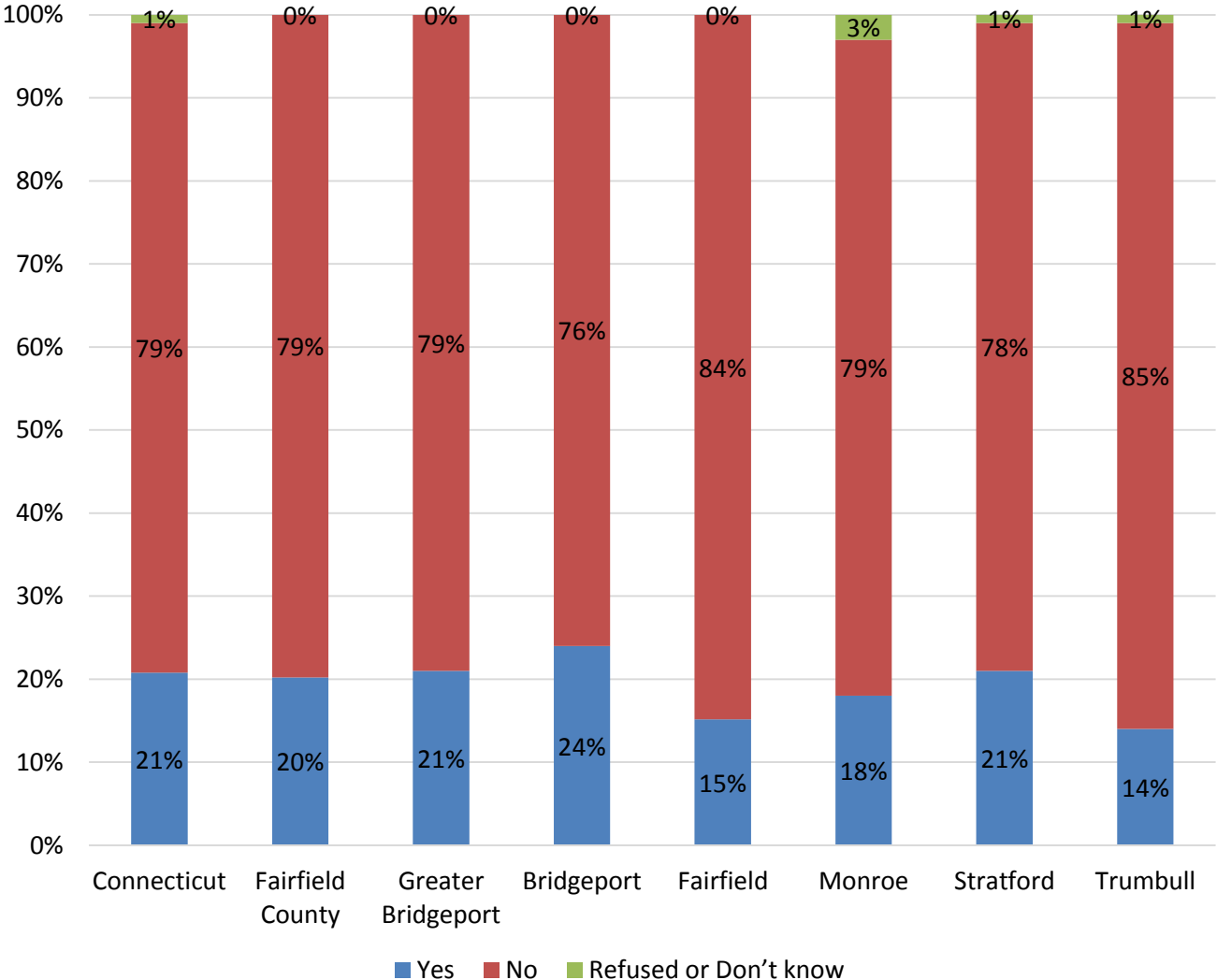
Q28. During the past 12 months, was there any time when you didn't get the medical care you needed?



- In general, the vast majority receive medical care when needed
- However, Bridgeport (11%) is nearly twice the levels of other areas in not receiving needed care

Access to Medical Care

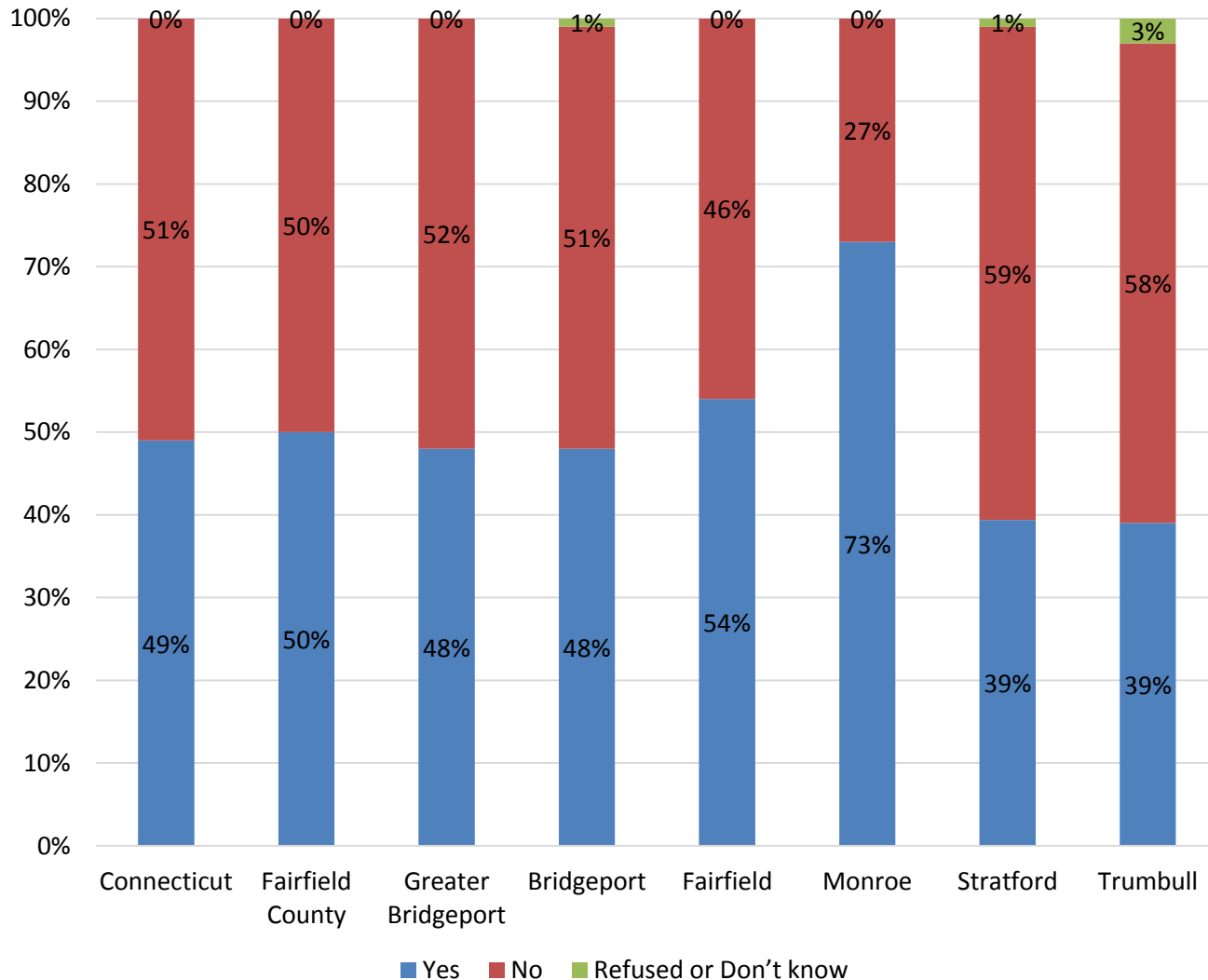
Q29: Was there any time during the past 12 months when you put off or postponed getting medical care you thought you needed?



- The majority did not postpone care
- Bridgeport (24%) has the highest rate with nearly a quarter of respondents postponing care
- Trumbull (85%) and Fairfield (84%) have the least postponing care

Access to Medical Care

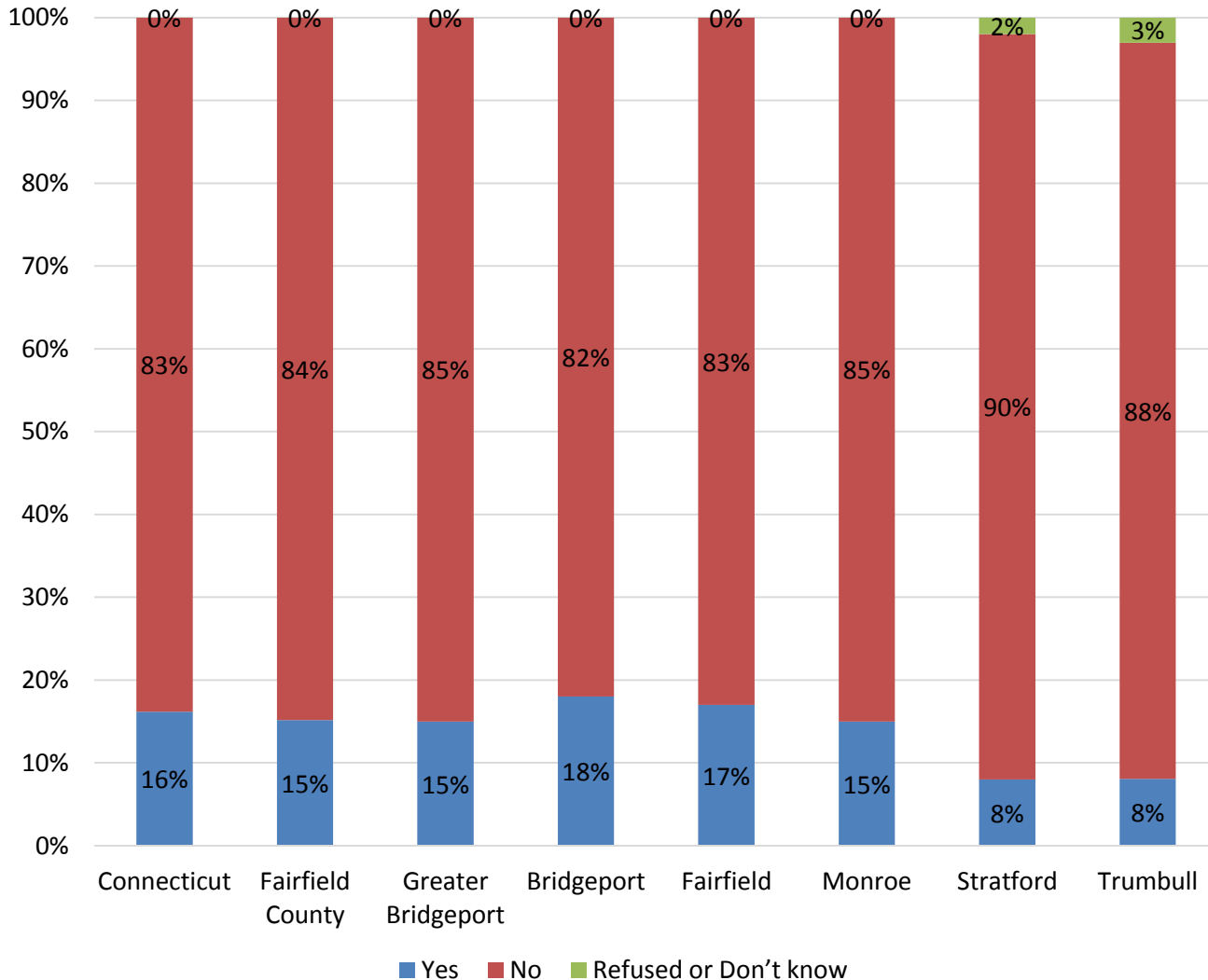
Q30A: (If did not get or postponed medical care needed during the past 12 months) Did you not get the medical care you needed or have delays getting medical care you needed because you were worried about the cost



- Greater Bridgeport (48%) is similar to CT (49%), Bridgeport (48%) and Fairfield County (50%) with approximately half of respondents having care impacted by cost
- Monroe (73%) had the highest rate

Access to Medical Care

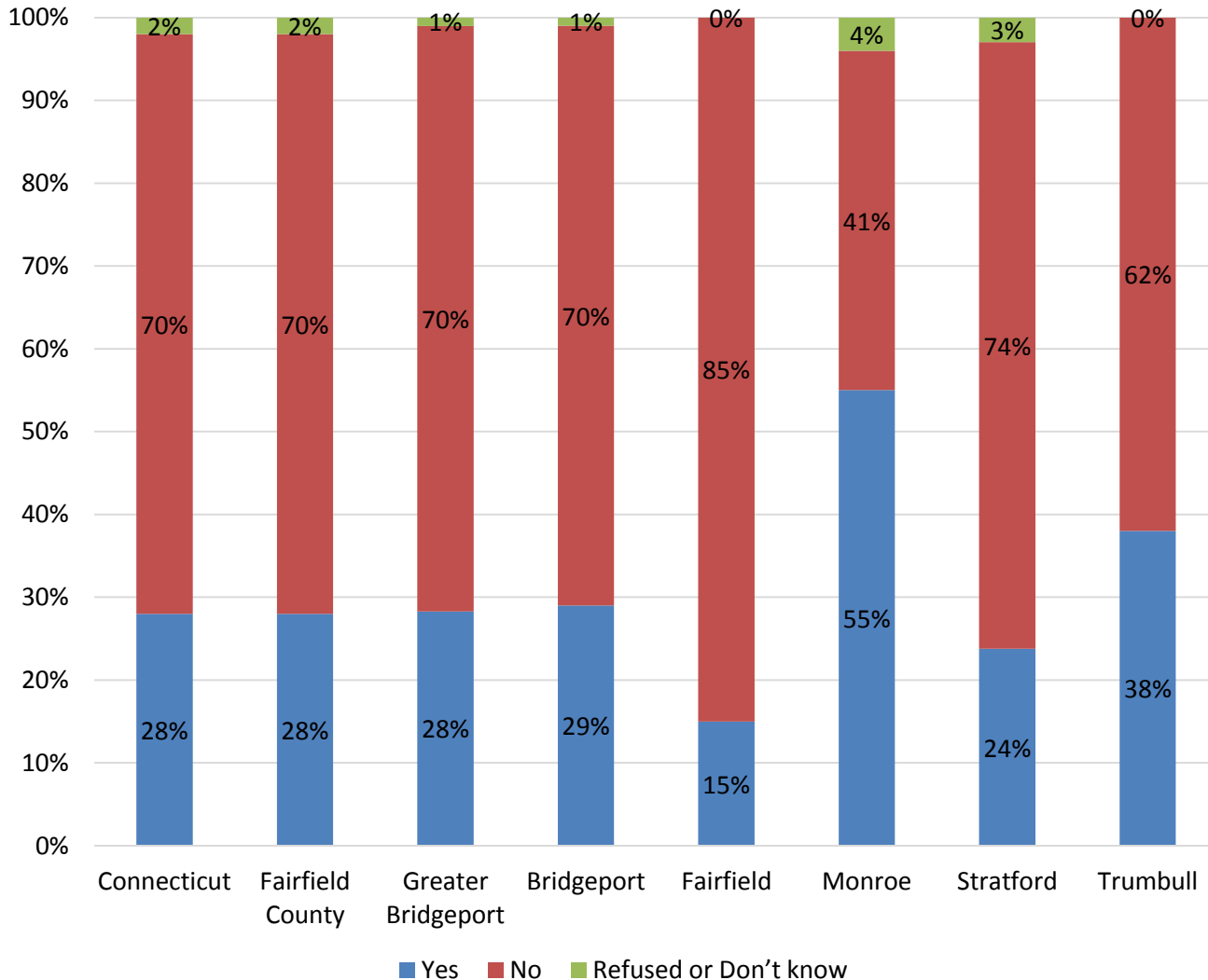
Q 30B: (If did not get or postponed medical care needed during the past 12 months) Did you not get the medical care you needed or have delays getting medical care you needed because the doctor or hospital wouldn't accept your health insurance



- The majority of areas ranged between 15-18%
- Stratford (8%) and Trumbull (8%) had approximately half the rate of the other areas meaning less respondents were impacted by non-acceptance of health insurance

Access to Medical Care

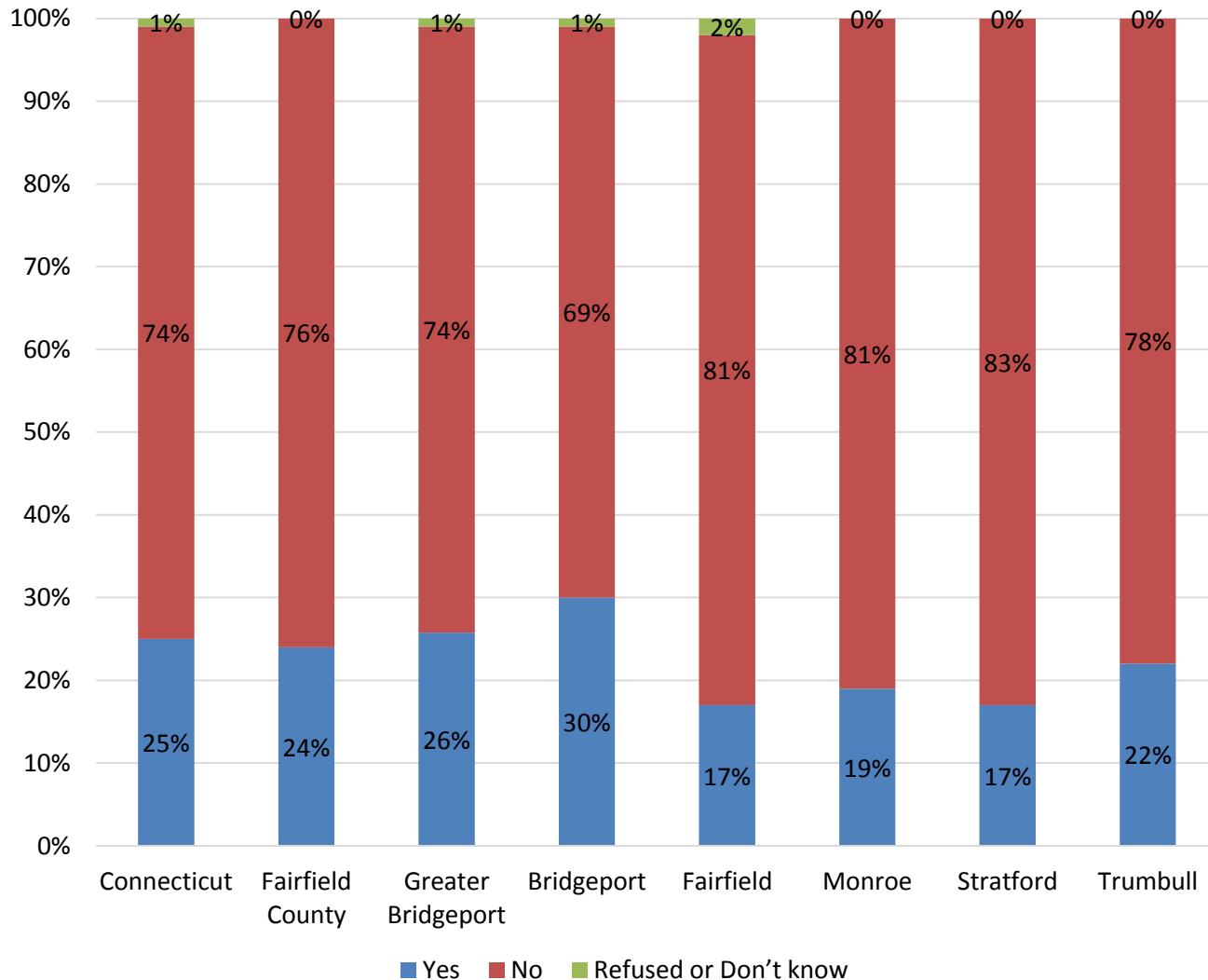
Q30C: (If did not get or postponed medical care needed during the past 12 months) Did you not get the medical care you needed or have delays getting medical care you needed because your health plan wouldn't pay for the treatment



- Greater Bridgeport (28%), CT(28%), Fairfield County (28%) and Bridgeport (29%) had similar rates with slightly more than a quarter having health plan not pay for treatment
- Monroe (55%) had a significantly higher rate

Access to Medical Care

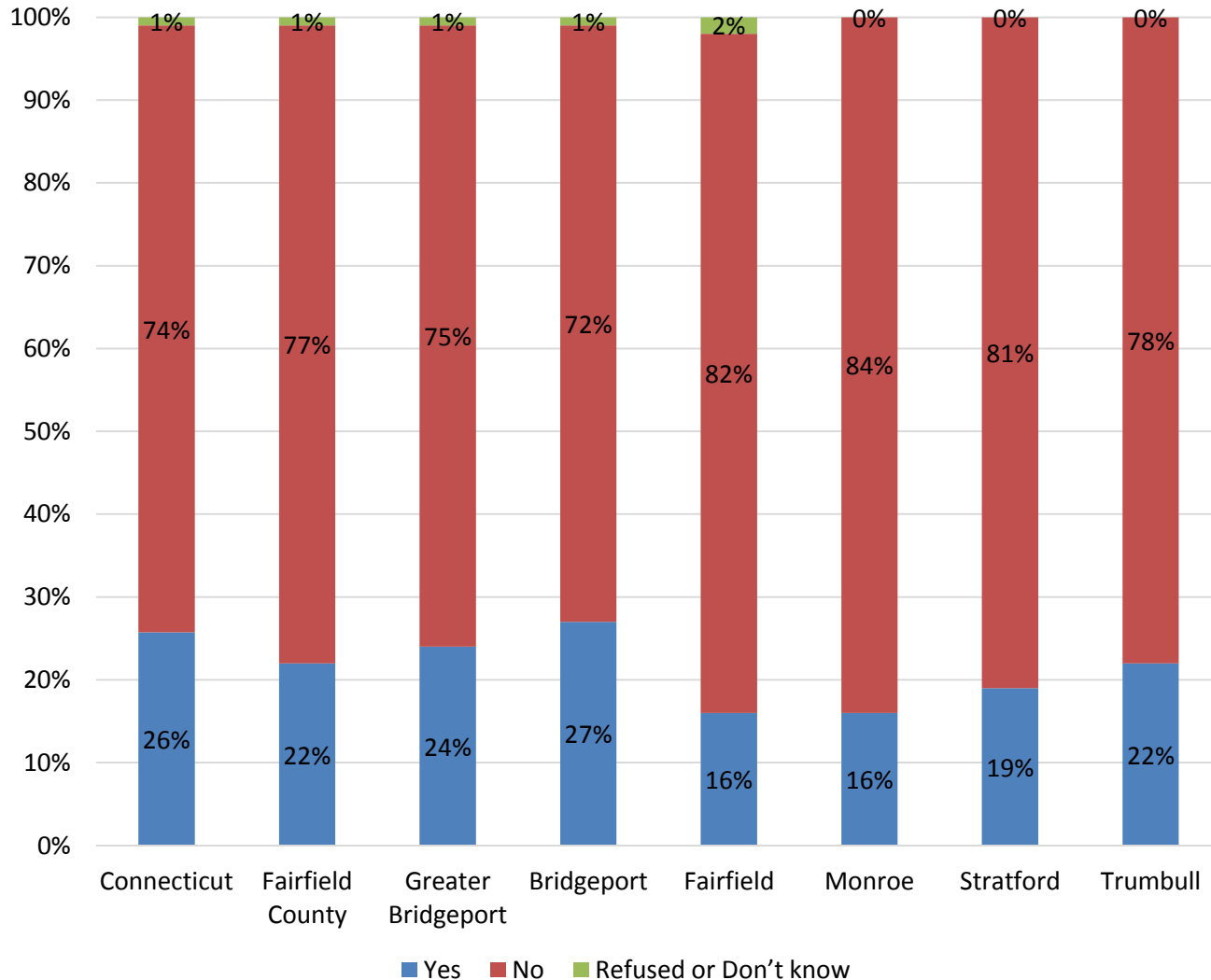
Q30D: (If did not get or postponed medical care needed during the past 12 months) Did you not get the medical care you needed or have delays getting medical care you needed because you couldn't get an appointment soon enough



- Bridgeport (30%) had a higher rate than other areas
- Fairfield (17%) and Stratford (17%) had almost half the rate of Bridgeport

Access to Medical Care

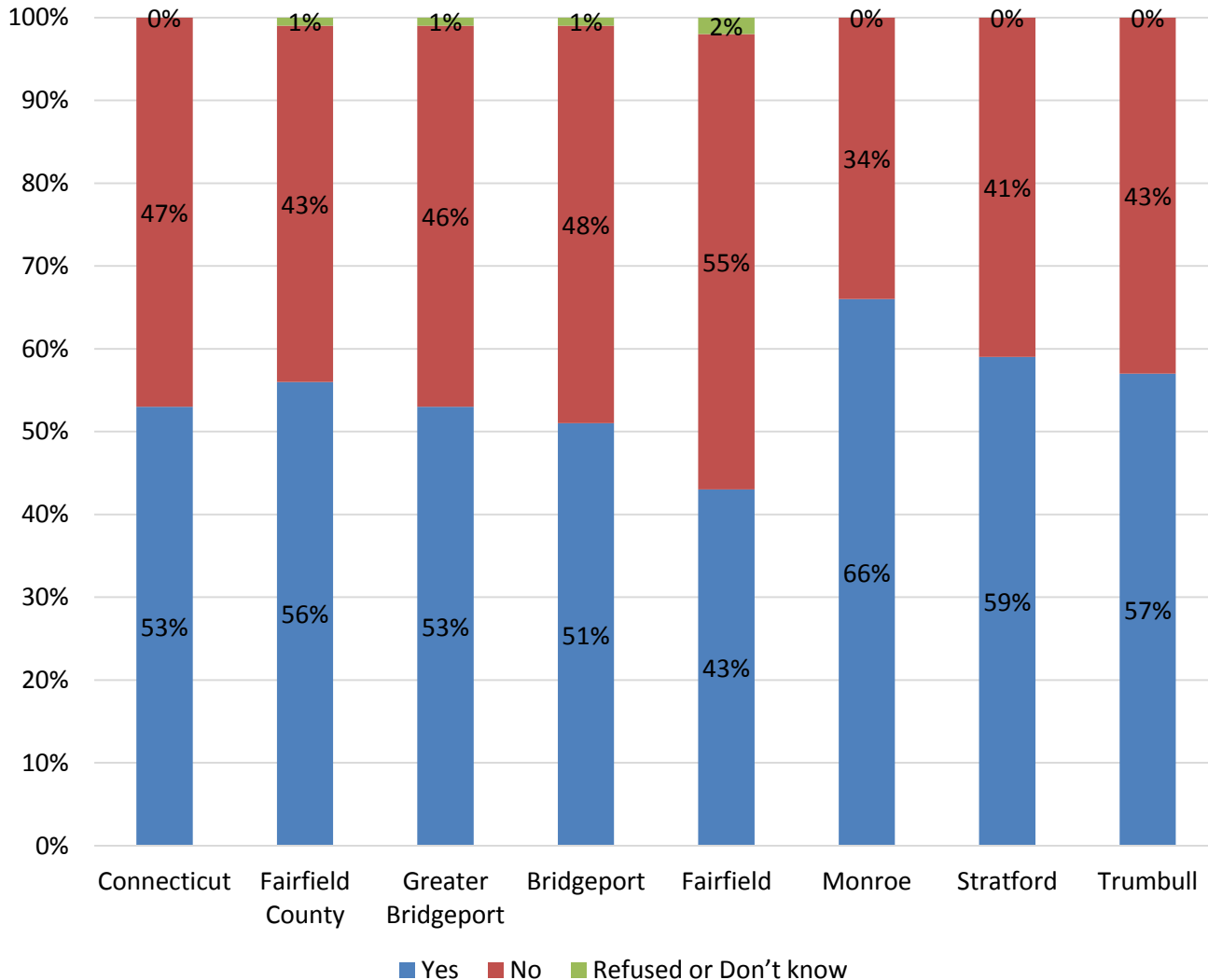
Q30E: (If did not get or postponed medical care needed during the past 12 months) Did you not get the medical care you needed or have delays getting medical care you needed because you couldn't get there when the doctor's office or clinic was open



- Overall, over a quarter of Bridgeport (27%) could not receive care when the office or clinic was open
- The other towns had a smaller rate ranging from 16-22%

Access to Medical Care

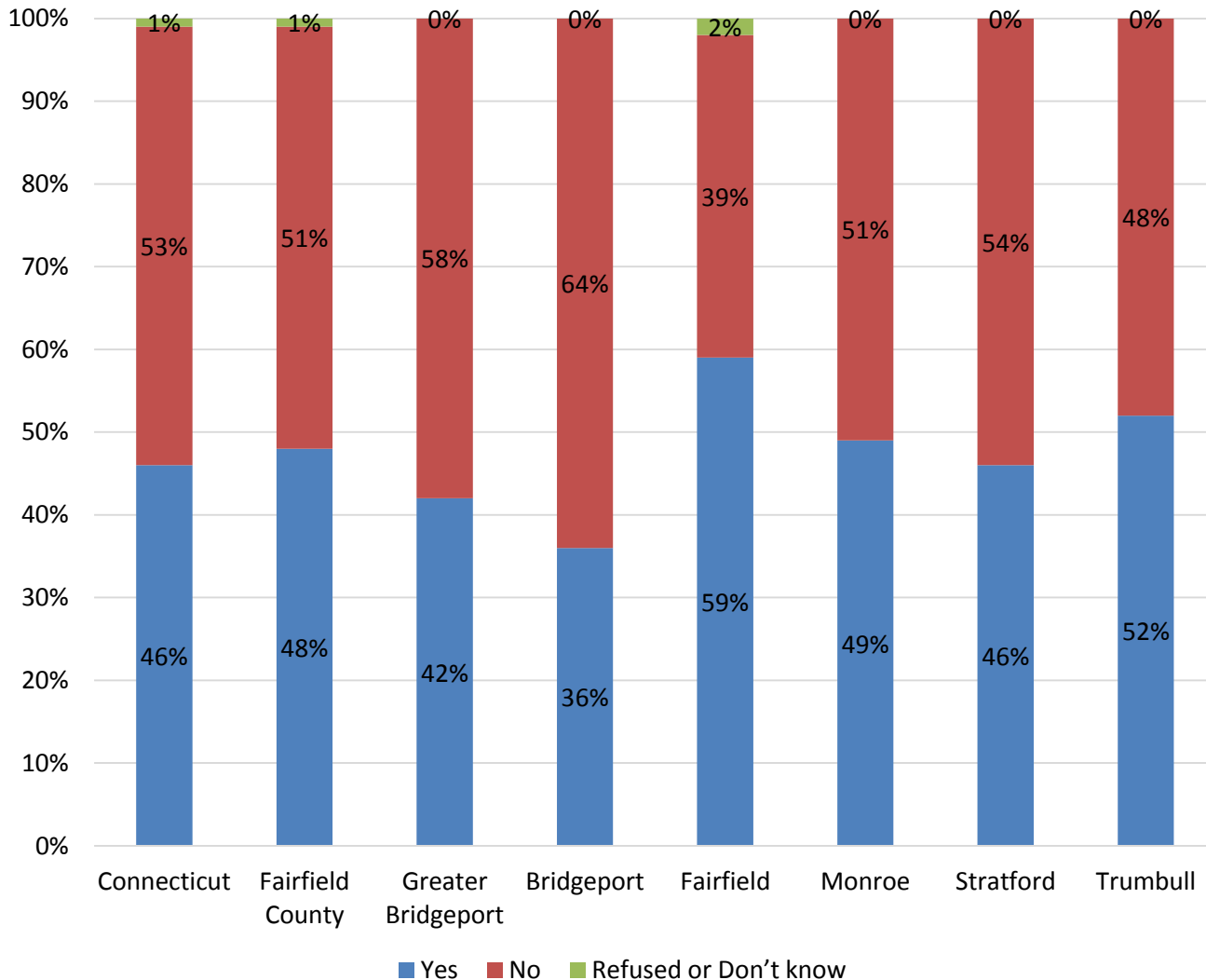
Q30F: (If did not get or postponed medical care needed during the past 12 months) Did you not get the medical care you needed or have delays getting medical care you needed because you were too busy with work or other commitments to take the time



- Approximately two thirds of Monroe (66%) delayed care because respondents were too busy
- Fairfield (43%) had the lowest rate

Access to Medical Care

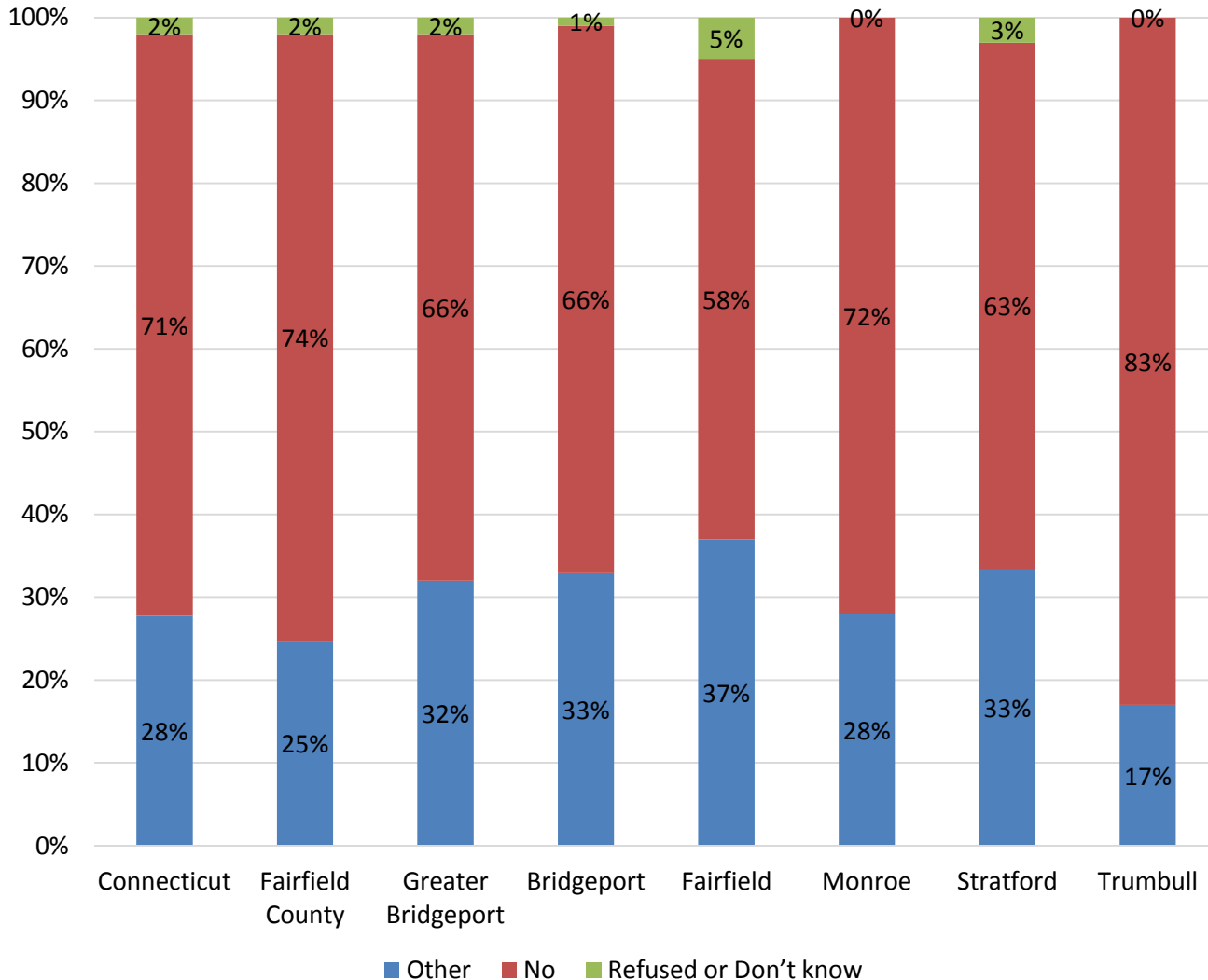
Q30G: (If did not get or postponed medical care needed during the past 12 months) Did you not get the medical care you needed or have delays getting medical care you needed because you didn't think the problem was serious enough



- Fairfield (59%) had the highest rate while Bridgeport (36%) had the lowest rate
- Overall 42% of Greater Bridgeport delayed care

Access to Medical Care

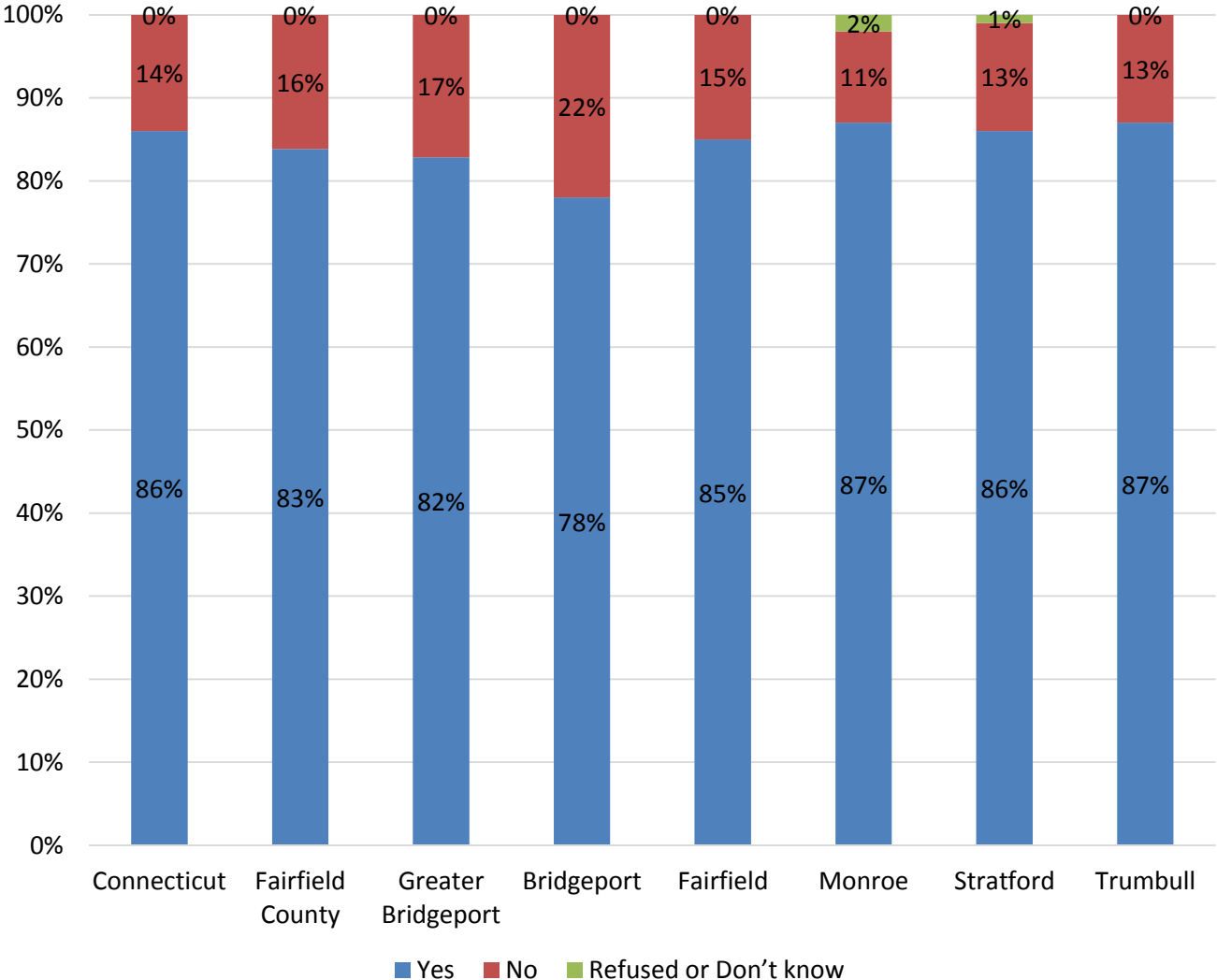
Q300: (If did not get or postponed medical care needed during the past 12 months) Did you not get the medical care you needed or have delays getting medical care you needed because any other reason?



- Between a quarter and a third of respondents had other reasons for delaying care
- Trumbull (17%) had a lower rate than other areas

Access to Medical Care

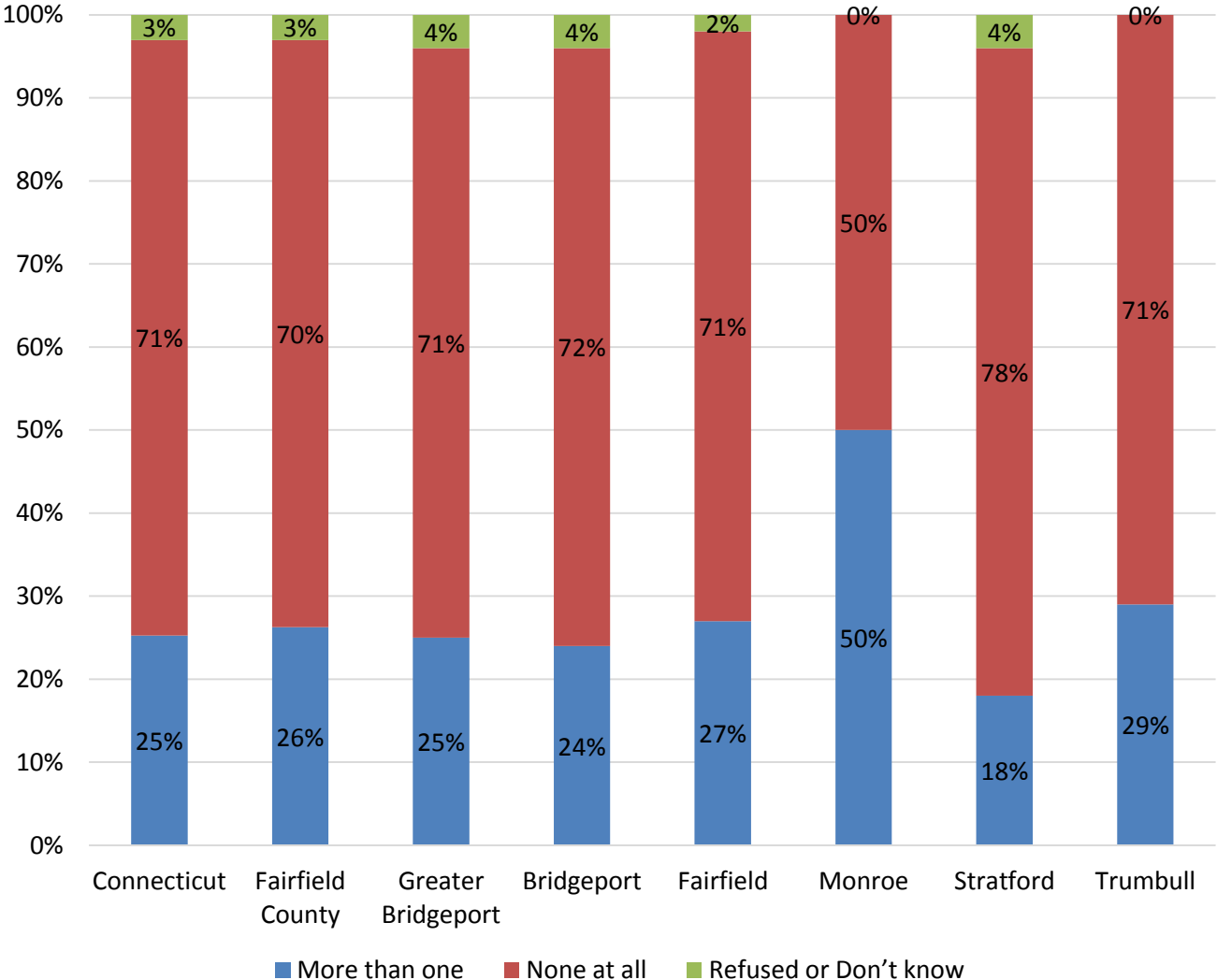
Q32. Do you have one person or place you think of as your personal doctor or health care provider?



- Greater Bridgeport (82%) was similar to Fairfield County (83%) and slightly less than CT (86%)
- Bridgeport (78%) was less likely than other towns to have a personal provider

Access to Medical Care

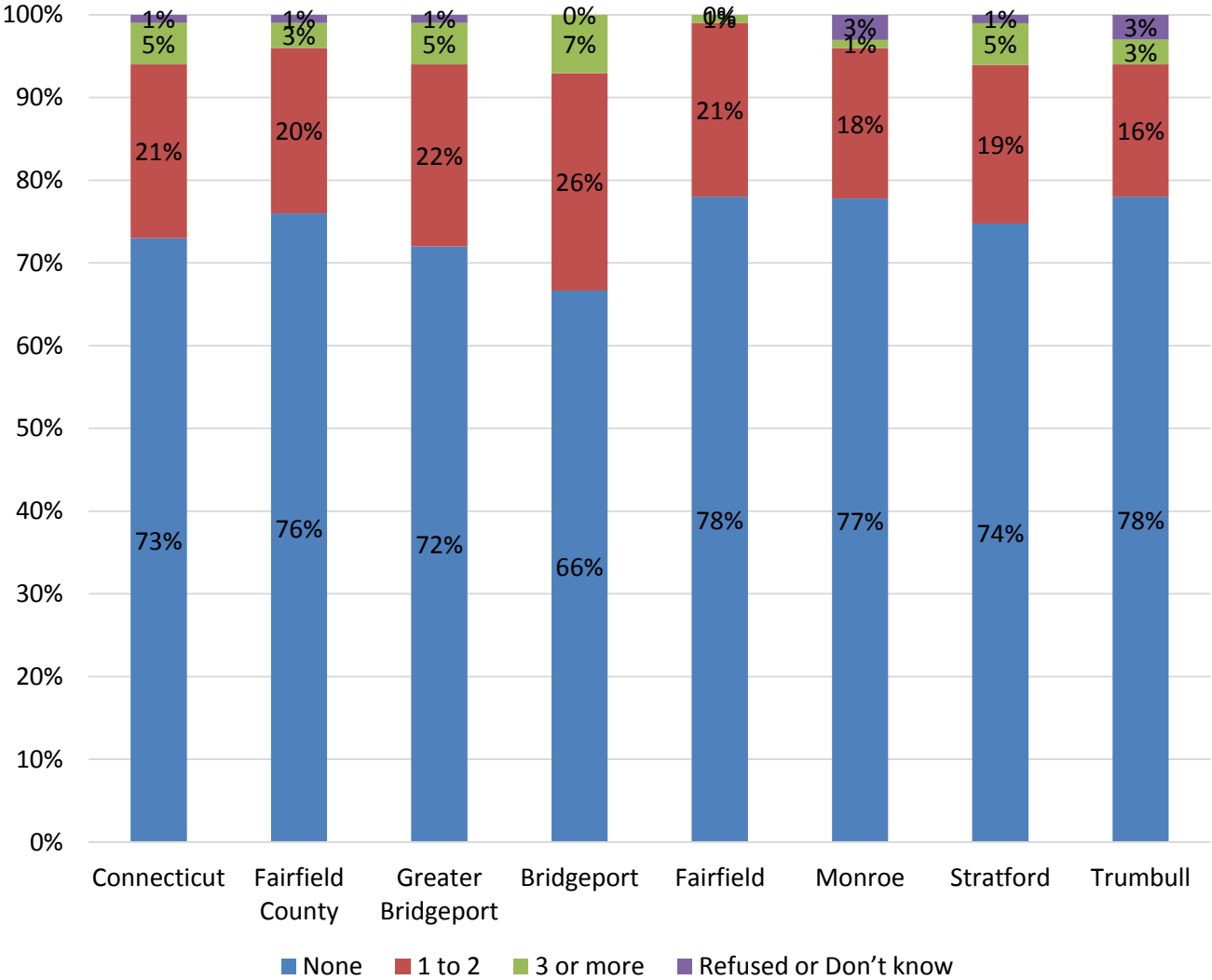
Q33. (If do not have personal doctor/health care provider) Is that because you have more than one personal doctor, or none at all?



- When they did not have a personal healthcare provider, Greater Bridgeport (71%) was similar to other areas that ranged from 70-78%
- Monroe was split between having no provider and having more than one provider

Access to Medical Care

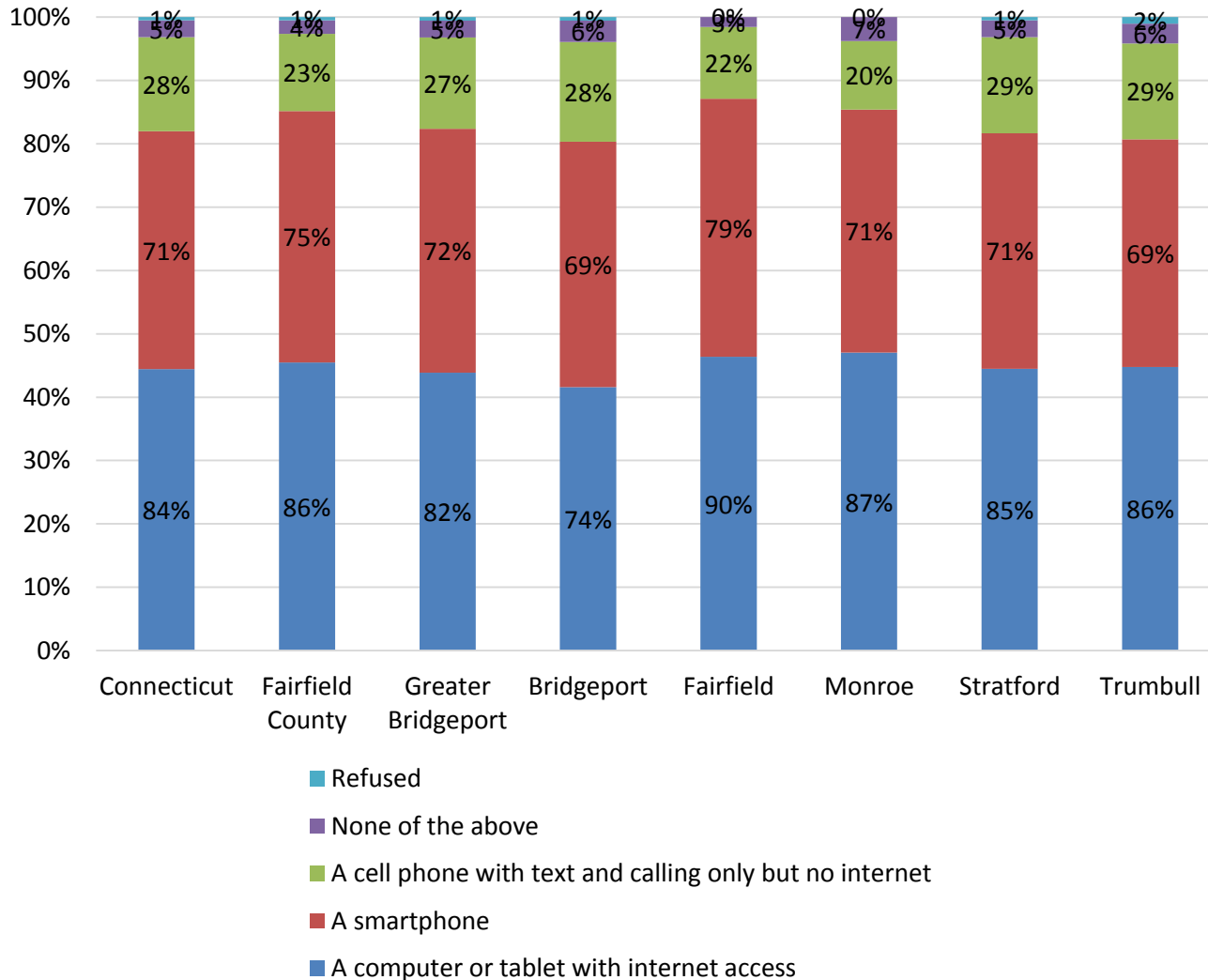
Q34. In the past 12 months, how many times did you receive care in a hospital emergency room?



- Bridgeport (33%) used the hospital emergency room more often than other town respondents
- Greater Bridgeport (72%) was similar to CT (73%)

Other:

Q63. Which of these devices do you have?



- Respondents could give more than one answer so totals do not equal 100%
- Most respondents had internet access through some type of device
- Bridgeport had the lowest internet access as indicated by the lowest ownership of computers/tablets with internet (74%) and smartphones (69%)