

COMMUNITY SCREENING AND CONVERSATION

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

January 22, 2019 – 6:30 to 8:30 p.m.*
WOOSTER MIDDLE SCHOOL AUDITORIUM
150 Lincoln Street, Stratford, CT

Join us for a screening of *Resilience*, a film that reveals trauma and toxic stress as the largest public health issue of our generation. Together we will explore how we can work to prevent adverse childhood experiences and take action to build resilience in Stratford.

Register @ <https://stratfordctresilience.eventbrite.com>

*Snow date: January 24th Questions? Email gbroneill@townofstratford.com

ABOUT THE FILM

Resilience is a one-hour documentary that looks at the science of Adverse Childhood Experiences (ACEs) and a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful childhood can alter brain development, resulting in lifelong effects on health and behavior. The film explores how communities can break the cycle of trauma and disease.



Film will be followed by a panel with local experts in the field

FREE AND OPEN TO ALL PARENTS, TEACHERS AND PROVIDERS

Sponsored by the Stratford School Readiness and Child
Care Advisory Council in Partnership with:

