

### WNBA/ NCAA 2021-22 Winter Girls BB Rules & Regulations

1) NCAA and WNBA Divisions will play two- 20 minute -half (running time); Clock will stop with 1:00 remaining in half and end of regulation.

2) **ALL GIRLS MUST PLAY at least half of the game**

3) Overtime periods will be two (2) minutes in all divisions.

3) Teams will receive 2 one-minute timeouts per half. Unused timeouts DO NOT carry over to 2nd half. Teams will receive one extra timeout in each OT period.

4) Teams must play at scheduled starting time if 5 roster players are on hand.

5) There is a 5 minute leeway in the event a team does not have 5 roster players at the scheduled starting time. Game will be forfeited if teams do reach minimum level of players.

6) Teams must shoot at the basket opposite their bench in the first half.

7) Coaches are responsible for the conduct of themselves, their assistant coaches, their team and team parents throughout the league – No arguing/yelling at referees or players.

8) Stratford Recreation youth basketball league is a teaching league that promotes fun, development, participation and sportsmanship; No triangle or box and one defense will be allowed.

9) If your team is leading by 10 points or more at anytime throughout the game, you need to drop your defense back into a zone below the 3 point line to allow the other team to bring the ball across half court.

#### Pressing Rule:

A) NCAA division – – Full Court Pressing allowed only in the final 1 minute of the game, provided the game is within 10 points or your team is losing by 10 points

B) WNBA division – Full Court Pressing allowed only in the final 2 minutes of the game, provided the game is within 10 points or your team is losing by 10 points

10) When a lead exceeds 20 points or more in the 2nd half of any game, the clock will not stop.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_